

新綠

學生文集

二零二五—二零二六年度

中華基督教會協和小學

新

綠

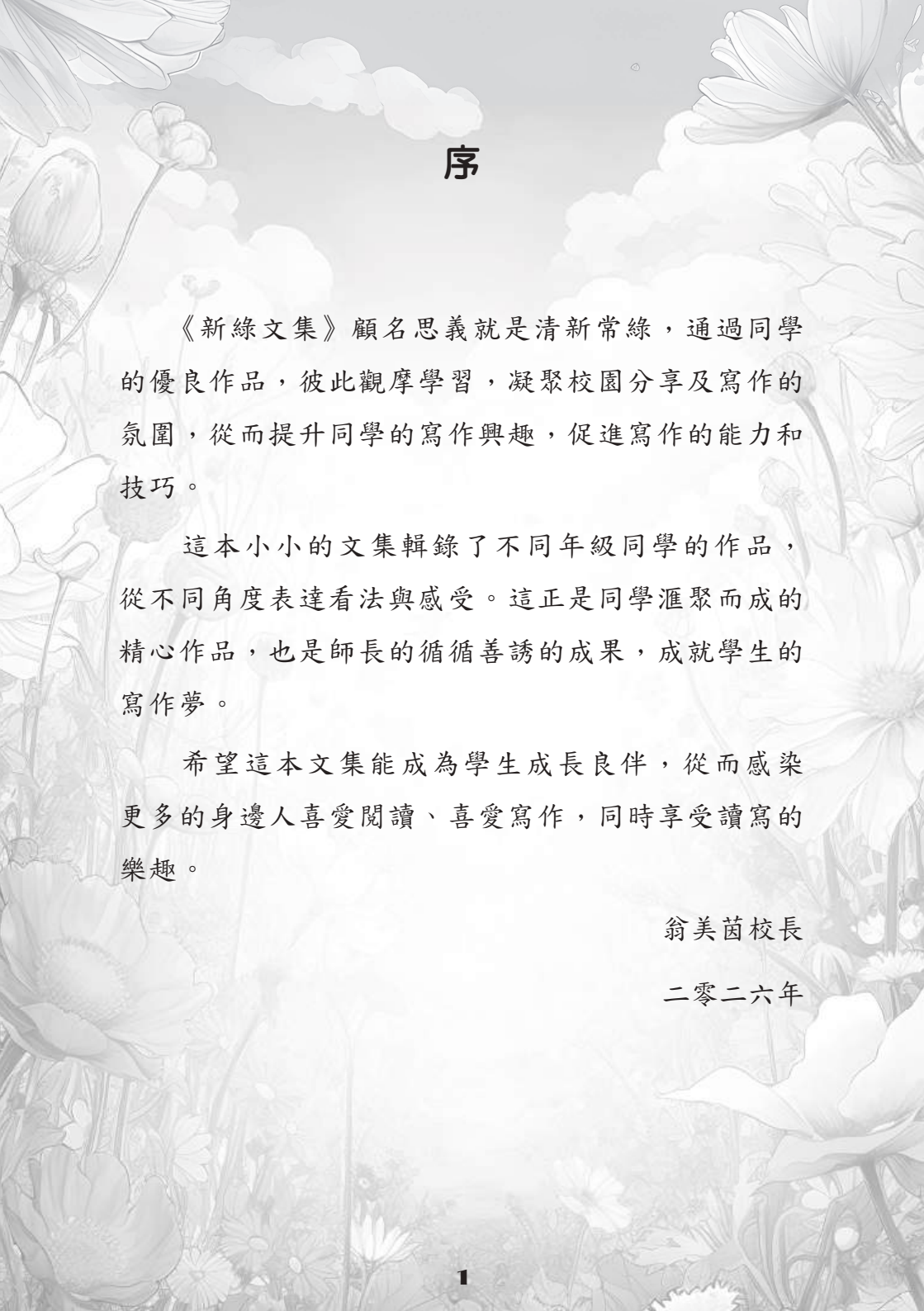
學生文集

2025~2026年度

「讀書使人充實，討論使人機敏，寫作則能使人精確。」

培根《人生隨筆》

中華基督教會協和小學



序

《新綠文集》顧名思義就是清新常綠，通過同學的優良作品，彼此觀摩學習，凝聚校園分享及寫作的氛圍，從而提升同學的寫作興趣，促進寫作的能力和技巧。

這本小小的文集輯錄了不同年級同學的作品，從不同角度表達看法與感受。這正是同學滙聚而成的精心作品，也是師長的循循善誘的成果，成就學生的寫作夢。

希望這本文集能成為學生成長良伴，從而感染更多的身邊人喜愛閱讀、喜愛寫作，同時享受讀寫的樂趣。

翁美茵校長

二零二六年

目錄

中文作品

《我得到爸媽的支持》	作者：二年級I班 陳卓熙	10
《我得到老師的讚賞》	作者：二年級I班 許芸娜	10
《我得到溫暖的依靠》	作者：二年級I班 高梓雅	11
《我得到深刻的教訓》	作者：二年級I班 林皓朗	11
《我得到爸媽的支持》	作者：二年級I班 麥 溯	12
《我得到媽媽的信任》	作者：二年級I班 張家驊	12
《我得到爸媽的支持》	作者：二年級G班 麥雅菲	12
《我得到爸爸的支持》	作者：二年級G班 俞尚哲	13
《我得到爸媽的稱讚》	作者：二年級G班 陳芷彤	13
《我得到太婆的讚賞》	作者：二年級G班 雷明澈	13
《我得到爸媽的支持》	作者：二年級G班 梁倚喬	14
《我得到深刻的教訓》	作者：二年級W班 邱泓謙	14
《我得到媽媽的支持》	作者：二年級W班 黃曉君	15
《我得到深刻的教訓》	作者：二年級W班 郭頌謙	15
《我得到長輩的關心》	作者：二年級W班 林奕潼	16
《我得到同學的幫助》	作者：二年級W班 陳芷妍	16
《我得到同學的關心》	作者：二年級T班 曾子晴	16
《我得到深刻的教訓》	作者：二年級T班 朱凱婷	17
《我得到同學的幫助》	作者：二年級T班 梁鎧霖	17
《我得到媽媽的讚賞》	作者：二年級T班 劉梓灃	18
《我得到媽媽的稱讚》	作者：二年級T班 李泰成	18
《我得到爸媽的支持》	作者：二年級S班 邱寶怡	19
《我得到老師的鼓勵》	作者：二年級S班 蔣皓月	19
《我得到爸媽的支持》	作者：二年級S班 林安迪	19
《我得到爸媽的支持》	作者：二年級S班 黃逸朗	20
《我得到主耶穌的安慰》	作者：二年級S班 陳諾行	20
《我得到小提琴老師的稱讚》	作者：二年級L班 呂昊霆	21
《我得到爸爸的稱讚》	作者：二年級L班 吳宇謙	21
《我得到爸爸的稱讚》	作者：二年級L班 曾語芯	21
《我得到媽媽的支持》	作者：二年級L班 陳定因	22
《我得到老師的稱讚》	作者：二年級L班 徐 意	22
《媽媽，您辛苦了！》	作者：三年級I班 黃楚兒	22
《媽媽，您煮的菜真好吃！》	作者：三年級I班 陳臻彥	23
《爸爸，您對我真好！》	作者：三年級I班 侯穎謙	26

《朋友，你的鼓勵真有力！》	作者：三年級G班 梁栩好	24
《媽媽，您辛苦了！》	作者：三年級G班 張凌菲	24
《狐狸，你終於可以做個好人了！》	作者：三年級G班 林芷筠	25
《我的媽媽，你很棒！》	作者：三年級G班 江曉嵐	25
《妹妹，你真可愛！》	作者：三年級W班 許梓豪	26
《小狗，你太可愛了！》	作者：三年級W班 廖浩霖	26
《弟弟，你真可愛啊！》	作者：三年級W班 鄭舒予	27
《哥哥，你真棒！》	作者：三年級T班 馮晞露	27
《老師，您辛苦了！》	作者：三年級T班 區樂言	28
《小貓，你太可愛了！》	作者：三年級T班 郭信謙	28
《媽媽，您辛苦了！》	作者：三年級T班 黃智謙	28
《婆婆，你煮的湯真香！》	作者：三年級S班 張正謙	29
《媽媽，你是最棒的！》	作者：三年級S班 楊宸昕	29
《弟弟，你真是太可愛了！》	作者：三年級S班 叶芷琳	30
《小狗，你太可愛了！》	作者：三年級S班 吳希同	30
《婆婆，你煮的湯真香啊！》	作者：三年級L班 湯耀翔	31
《爸爸，你真棒！》	作者：三年級L班 卓國一	31
《小桃，你太可愛了！》	作者：三年級L班 林詠悠	32
《公公，你真「惡」！》	作者：三年級L班 楊澤舜	32
《朋友，我原諒你了！》	作者：四年級I班 陳思蕾	33
《老師，我終於明白了！》	作者：四年級I班 羅子喬	33
《爸媽，我進步了！》	作者：四年級I班 甄瀚林	34
《同學，我謝謝你的關心！》	作者：四年級G班 鄧舍魚	34
《爸爸媽媽，我進步了！》	作者：四年級G班 林泳薇	35
《媽媽，我終於學會游泳了！》	作者：四年級G班 鄺禮雋	35
《爸媽，我進步了！》	作者：四年級G班 田紫媛	36
《媽媽，我學會拉小提琴了！》	作者：四年級W班 鄧倬欣	36
《教練，我成功了！》	作者：四年級W班 殷玥希	37
《爸媽，我成功了！》	作者：四年級W班 陳珀禧	38
《媽媽，我終於明白了！》	作者：四年級W班 趙 諾	38
《婆婆，我長大了！》	作者：四年級W班 朱晉言	39
《爸媽，我進步了！》	作者：四年級T班 黃敬卿	39
《朋友，我原諒你了！》	作者：四年級T班 彭子軒	40
《爸爸，我終於明白了！》	作者：四年級T班 陳柏熙	40
《媽媽，我明白了！》	作者：四年級T班 洪慧純	41
《婆婆，我長大了！》	作者：四年級S班 梁羽僑	41
《媽媽，我長大了！》	作者：四年級S班 洪家毅	42
《媽媽，我成功了！》	作者：四年級S班 張家灝	42

《媽媽，我成功了！》	作者：四年級S班 楊雪凝.....	43
《媽媽，我進步了！》	作者：四年級L班 陸健欣.....	43
《媽媽，我知錯了！》	作者：四年級L班 何忞諾.....	44
《媽媽，我長大了！》	作者：四年級L班 周樂熙.....	44
《媽媽，我明白了！》	作者：四年級L班 林心柔.....	45
《我渴望取得好成績》	作者：五年級I班 謝雨岑.....	45
《我渴望可以環遊世界》	作者：五年級I班 潘祉諾.....	46
《我渴望取得好成績》	作者：五年級I班 施子怡.....	47
《我渴望快點長大》	作者：五年級I班 李卓芬.....	47
《我渴望得到二胡比賽冠軍》	作者：五年級G班 蔡麗雅.....	48
《我渴望快點長大》	作者：五年級G班 馬詩語.....	48
《我渴望長大》	作者：五年級G班 李長樂.....	49
《我渴望地球上的動物永不落幕》 ..	作者：五年級G班 李卓芸.....	49
《我渴望快點長大》	作者：五年級W班 吳峻林.....	50
《我渴望擁有超能力》	作者：五年級W班 管知行.....	50
《我渴望得到家人的陪伴、關懷》 ..	作者：五年級W班 陳柏言.....	51
《我渴望取得良好的學業成績》	作者：五年級W班 鍾旻穎.....	52
《我渴望取得良好的學業成績》	作者：五年級W班 曾子樂.....	53
《我渴望父母能多點陪伴我》	作者：五年級W班 許漢森.....	54
《我渴望取得好成績》	作者：五年級T班 沈千瓊.....	55
《我渴望改掉壞習慣》	作者：五年級T班 許瑋恩.....	55
《我渴望小白能夠復活》	作者：五年級T班 林莉馨.....	56
《我渴望家人多點陪伴我》	作者：五年級T班 游煒欣.....	57
《我渴望得到比賽冠軍》	作者：五年級T班 黃旭洋.....	57
《我渴望快點長高》	作者：五年級S班 陳誦僊.....	58
《我渴望與朋友永遠在一起》	作者：五年級S班 林玥兒.....	59
《我渴望時間能過得慢一點》	作者：五年級S班 李子龍.....	60
《我渴望快點長大》	作者：五年級S班 張灝謙.....	61
《我渴望成為一隻小鳥》	作者：五年級S班 袁浠瑜.....	62
《我渴望有一個弟弟》	作者：五年級L班 李 盈.....	62
《我渴望得到機器人比賽冠軍》	作者：五年級L班 薛俊熙.....	63
《我渴望籃球可以入四強》	作者：五年級L班 鄭心嫻.....	63
《我渴望爸媽多點陪伴我》	作者：五年級L班 韓卓珣.....	64
《我渴望快點長大》	作者：五年級L班 王明渤.....	64
《我要克服內心的恐懼！》	作者：六年級I班 葉曉晴.....	65
《我要勇敢面對挑戰！》	作者：六年級I班 羅珩心.....	65
《我要勇敢面對挑戰！》	作者：六年級I班 蔡 琳.....	66
《我要勇敢面對挑戰！》	作者：六年級G班 陳梓馨.....	66

《我要留住那些時光》	作者：六年級G班 許卓然	67
《我要做父母的好孩子！》	作者：六年級G班 何妍翹	68
《我要勇敢面對寫作困難》	作者：六年級W班 陳修己	69
《我要超越自己》	作者：六年級W班 楊泳瑤	70
《我要改變》	作者：六年級W班 麥柏浩	70
《我要在呈分試前堅持到底》	作者：六年級W班 陳榮軒	71
《我要克服內心的恐懼》	作者：六年級W班 林俊希	72
《我要克服困難！》	作者：六年級T班 黎音廷	73
《我要克服恐懼！》	作者：六年級T班 胡焯然	74
《我要實現乒乓夢！》	作者：六年級T班 洪卓穎	75
《我要升讀理想的中學！》	作者：六年級T班 賴泳妍	76
《我要勇敢面對挑戰》	作者：六年級S班 鍾梓謙	77
《我要克服內心的恐懼》	作者：六年級S班 陳韋迪	78
《我要克服內心的恐懼》	作者：六年級S班 李曉瑩	79
《我要勇敢面對挑戰》	作者：六年級S班 余逸朗	80
《我要勇敢面對挑戰》	作者：六年級S班 楊韻怡	81
《我要做父母的好孩子》	作者：六年級S班 吳梓彤	82
《我要擺脫內向的性格》	作者：六年級S班 岑思穎	83
《我要懂得爸爸的沉默》	作者：六年級L班 梁芷瑜	84
《我要成為上帝所喜悅的孩子》	作者：六年級L班 陳曉妍	85
《我要努力考上理想的中學》	作者：六年級L班 孫霽月	85
《我要懷緬六年的美好時光》	作者：六年級L班 梁楚怡	86
《我要勇敢面對挑戰》	作者：六年級L班 李梓榕	87
《我要克服內心的恐懼》	作者：六年級L班 陳子祈	88

英文作品

My teacher	By Leung Sen Hei, Kristy 1I (10)	90
My Puppet	By Wong Hei Sun, Ezra 1I (21)	90
My teacher	By Tam Yu Ching, Jovia 1I (19)	90
My Puppet	By Yuen Yana 1I (26)	90
About me	By Leung Zan Sau, Godwin 1G (8)	91
About me	By Peng Shiyao, Serena 1G (14)	91
My Friend	By Yang Amy 1G (23)	91
About me	By Zhu Longyi, Aiden 1G (25)	91
My Puppet	By Lam Sin Ling, Zariyah 1W (7)	92
My Friend	By Lee Sum Yin, Mia 1W (10)	92
My Puppet	By Leung Yeu Kiu, Anna 1W (12)	92
My Puppet	By Poon Elaine 1W (16)	92

A Turtle	By Ma Siu Ting, Mason 1T (18)	93
My Best Friend	By Pun Shin Yu, Ariel 1T (19)	93
My Puppet.....	By Lam Tsz Ning, Olivia 1T (9)	93
My Classmate.....	By Liu Cheuk Him, Ansel 1S (16)	93
My Mother	By Sit Chung Hang, Nicolas 1S (19)	94
My Brother.....	By Lam Yin Ling, Louisa 1S (11)	94
My Puppet.....	By Mok Marsha 1S (18)	94
A Turtle	By Chan Pak Lam, Burce 1L (2)	94
Noah.....	By Lui Tsit Yui, Marvin 1L (17).....	95
My Puppet.....	By Wong Tsz Yin, Yammy 1L (25).....	95
Me and My Family.....	By Mak So Natan 2I (19)	95
Little Star	By Chu Hang Pak, Hayden 2I (7).....	95
My Dream School.....	By Ng Kar Kar, Charlotte 2I (20).....	96
My Favourite Fruit.....	By Lui Ming Chit, Sophia 2G (23).....	96
The Little Star	By Xie Tsang Ying, Sunny 2G (20)	96
Me and my family.....	By Yu Sheung Chit, Andy 2G (31)	97
My Dream School.....	By Cheung Yui Hang, Hayden 2W (8)	97
Me and My Family	By Kwok Chung Him, Jimmy 2W (13).....	97
My Dream School.....	By Chiu Tsz Yu, Zachary 2W (9).....	98
Rules	By Chan Nga Lam, Ellie 2T (3).....	98
My Dream School.....	By Leung Hoi Lam, Elkie 2T (16).....	99
Me and My Family	By Lee Tai Shing, Tyson 2T (15).....	99
My Dream School	By He Wing Hang, Joseph 2S (11).....	99
The Little Star	By Chiu Pak Yin, Logan 2S (6).....	100
The little star	By Yau Po Yi, Bonnie 2S (30)	100
Little Star	By Wong Chun Lok, Angus 2L (25).....	100
My Dream School	By Lam Lok Yin, Domi 2L (12)	101
Me and My Family.....	By Ho Shun He, Torres 2L (8).....	101
My Friend in Class 3I	By Lam Yu Ho, Clarence 3I (14).....	101
My Favourite Free Time Activity	By Cheung Ha Yin, Harris 3I (6).....	102
My Favourite Free Time Activity	By Fung Yi Kan, Bily 3I (10)	102
My Favourite Free Time Activity	By Tse Chung Yiu, Jolie 3I (25)	102
My Friend Julie.....	By Lam Tsz Kwan, Estee 3G (8)	102
My Friend Leo	By Leung Ayla Louveile 3G (11)	103
My Friend Melissa	By Cheung Sum Yau, Elise 3G (3)	103
My Friend Annabelle	By Tse Yiu, Yissy 3G (21)	103
My Favourite Free Time Activity	By Tang Yuen Wing, Arina 3W (24).....	104
My Friend.....	By Tsang Yik Man, Raymond 3W (25)	104
A Special Day	By Qiu YuQiao, Holiday 3W (31)	104
My Friend Charlotte.....	By Cheng Shu Yu, Candice 3W (3).....	105
My best friend in Class 3T.....	By Pun Cho Yau, Moana 3T (23)	105

A Letter	By Fung Tki Lo, Sophia 3T (11)	105
How to Make Yummy Hamburger?	By Kwok Shun Him, Jacob 3T (12)	106
My Friend in Class 3S.....	By Leung Chi Kin, Gordon 3S (14)	106
My Friend in Class 3S.....	By Chan Hei Lam, Hera 3S (3)	106
My Friend in Class 3S.....	By Chen Zi Yu, Grace 3S (7)	107
My Favourite Free Time Activity	By Zhuo Minghao, Hopson 3S (31)	107
My Favourite Free Time Activity	By Yeung Kwan Ho, Jayden 3S (28)	107
My Friend.....	By Lam Wing Yau, Venus 3L (13).....	108
My Favourite Free Time Activity	By Zhou Yi, Eric 3L (30).....	108
My Favourite Free Time Activity	By Ouyang Wenbo, Owen 3L (31).....	108
Who am I Grateful To?	By Dura Melissa 4I (7)	109
Who am I Grateful To?	By Chow Chun Nok, Alvin 4I (4).....	109
My Rap Verse.....	By Huang Ka Ki 4I (9)	109
Who am I grateful to?	By Wong Hoi To, Torres 4I (23)	109
A Photo Story	By Lim Ashley Wing Mei 4G (12)	110
Who am I Grateful To?	By Wong Sung Chi, Kevin 4G (22)	110
Who am I Grateful To?	By Zhou Zi Yi, Eden 4G (27)	110
A Bag of Money.....	By Leung Sum Yau, Yunice 4W (20)	111
My Rap Verse.....	By Cai Sen Hei, Jason 4W (2).....	111
A Photo Story	By Huang Jun Yan, Cavan 4W (13)	111
A Letter about a Saturday Plan	By Chu Chun Yin, Aidan 4W (9)	112
Who I am Grateful to?	By Deng Yu Ching, Irene 4W (11)	112
A Letter about a Saturday Plan	By Lee Ka Sheung, Melo 4T (13)	113
A Bag of Money	By Law Yat Siu 4T (12).....	113
My Mum and Me	By Hung Yi Shun, Melody 4T (8)	114
A Photo Story.....	By Sit On Ting, Aimee 4S (26)	114
Who am I Grateful to?	By Leung Yu Kiu, Celia 4S (16).....	115
My Rap Verse.....	By Leung Tsz Ham, Joey 4S (15).....	115
A Bag of Money.....	By Li Sau Yee, Zoey 4S (18)	116
A One-Day Trip.....	By Lui Pak Ho, Horus 4S (22)	116
My Rap Verse.....	By Wong Tin Yan, Timothy 4L (28)	117
I Am Grateful to My Mum.....	By Wong Ngo Tin, Boris 4L (27)	117
A Photo Story.....	By Chan Yu Leuk 4L (4)	118
A Letter about a Saturday Plan	By Ng Cheuk Kiu 4L (21)	118
I Am Grateful to My Parents	By Tang Tsz Ching 4L (25)	119
Mum's Birthday	By Li Zhuofen, Flora 5I (11).....	119
What a Memorable Day	By Xie Yucen, Olivia 5I (21).....	120
Princess Beth's 18th Birthday.....	By Li Zhuoyun, Wendy 5G (9)	120
A Wonderful Surprise for Mum	By Poon Tsz Lok, Cabee 5I (16)	121
Princess Beth's 18th Birthday.....	By Ng Cheuk Yiu, Yoyo 5G (13)	121

Jimmy's birthday.....	By Huang Pak Ho, Paco 5G (3).....	122
Mum's Birthday	By Wong Pak Kiu, Coleson 5W (33).....	122
Princess Beth's Special Birthday	By Chan Tsz Yeung, Anson 5W (4).....	123
Weekend Staycation Trip	By Ko Ching, Ophelia 5W (14)	123
A Birthday Surprise.....	By Lee Tsz Yau, Yvonne 5T (10)	124
How to Make a Door Plate?	By Wong Yuk Yeung, Samuel 5T (21)	124
Jimmy's Birthday	By Lam Yuet Yee, Yannie 5S (12)	125
Princess Beth and the Frog Prince	By Lee Cheuk Yin, Kayven 5S (14)	125
The New Frog Prince and Princess.....	By Lee Tsz Lung, Chase 5S (16).....	126
A Special Sunday for Mum.....	By Tsang Man Fei 5S (26).....	127
Mum's Birthday.....	By Li Sheung Yin, Shane 5L (22).....	127
Mum's Special Birthday	By Chan Chin Yuet, Gianna 5L (1)	128
Mum's Birthday	By Hon Cheuk Yuet, Cherry 5L (12)	128
Mom's Birthday	By Lai Lok Yee, Chloe 5L (13)	129
My Dream Job: Doctor	By Ye Hiu Ching, Winnie 6I (22)	129
Living a Green Life.....	By Law Hang Sum, Sam 6I (12)	130
The Lonely Witch	By He Yue Xi, Isaac 6I (7).....	130
Living a Green Life.....	By Lau Ming Hin, Henry 6I (11).....	131
My Dream Job.....	By Xu Zhuoran, Zora 6G (19)	131
The Lonely Witch	By Chu Suet Wing, Wing Wing 6G (5)	132
A Visit to the Orphanage.....	By Ho Wun Kiu, Angie 6G (7)	132
The Lonely Witch	By Chan Ailey 6W (1).....	133
My Dream Job.....	By Mak Pak Hou, Brendan 6W (24)	133
The Lonely Witch	By Chan Tak Fai, Jayden 6W (4).....	134
The Gift of Learning	By Tang Yan Him, Yoyo 6W (27).....	134
Living a Green Life.....	By Kung Yui Hin, Zachary 6W (15).....	135
The Lonely Witch	By Ho Ka Chun James 6T (10).....	136
Living a Green Life.....	By Chan Ho San Stanley 6T (1)	136
My Dream Job: An Actress.....	By Chu Yuna 6T (9).....	137
Living a Green Life.....	By Wong Shun Chung Alex 6S (27).....	137
The Lonely Witch	By Li Lok Hei Scarlett 6S (17).....	138
AI and Homework.....	By Chung Tsz Him Timothy 6S (8).....	139
Living a Green Life.....	By Chiu Pak Hei Jayden 6S (7).....	140
My Dream Job.....	By Wong Pok Hin, Winston 6L (28).....	141
The Lonely Witch	By Suen Cheuk Yin, Timothy 6L (25).....	141
A Diary Entry about Meeting a Famous Singer	By Lao Sum Wing, Vianna 6L (15)	142
Living a Green Life.....	By Cheng Dorcas, Yvonne 6L (6).....	143

中文作品



《我得到爸媽的支持》

作者：二年級I班 陳卓熙

指導老師：張麗玉主任

在一個陽光普照的星期天，爸爸和媽媽帶我到籃球場練習投籃。

起初，我用力地把球一推，籃球卻像一隻頑皮的猴子，每次靠近籃框時都故意彈開。我既生氣又失望，還很想放棄，不想繼續練習了。

這時，爸爸輕輕地拍拍我的肩膀，媽媽也溫柔地說：「加油！我們支持你！不要放棄，只要努力，最終都會成功的！」聽到他們溫暖的鼓勵，我又重新充滿力量了。

我一次、兩次、三次……不停地練習，爸爸耐心地教我標準的投籃動作，媽媽在旁邊不停地為我打氣。終於，我成功地把球投進籃框內，我高興得大聲歡呼，整個籃球場都聽到我的歡呼聲。

在學習投籃的過程中，我得到了爸爸媽媽的支持，也明白到只要得到家人的支持和經過自己的努力，就能打開成功的大門。爸爸媽媽，謝謝你們陪伴我走過每一個的難關，迎接第一次的挑戰我會繼續努力，報答你們對我的扶持。

《我得到老師的讚賞》

作者：二年級I班 許芸娜

指導老師：張麗玉主任

幾個月前，我報名參加了學校音樂節的錄影比賽。因為我從來沒有彈奏過一整首完整的歌曲，這對我來說，是一個很大的挑戰。

為了在音樂節有更好的表現，除了參加學校的課外活動，媽媽還特意請了老師到家裏教我練琴。高老師是一位非常嚴厲的老師，平常也不愛笑，我每次看見她都會十分緊張，有時候甚至還會緊張得哭出來呢！

有一次，我因為按弦的姿勢不正確，手指痛得厲害，卻一直沒有說出口，直到鮮血染紅了琴弦。老師看見後，她不但沒有罵我，還趕緊幫我包紮傷口。她更把我輕輕擁入懷中，說：「你下次受了傷一定要說出來，還有的是你不用擔心比賽，你進步得非常快，一定可以順利參加比賽的。」

聽到這份溫暖的鼓勵，讓我久久難以忘懷。我會帶着這份溫暖，繼續努力向前，完成這個挑戰，不要辜負老師對我的期望和教導。

《我得到溫暖的依靠》

作者：二年級I班 高梓雅

指導老師：張麗玉主任

我有一個百變的爸爸、神奇的媽媽和可愛的弟弟，組成了我幸福的家。

我的爸爸會變身，有時變成粗壯的大樹，讓我和弟弟爬呀爬；有時變成暴走的恐龍，追著我們跑呀跑……我最喜愛他變成雄偉的大山，當我被別人欺負時，他能站在我身後為我撐腰。

我的媽媽會變魔術，它有一雙會變出美味食物的手；有一雙會變出整潔衣物的手……我卻最愛她那雙溫柔的手，在我傷心或生病時，他會輕撫著我的臉兒給我安慰。

我的弟弟很討厭，他搗蛋但很聰明、頑皮卻很可愛……令我對他又愛又恨。不論任何時候，他都黏在我左右與我作伴。

這就是我充滿愛和歡笑的家，在這裏，我得到溫暖的依靠。

《我得到深刻的教訓》

作者：二年級I班 林皓朗

指導老師：張麗玉主任

我有一個壞習慣，就是做完事情不收拾。例如：放學後，書包隨手丟在地上；做完勞作後，文具到處亂放；吃完飯後，總是立刻跑開，彷彿一切事情都與我無關似的。

媽媽常常勸我要改掉這個壞習慣，可是我總是當作耳邊風，依然我行我素，直到有一天……

我在做功課時，突然看見我的小狗正在啃我剛才吃剩的葡萄乾麵包。糟糕了！糟糕了！小狗吃葡萄是會中毒的！媽媽和我立刻帶小狗去獸醫診所。醫生幫牠注射了催吐針，希望小狗能把剛才吃下的葡萄吐出來。注射後不久，小狗的身體不停發抖，嘴裏也不斷嘔吐。我看見牠痛苦的樣子，心痛極了，又十分害怕會失去牠，眼淚禁不住一滴一滴地流下來。

最後，小狗終於把剛才吃下的葡萄全都吐出來了。我含著淚水抱著虛弱的小狗，心裏下定決心：「我一定要吸取這次深刻的教訓，改掉這個可惡的壞習慣。」

《我得到爸媽的支持》

作者：二年級 I 班 麥潮

指導老師：張麗玉主任

昨天，我面對一個困難，幸好得到媽媽暖心的支持。

昨天，我在家溫習，準備小測驗。但是過了一段時間，才發現自己只溫習了一課。那時我又驚訝又害怕，像一隻受驚的小老鼠。

媽媽看見了，馬上放下繁重的家務，走過來摸摸我的頭說：「不要怕！不要怕！錯了可以改，不懂可以問，累了可以休息，爸爸媽媽都會支持你。」然後，媽媽坐在我旁邊陪我溫習，還為我預備了我最喜歡的小食。

那些難題本來像在故意為難我，現在卻被媽媽溫暖的愛趕走了。我心裏得到無限的安慰，再也不害怕了。

《我得到媽媽的信任》

作者：二年級 I 班 張家驊

指導老師：張麗玉主任

去年，我在第一次數學評估中，成績並不理想。我跟同學們說：「下次評估，我一定會考取好成績。」可是同學們都不相信我。

回到家後，媽媽看到我的成績，也有點失望。我趕緊跟媽媽說：「我會努力的！我會努力的！下一次我一定會考取好成績。」媽媽高興地點點頭，說：「好！那你要加油啊！我相信只要你肯付出努力，認真聽課，多做練習，一定會取得理想的成績！」我用力地點點頭，承諾會努力學習。

經過一番努力，第二次評估的成績果然比第一次進步了不少，我開心極了！放學時，我立刻把這個好消息告訴媽媽。媽媽開心地笑了，還說：「只要你努力付出，肯定會有收穫的。」

得到媽媽的信任，我感到非常開心。今後我還要加倍努力，絕不會辜負媽媽對我的信任。

《我得到爸媽的支持》

作者：二年級 G 班 麥雅菲

指導老師：蔡妙瑜老師

去年聖誕節，我參加了一個畫畫比賽。

我的畫畫老師一直教導我多年，她鼓勵我參加比賽，於是我便答應了。

爸媽一直耐心地陪伴我創作，也會買很多的用具送給我，為我增添了不少信心。

賽果公佈了，我意外地得到了冠軍，我感到十分興奮！

到了頒獎那天，我很興高采烈地接過獎品。我希望可以再次參加比賽，得到好成績。

《我得到爸爸的支持》

作者：二年級 G 班 俞尚哲

指導老師：蔡妙瑜老師

我喜歡思考，學習很積極，但是書法總寫不好。媽媽每天盯著我的「醜字」，要求重寫，我心裏有點委屈。

爸爸卻不一樣。他說，掌握知識比寫字好看更重要。每次他檢查作業，只幫我解決難題，極少說字醜要重寫。

爸爸總能用適當的例子，把複雜的問題講得像故事一樣簡單。

他的支持像陽光，讓我更愛學習，也更有勇氣面對困難。

爸爸的理解，讓我覺得學習是一件快樂的事情。我有信心在將來把學習和書法都做好，讓爸爸媽媽都認可我的能力。

《我得到爸媽的稱讚》

作者：二年級 G 班 陳芷彤

指導老師：蔡妙瑜老師

每個人都希望得到別人的肯定，我也不例外。我最盼望的，就是得到爸爸媽媽的稱讚。

有一天，爸爸媽媽下班回家，看起來很累，連說話的力氣都沒有。我看在眼裏，決定幫他們分擔一些家務。

我先認真地掃了地，又把桌子擦得乾乾淨淨。接著，我把自己的書本和玩具整理好，房間一下子變得整齊又明亮。

爸爸媽媽看到乾淨的屋子，都露出了驚喜的笑容。媽媽摸著我的頭，誇我懂事了。爸爸也高興地說真是個好孩子。

聽着爸媽的稱讚，我心裏開心極了！

《我得到太婆的讚賞》

作者：二年級 G 班 雷明澈

指導老師：蔡妙瑜老師

年初二早上，我和家人乘搭火車前往深圳探望太婆。

太婆已經一百歲了，但她非常健康。她有一雙圓圓的眼睛、一頭花白的頭髮、一副瘦小的身軀，嘴邊常掛著笑容。

太婆看見我們回來，感到十分驚訝和開心。午飯時，我幫太婆剝蝦殼，她讚賞我說：「你才八歲，就懂得剝蝦殼，真厲害！」

晚飯後，我們送給太婆一個蛋糕，慶祝她的生日，她感動地說：「你們真孝順。」

晚上，我們要回家了，感到很依依不捨，心想：我希望太婆身體健康，長命百歲。我下次再為她剝蝦殼。

《我得到爸媽的支持》

作者：二年級 G 班 梁倚喬

指導老師：蔡妙瑜老師

去年，媽媽幫我報名參加了中文朗誦比賽。

我從來都沒有參加過朗誦比賽，我感到十分緊張，我不知所措，急得在家裏哭了起來。

爸爸媽媽看到了，連忙安慰我說：「不用怕，只要努力練習，朗誦時就不會忘記內容。」於是，我每天都在家努力地練習。

終於到比賽那天，我感到十分緊張，媽媽鼓勵我說：「加油！你一定可以順利完成的。」

最終，我完成了朗誦，並取得了銀獎，我和媽媽都高興得歡呼起來。

這件事使我明白，只要努力練習，有充足準備，就可以有信心克服一切困難。

《我得到深刻的教訓》

作者：二年級 W 班 邱泓謙

指導老師：司徒廣琪老師

放學回家後，我偷偷地躲在房間裏玩電話，所以完成不了當天的功課。

不知不覺已經到了晚飯時間，我看着書桌上的時鐘，原來已經八時了。但我一樣功課也沒有做，於是我飛快地把晚餐吃完，洗完澡便立刻去做功課了。

我和時間來了一場極速競賽，但我還是輸了。當我做完功課時，已經快將近凌晨二時。

第二天早上，我遲了起床，早餐也顧不上吃，便匆忙趕回學校。但最後還是遲到了。當天因為太困，上課也是神不守舍。

經過今次的教訓，我終於明白要先做好功課，再玩電話，才能更好地分配時間。

《我得到媽媽的支持》

作者：二年級 W 班 黃曉君

指導老師：司徒廣琪老師

去年九月，我看見「校際音樂節鋼琴比賽」的資料，便想參加這個比賽。可是，我容易感到疲倦，做功課的時間比較長，鋼琴課也早已取消。我把我的心事告訴了媽媽。了解後，她非常支持我參加比賽，並答應和我一起想辦法。

為了支持我完成目標，媽媽不但聘請了鋼琴老師教我彈奏比賽歌曲，而且和我一起訂下練習時間表。

雖然練鋼琴的過程很辛苦，但媽媽常常陪著我。當我想放棄的時候，媽媽鼓勵我面對錯誤和困難；我覺得疲倦的時候，媽媽叫我休息；當我偷懶、不認真彈鋼琴的時候，媽媽也會責備我。

拍攝比賽的過程中，我感到緊張。媽媽教我放鬆心情，她陪我練習深呼吸，又帶了美味的零食給我小休時吃。

得到媽媽的支持，我感到非常開心和滿足！

《我得到深刻的教訓》

作者：二年級 W 班 郭頌謙

指導老師：司徒廣琪老師

有一次，我匆匆忙忙地做完了作業，就迫不及待地跑出去玩，於是書本東歪西倒地躺着，鉛筆無精打采地趴着，整個書桌上都亂七八糟。

媽媽溫柔地提醒我要收拾書桌，我卻滿不在乎地搖搖頭，懶洋洋地說：「明天收拾也不遲。」

第二天一早，我慌慌張張地收拾書桌，把作業本放進書包就去上學了。

回到學校時，我翻遍了整個書包，卻找不到中文功課，因此欠交功課。老師嚴厲地批評我，我低著頭，臉兒紅通通的，我感到十分慚愧。

這件事讓我得到深刻的教訓：做事要認真對待，不能馬馬虎虎，要養成良好的習慣。

《我得到長輩的關心》

作者：二年級 W 班 林奕潼

指導老師：司徒廣琪老師

星期天，天氣明媚，我們一家人到沙灘游玩。沙灘上有許多人，有人在堆沙，有人在打排球，有人在游泳……十分熱鬧。我和姊姊興奮地在沙灘上玩和撿貝殼，十分開心。

第二天，我生病發燒了，十分辛苦。媽媽帶我去看醫生，開了好多五顏六色的藥水。我看到要吃藥，就開始想哭。

奶奶知道我生病了，特意過來探望我。看到我哭鬧不願意吃藥，就耐心地哄我吃藥。知道媽媽要上班沒時間照顧我，又願意犧牲自己休息的時間來照顧我。

經過這次生病，我發現自己好幸福，全家人都這麼愛我。我長大了，一定要好好孝順身邊的長輩。

《我得到同學的幫助》

作者：二年級 W 班 陳芷妍

指導老師：司徒廣琪老師

今天，導修課的時候，我在做數學作業。

我正在專心致志做數學作業。突然，我發現自己忘記帶尺子。沒有尺子，我就無法完成最後一道題目。當我着急的時候，我的同桌小詩發現我在找東西。

「你怎樣了？」小詩輕聲問我。我告訴她我忘記帶尺子。小詩立刻拿出她的尺子給我用，這時她好像一道溫暖的陽光照在我的心裏。

在小詩的幫助下，我也開始主動幫助身邊的人。每當看到同學們需要幫助時，我會伸出援手，因為我知道，幫助別人，自己也會收穫快樂。

小詩的幫助讓我意識到生活中許多值得珍惜的友誼。

《我得到同學的關心》

作者：二年級 T 班 曾子晴

指導老師：羅諾詩老師

上星期，我生病了，媽媽帶我看醫生，我不能上學。那幾天我覺得非常孤單，也有點難過。

幾天後，我回到學校，同學們都過來問候我。凱婷拿了我最喜歡的圖書送給我，我感到十分開心。

導修課時，鎧霖主動過來教導我還沒跟上的功課。

同學們的關心讓我感到十分溫暖，我明白了朋友之間要互相幫助。

以後我也要學會關心別人，讓大家都成為好朋友。

《我得到深刻的教訓》

作者：二年級 T 班 朱凱婷

指導老師：羅諾詩老師

上星期天，天朗氣清，我和家人興高采烈地到主題樂園遊玩。

一踏進樂園，我看見大街兩旁各式各樣的商店，便急不及待跑了進去。商店裏的貨品琳琅滿目，我被一隻會動會錄音的毛茸茸洋娃娃吸引着。

正當我想問爸媽可否買給我時，我發現他們不見了。我站在原地，大聲地喊着：「爸爸……媽媽……」我害怕得全身顫抖，淚如雨下。

後來，一名保安員帶我到服務台，利用廣播尋找我的爸媽。過了一會兒，爸媽焦急地趕來，我立刻撲進爸媽的懷裏。

這次走失的經歷讓我得到深刻的教訓。從此之後，在外出時，我不會隨便走開，一定會緊牽爸媽的手。

《我得到同學的幫助》

作者：二年級 T 班 梁鑑霖

指導老師：羅諾詩老師

今天是派發數學測驗卷的日子，我看着分數，難過得低下頭，因為我只取得了五十分，成績強差人意，害怕得躲起來哭。

我的好同學心心和晴晴看見我愁眉苦臉，便立刻走過來安慰我。心心說：「不要灰心，我們一起努力吧！」晴晴也說：「對呀！不如每天放學後，我們留在課室一起溫習，好嗎？」她們還拍拍我的肩膀以示鼓勵。我聽到後，感動得點點頭。

於是，每天放學後，我們都一起溫習。心心教我計算，晴晴和我一起做練習。每當我有不明白的地方，她們都會耐心地講解及解答我的問題。

到了下一次數學測驗，我細心地看題目，小心地計算。結果，我竟然拿到一百分！心心和晴晴高興地拍手說：「你進步了很多，真厲害！」

我笑着說：「謝謝你們的幫助，有你們真好！」

《我得到媽媽的讚賞》

作者：二年級 T 班 劉梓灃

指導老師：羅諾詩老師

年廿八，我和媽媽一起大掃除，迎接新一年。媽媽說：「每個人要負責清掃自己的區域。」於是，我負責清潔自己的房間。

我先把散落在地上的玩具分類，再放進玩具箱。然後，我把桌子上的文具放好。接着，我用抹布把桌子擦得如同鏡子一般閃亮。最後，我把被子疊得方方正正。

突然，媽媽走進我的房間，看到我十分整潔和亮白的房間後，非常欣慰。

媽媽對我說：「你真是長大了，能幫媽媽分擔家務，你真棒！」

我聽了媽媽的說話，心裏美滋滋的。原來幫媽媽做家務是一件很開心的事情，以後我要多幫忙做家務呢！

《我得到媽媽的稱讚》

作者：二年級 T 班 李泰成

指導老師：羅諾詩老師

新年到了，我主動幫媽媽打掃凌亂的客廳。

首先，我拿起柔軟的抹布，把沾滿灰塵的桌子擦得亮白。接着，我揮動掃把，把地上的碎紙屑掃走。最後，我把雜亂的玩具整齊齊地放回玩具箱。

經過我半天的努力，客廳變得煥然一新。

媽媽回來後，看到整潔的家，眼睛笑得像彎彎的月牙，稱讚我是貼心的小幫手。聽到這句話，我的心像吃了蜜糖一樣甜。

經過這件事，讓我體會到付出勞動不但能為家人帶來笑容，自己也會得到快樂。



《我得到爸媽的支持》

作者：二年級 S 班 邱寶怡

指導老師：林滌珈老師

今天，我到九龍公園游泳池進行游泳比賽，當時我感到緊張極了！

回想賽前的辛苦，我想過放棄，但是爸爸和媽媽耐心地鼓勵我，陪我訓練。

到了我出場時，爸爸媽媽為我加油！我在泳池裏奮力地游到終點。

比賽結束，我取得了不錯的成績，爸媽笑着說：「堅持下去就會成功。」

這次經歷，我特別感謝我的爸媽，是他們的支持讓我有堅持下去的動力。

《我得到老師的鼓勵》

作者：二年級 S 班 蔣皓月

指導老師：林滌珈老師

今天，黎老師在英文課時送了一支色彩繽紛的「三麗鷗鉛筆」給我，我開心極了。

回想今天上英文課時，我們全班都很期待老師派發測驗卷。有的同學很緊張，有的同學很擔心，有的同學很期待。

到了派發測驗卷時，我鼓起勇氣，勇敢地走到老師面前領取測驗卷，老師對我說：「恭喜你！你的測驗卷滿分！」我聽後，心想：我成功了！我成功了！

然後，老師在她的筆袋拿出一支「三麗鷗鉛筆」，她把鉛筆送給我，我開心極了！

這支鉛筆將會一直鼓勵我努力學習，所以我很喜歡這支鉛筆。

《我得到爸媽的支持》

作者：二年級 S 班 林安迪

指導老師：林滌珈老師

爸爸媽媽，多謝你們一路以來對我的支持。

每天，爸爸送我去上學，媽媽接我放學，你們對我的照顧無微不至。

記得有一次，我考試成績不夠理想，心情低落，是你們不斷鼓勵我，和我一起分析試卷，耐心地教我解題思路。

我喜歡游泳，媽媽就風雨無阻地送我去訓練。每當見到我刻苦耐勞地練習，媽媽總會露出欣慰的笑容，讓我更有信心堅持訓練。

爸媽的支持，是我前進的動力，感謝爸媽的支持，我愛你們！

《我得到爸媽的支持》

作者：二年級 S 班 黃逸朗

指導老師：林滌珈老師

今天，是跆拳道比賽的日子。我們一家九時正便到達屯門仁愛堂社區中心。

到達會場後，我看到很多參賽者在會場準備，我便立刻換上道袍，穿上保護甲，找教練進行賽前準備和熱身。

最後一個回合，我要出場了。對手是一名南亞籍人士，身型高大，腳一定會踢得比我高，我感到很害怕。爸爸說：「不要擔心，按照你平時練習的動作去比賽就可以。不要緊張，你看，媽媽、爺爺和奶奶在看台上看你練習的成果，爸爸相信你做得到。」

開始的時候，我還有一點緊張，但我聽着教練的指示閃避和進攻，結果勝出第一回合比賽。第二回合，對手身型健碩，但是我今次沒有害怕，全力進攻，最後取得勝利。

到了下午二時，我們離開會場。我感到依依不捨，還在回想這次比賽的精彩片段。今天，我是因為得到爸媽的支持才能贏到這次的冠軍。爸爸媽媽，謝謝你們。

《我得到主耶穌的安慰》

作者：二年級 S 班 陳諾行

指導老師：林滌珈老師

新年假期的某一天，我和哥哥打籃球的時候，發生了爭執。

當哥哥正在打籃球時，我搶了他的球。生氣的哥哥像憤怒的恐龍揮拳打向我的背上，我痛得呱呱大叫。

媽媽聽到我的慘叫聲，她立刻跑過來了解事發經過。她教訓了我和哥哥一頓。

我感到十分難過，我便向主耶穌祈禱。祈禱後我心情平復下來。因為聖經教導兄弟姊妹應該彼此相愛。

在這件事中，我得到主耶穌的安慰。我明白到在生氣的時候，耶穌會平復我的心情。

《我得到小提琴老師的稱讚》

作者：二年級 L 班 呂昊霆

指導老師：陳綺韶老師

今天早上，我在家裏上小提琴課，專心地拉完一首優美的曲子。老師溫柔地稱讚我進步很大，琴聲越來越動聽。

聽到老師的話，我開心地笑了，心裏像吃了蜜糖一樣甜蜜。原來練琴的辛苦，一下子都變得特別值得。老師的鼓勵像溫暖的陽光，照亮了我的心。

這次被稱讚，讓我更喜歡小提琴了。今後我會努力練習，堅持每天練琴，不辜負老師的期望。

《我得到爸爸的稱讚》

作者：二年級 L 班 吳宇謙

指導老師：陳綺韶老師

今天，我和爸爸一起回家鄉過年，他手裏提着很多行李，我主動走上前，幫爸爸分擔了一部分，牢牢地提在手上。

地鐵上有空位了，我沒有自己先坐，趕緊讓爸爸坐下休息，因為爸爸每天都工作得很累。

爸爸摸了摸我的頭，開心地稱讚我懂事、孝順，還說我長大了。

聽到爸爸的誇獎，我心裏暖暖的，十分開心。我知道，關心爸爸、體諒爸爸，就是最棒的成長。

《我得到爸爸的稱讚》

作者：二年級 L 班 曾語芯

指導老師：陳綺韶老師

新年期間，我和爸媽一起到外公家拜年。看見表弟的新玩具車很漂亮，我就趁他不注意偷偷拿來玩，結果不小心把車子弄壞了。

表弟回來發現後，傷心地哭了起來。我嚇得趕快躲起來，不敢承認是自己弄壞的。後來媽媽發現了這件事，她溫和地對我說：「誠實比玩具更重要，犯了錯要勇於承認，才能改正過來。」

聽了媽媽的話，我鼓起勇氣向表弟道歉，還和他一起把玩具車修好。這件事讓我得到了深刻的教訓：做人一定要誠實，不能隨便拿別人的東西；犯了錯也要勇敢面對，及時改正。

《我得到媽媽的支持》

作者：二年級 L 班 陳定因

指導老師：陳綺韶老師

我從小就比較害羞，害怕在很多人面前說話，常常錯過表現自己的機會。

媽媽看出我很膽小，就鼓勵我參加朗誦比賽。每次她都會陪我一起練習，耐心地教我朗誦的技巧。慢慢地，我終於敢大聲說話了。

去年的英文朗誦比賽，我得到了八十三分的好成績，自信心也增加了。

這個學年，我成功當選了班長，心裏既開心又榮幸。多虧媽媽一直鼓勵我，我才有勇氣擔起這份責任。

我會繼續努力，不辜負媽媽的愛和支持。

《我得到老師的稱讚》

作者：二年級 L 班 徐意

指導老師：陳綺韶老師

上個月，我在學校裏得到了胡老師的稱讚。

從一年級開始，老師就說我寫的字不夠工整。那天上英文課時，我特別認真書寫，寫出工整的字來。胡老師馬上在我的家課冊寫下稱讚的話，並讓我帶回家給爸爸媽媽簽名。

回到家，我讓媽媽看我的家課冊，也得到了她的稱讚，我心裏開心極了。

我決定以後寫字都要認真，繼續寫工整的字，並努力做個好學生。

《媽媽，您辛苦了！》

作者：三年級 I 班 黃楚兒

指導老師：許佩儀老師

我的媽媽是一位偉大的母親，在我的成長路上，她為我付出了許多心血。

媽媽十分勤勞。她除了每天照顧我的衣食住行，還把家裏打掃得乾乾淨淨、井井有條，卻從來不會叫苦叫累。

媽媽特別溫柔。每當我考試成績不理想，心裏又難過又緊張時，她輕輕摸着我的頭，細聲安慰我，從不責備，總是耐心地鼓勵我。她翻開試卷，跟我分析一題又一題的錯題，幫我進步。遇到我不懂的地方，她就用簡單的話語講解，一步步引導我思考，直到我明白為止。

媽媽也很堅強。就算生活中遇到委屈，她也是笑着面對，從不把負面情緒帶給我，永遠給我溫暖和正能量。

從今以後，我要多幫媽媽做家务，減輕她的負擔；我也要更加努力上進，爭取好成績，讓媽媽為我驕傲，不用再為我的學業操心。媽媽，謝謝您，我愛您！

《媽媽，您煮的菜真好吃！》

作者：三年級I班 陳臻彥

指導老師：許佩儀老師

每當我聞到廚房飄來陣陣香噴噴的氣味，就知道媽媽正在下廚。我便忍不住垂涎欲滴，肚子也咕嚕咕嚕地叫个不停。

媽媽的廚藝十分了得，甚麼菜式都難不倒她。她有許多拿手好菜：香脆可口的披薩、奶香濃郁的白汁奶油青口、香味撲鼻的牛排……每一道都讓人回味無窮。我最喜歡白汁奶油青口，它的醬汁濃稠香滑，肉質鮮甜可口。每當媽媽端上這道菜，我都迫不及待地大快朵頤，吃得津津有味。

媽媽做飯時手腳麻利，擇菜、洗菜、切菜一氣呵成。她忙碌的身影裏，藏着對家人滿滿的愛。有時我會站在旁邊幫忙，就算不小心幫倒忙，她也不會生氣，只會溫柔又耐心地教我怎麼做。

我們一家人圍着餐桌，一起品嚐媽媽用心烹調的佳餚，心裏滿是溫暖。媽媽用勤勞的雙手為我們帶來美食，也帶來滿滿的幸福感。我真想大聲對媽媽說：「媽媽，謝謝您！您煮的菜真好吃，您辛苦了！」

《爸爸，您對我真好！》

作者：三年級I班 侯穎謙

指導老師：許佩儀老師

「爸爸，您對我真好啊！」這句話藏在我心底很久了。每次想起您為我做的點點滴滴，它就會不自覺地從嘴裏冒出來。

記得那個刮着冷風的晚上，我突然發高燒，額頭燙得像一塊燒紅的鐵板。您二話不說，立刻把我抱起，像風一樣衝出家門，直奔醫院。一路上，您把我緊緊抱在懷裏，自己卻因為太匆忙而忘了穿外套。您的鼻子凍得通紅，卻只顧着我，不斷地輕聲安慰我：「別怕，爸爸在這裏。」到了醫院，您忙前忙後，直到我退燒了，您才鬆一口氣。您的眼睛佈滿了血絲，卻還對我溫柔地笑。我不舒服的感覺，也因此舒緩了許多。

還有一次，我參加滑板比賽時不小心絆倒了，嘴脣擦破流血，痛得眼淚直流。您立刻衝過來，用溫暖的雙手輕輕幫我包紮傷口，然後鼓勵我說：「不要緊，不用怕！跌倒了就勇敢站起來，您一定做得到！」在您的鼓勵下，我咬緊牙關，重新站了起來。

爸爸，您就像我的英雄，總在我最需要的時候出現；您又像一個溫暖的太陽，用愛照耀着我成長。爸爸，您對我真好！

《朋友，你的鼓勵真有力！》

作者：三年級 G 班 梁栩好

指導老師：陳紫嫣老師

有一次，我考試只考了二十分，我很傷心。

那時，我的好朋友子婷走過來安慰我，還說：「不要灰心，我們下次再努力吧！不如放學之後去我家溫習，好嗎？」

我聽完子婷說的話，覺得心情好一點了。然後我回答子婷說：「好呀！謝謝你安慰我。」

經過長時間的努力溫習後，我終於得到好成績了，有了很大進步，連老師都稱讚我！我開心極了！

最後，我走過去子婷身邊感動地說：「非常感謝你！你的鼓勵真有力量的！」

《媽媽，您辛苦了！》

作者：三年級 G 班 張凌菲

指導老師：陳紫嫣老師

媽媽，您辛苦了！每當我看見您忙碌的身影，心裏就充滿感動與感激。

記得有一天放學，突然下起大雨，我在學校等待。您趕來接我，把雨傘全都遮在我身上，自己的肩膀和衣服都被雨水淋濕了，還一直牽著我的手，溫柔地問我冷不冷。那一刻，我覺得特別溫暖。

每天清晨，您早早起牀為我做早餐，還要打掃家裏。到了晚上，您還要檢查我的功課。您總是悉心地照料我，默默為這個家付出。

以後，我會更乖巧，主動幫您做家務，好好讀書，不讓您操心。媽媽，謝謝您一直愛我、照顧我，您是我最愛的人！



《狐狸，你終於可以做個好人了！》

作者：三年級 G 班 林芷筠

指導老師：陳紫嫣老師

今天，狐狸在和平村裏散步。

他看見村裏有很多動物，有的身型龐大，有的身型細小。狐狸想找其他動物玩耍，但是每一隻動物都不喜歡他，因為大家都認為他很狡猾，所以他傷心地走進森林了。

突然，他看見一隻受傷的兔子。他立刻扶起她，兔子哇哇大哭，眼淚就像斷了線的珍珠，一顆一顆地滾落。狐狸擔心地問：「你為什麼會受傷？」兔子回答：「我在森林裏跑步時，沒看到地上的石頭，不小心絆倒，摔斷了腿！」狐狸立刻背着她到醫院。

其他動物看到了，紛紛對他改觀，狐狸還因此得到了「好市民獎」。現在所有動物都和他一起玩。

最後，狐狸很開心，因為他不再是那個孤獨的狐狸了！他希望將來可以幫助更多動物。

《我的媽媽，你很棒！》

作者：三年級 G 班 江曉嵐

指導老師：陳紫嫣老師

我的媽媽是世上最棒的媽媽啊！她的個子不高，內心卻非常強大，為我撐起一片溫暖的天空。

記得有一天，我做功課很不專心，媽媽大聲地叫：「快點做功課啊！」她一邊煮飯，一邊叫我做，她說：「如果你未來做事也這樣慢吞吞，吃虧在眼前！」

每天早上，天還未亮，媽媽已經起床為我準備美味的早餐和整齊的校服。她的手也因照顧我而變得粗糙，指尖佈滿細小的傷痕，但每次撫摸我的臉時，都無比溫柔。

有一天，下大雨的時候，媽媽狼狽地來接我回家。我看到媽媽的衣服濕透了，我很感動，明白到這是媽媽無私的愛。

我的媽媽是世上最棒的媽媽！我會努力成為像您一樣優秀的人，讓您為我感到驕傲。

《妹妹，你真可愛！》

作者：三年級 W 班 許梓豪

指導老師：林佳瑩老師

我有一個妹妹，她今年三歲，她有一雙明亮的眼睛和圓嘟嘟的小臉蛋，可愛極了！

我的妹妹是個跟屁蟲，每當放學回家的時候，她便會跟在我的屁股後面。我往左，她也往左；我往右，她也往右，一刻也不肯跟我分開。

我的妹妹還是一個大饞貓呢！有一次，妹妹偷吃糖果，怕被媽媽責罵，便把糖紙放進我的書包裏，我打開書包正要大發雷霆時，她跑來說：「哥哥，我錯了，你的書包比糖果還甜呢！」我聽完哭笑不得，便不忍心責罵她了。

雖然我的妹妹很調皮，但暖心。有一次，我生病了，妹妹爬上我的牀，幫我蓋被子，像個小大人一樣輕輕拍着我的背哄我入睡，我感動得熱淚盈眶。

妹妹是我們家的開心果，也是我最親密的朋友。她像冬日裏的陽光，讓我們的家充滿歡聲笑語；也像一顆顆亮閃閃的星星，默默地陪伴着我。我的妹妹真可愛，我愛我的妹妹！

《小狗，你太可愛了！》

作者：三年級 W 班 廖浩霖

指導老師：林佳瑩老師

每天放學的時候，我都會去寵物店裏看小狗。有黑色、白色和灰色等。

有一天我放學回家後，我打開門，我一進門就聽到「汪—汪—汪」的聲音。我以為自己出現幻覺，於是我放下書包走進廚房跟媽媽說：「媽媽，我剛剛聽見小狗的叫聲，是不是我出現了幻覺？」媽媽回答說：「你沒有出現幻覺，那是提前給你準備的生日禮物。」

那正是我喜歡的黑色小狗，牠有亮晶晶的眼睛、短短的尾巴和軟綿綿的毛髮。每當我放學時，我都會迫不及待地和小狗玩。每當我看電視的時候，牠總會撲到我的懷裏，每當我睡覺時，牠總會睡在我旁邊，每當我出去玩的時候，牠總會偷偷跟着我。

突然，「鈴—鈴—」一聲，我睜開眼睛，原來這一切都是夢。我真希望生日那天，媽媽真的會送給我一隻小狗。

《弟弟，你真可愛啊！》

作者：三年級 W 班 鄭舒予

指導老師：林佳瑩老師

我有一個非常可愛的弟弟，他今年六歲了，有一雙大大的眼睛。但一笑起來，他的眼睛就眯成一條線。

我的弟弟天真可愛，他會把他喜歡的食物分我一半，會做各樣搞怪的表情，也會睜大眼睛跟我撒嬌。

我的弟弟也很活潑有趣，喜歡唱歌跳舞。有一天，弟弟在學校學了一支新的舞蹈。回家後，弟弟忍不住跳給我們看，手舞足蹈的樣子，太好玩了！

弟弟也很喜歡畫畫。有一次，他參加繪畫比賽，畫了很多香港的交通工具。最後，他獲得了冠軍。弟弟假裝用獎盃喝水，逗得大家哈哈大笑。

我的弟弟真是一個「開心果」！我們全家都很愛他。

《哥哥，你真棒！》

作者：三年級 T 班 馮晞露

指導老師：霍家美老師

今天，哥哥向我們全家宣佈，他要參加全港青少年歌唱大賽。為了有完美的表現，他每天放學後都躲在家裏練歌。起初他總是走音，甚至吵得鄰居來投訴，但他沒有放棄，每晚翻看不同歌者的表演，又反覆練習咬字和呼吸，從音準到旋律和感情，他都要求自己表現得一絲不苟。

決賽那晚，台下坐滿觀眾和評判。哥哥上台時手心冒汗，四肢僵硬，但當音樂響起，他便閉上眼睛，全程投入地唱出《真的愛你》。他的歌聲充滿對母親的愛意。唱到高音部分，哥哥完美地飆了上去，觀眾們忍不住大聲歡呼。我看見媽媽在台下感動得偷偷抹眼淚，爸爸也緊張得握着拳頭，大家都被他的表演感動了。

當評判宣佈冠軍時，全場觀眾立即屏息靜氣。當主持人讀出哥哥的名字時，我們全家都跳了起來，尖叫着擁抱在一起。哥哥亦立即舉起獎杯，向我們揮舞。

此時，我拼命鼓掌，心想：哥哥，你真棒！你教導了我要努力證明自己，並為理想而全力以赴！我永遠以你為榮！

《老師，您辛苦了！》

作者：三年級 T 班 區樂言

指導老師：霍家美老師

老師，謝謝您。您每天用愛心和耐性教導我，照亮我的學習道路，使我茁壯成長。

老師，謝謝您。小學的第一天，我帶着惶恐的心情上學，在您的陪伴與鼓勵下，使我很快適應小學生活。

老師，謝謝您。當我成功時，你為我感到高興並且稱讚我。您教導我不要驕傲，要繼續努力，才可以更加進步。

老師，謝謝您。當我犯錯時，您不但沒有責罵我，還悉心地教導我，使我從錯誤中學習對的事情。

我那麼活潑好動，您也不辭勞苦地教導我，給我機會去學習，我因您的愛心和教誨而成長進步。老師，您辛苦了！

《小貓，你太可愛了！》

作者：三年級 T 班 郭信謙

指導老師：霍家美老師

在我一歲生日那天，小貓成為了我家的一份子。小貓有圓滾滾的眼睛，脹鼓鼓的身軀，還有著潔白如雪的毛，真是可愛極了！

無論任何時候，我們總會黏在一起。小貓每天陪我睡覺，陪我玩耍，每天陪我吃飯……我們就像形影不離的朋友。

每天放學後，我急不及待地回家，照顧小貓。我不僅會餵小貓吃乾糧，連每一根毛也梳得貼貼服服。

每天晚上，我最喜歡小貓依偎在我懷裏睡覺，我感到非常溫暖。

小貓，你太可愛了！

《媽媽，您辛苦了！》

作者：三年級 T 班 黃智謙

指導老師：霍家美老師

媽媽，您辛苦了！感謝您多年來無私的奉獻，這份愛我銘記於心。

清晨，您總是第一個起床。您在廚房忙碌的身影，是家中最溫暖的風景。

無論風雨，您總是用堅實的肩膀為我遮擋風雨，給予我最勇敢的依靠。

看着您日漸增多的白髮與皺紋，那都是為了這個家操勞的印記，令我心疼。

現在換我來守護您。親愛的媽媽，請多愛自己一點，願您永遠健康快樂！

《婆婆，你煮的湯真香！》

作者：三年級 S 班 張正謙

指導老師：林旨行老師

除夕夜那天，天氣雖然很冷，但我卻感到很溫暖。

晚上，媽媽帶我到外婆家吃團年飯。我一想到能夠喝婆婆煮的湯，便非常期待。

一進婆婆的家，熟悉的香味便撲鼻而來。原來，婆婆在廚房裏忙着煮我們最喜愛的雞肉湯，令香味飄滿全屋。

不一會兒，飯桌上面放滿了不同的菜式，有魚、粟米、排骨，還有熱騰騰的雞肉湯。婆婆笑着把湯遞給我，說：「這湯對身體好，多喝一點吧！」我輕輕地喝了一口，湯味鮮甜可口，不但讓我感到十分溫暖，而且很窩心。吃飯的時候，家人們有說有笑，十分熱鬧，讓我感到很幸福。

我抬頭望向婆婆慈祥的笑容，真誠地對她說：「婆婆，你煮的湯真香！」這一碗湯成為我心中最溫暖的味道。

《媽媽，你是最棒的！》

作者：三年級 S 班 楊宸昕

指導老師：林旨行老師

「世上只有媽媽好」這句話大家都耳熟能詳。到底是為什麼？讓我來說說吧！

我的家雖小卻很溫暖。媽媽煮的飯菜雖簡單卻美味可口。

只要有媽媽在，任何事都變得舒服輕鬆。她不但教會我做人事處事，也教我彈琴和讀書。當我生病時，媽媽就變了半個醫生，她寧可自己不吃不睡也要照顧著我，還把家裏打掃得又乾淨又整齊。

我每天早上總是從媽媽身上聞到一股跌打藥水的味道，原來困擾她的背痛從不間斷，可是她卻為了我默默付出了所有。

媽媽是多麼偉大，是我心中的超人，我不知該如何報答這一切。所以，我長大後一定要好好保護她和愛她。

《弟弟，你真是太可愛了！》

作者：三年級 s 班 叶芷琳

指導老師：林旨行老師

我有一個弟弟，他比我小三歲，他叫叶卓宇！

當他出生的那一天，他便有一雙明亮的眼睛，像兩粒藍藍的鑽石，而他的臉是紅通通的，像小小的蘋果，我真的想咬他一口。

當他十四個月的時候，爸爸用了各種各樣的方法令他大笑起來，他也只是生氣地望着我的爸爸。但是當我抱住他的時候，他突然「哈哈」地大笑，我驚訝地問：「爸爸，為甚麼弟弟突然笑起來了？難道他喜歡我嗎？」爸爸樂呵呵地說：「對呀，芷琳，弟弟是非常喜歡你，所以你們要互相照顧！」我一聽爸爸這樣說，向他敬了個禮，開心地回答：「好的！」

當弟弟會說話和走路的時候，我和媽媽帶弟弟去公園玩。有一次，弟弟跑來跑去的時候，見到一隻蝴蝶飛過，他開始大叫起來：「姐姐！媽媽！救我啊！救我啊！！」媽媽慌忙地問：「怎麼了，小寶寶？」弟弟繼續說：「這…這…個…個是甚麼？」媽媽一看見弟弟指着只是一隻蝴蝶，便哭笑不得，我也「哈哈」地大笑起來，媽媽一邊笑，一邊說：「不要怕！牠不會咬你的！」哈哈！有時弟弟也太好笑了！

我和弟弟一起玩耍的美好時光似火箭般快，弟弟九月份要去上小學了，可以和他一起上學，真是太好了！但現在，我想和弟弟說一句話，「弟弟，你真是太可愛了！」

《小狗，你太可愛了！》

作者：三年級 s 班 吳希同

指導老師：林旨行老師

我家養了一隻可愛的西施狗，牠的名字叫旺旺。牠全身毛茸茸的，雖然身體很小，可是牠卻有著大大的頭，圓圓的眼睛和長長的尾巴，可愛極了！

旺旺很貪吃，每當我吃東西的時候，牠都會蹲在我的腳邊，抬起頭，眼巴巴地望着我，好像在對我說：「請分享一點給我吧，求求你了！」

旺旺還很好客，每當家裏的門鈴一響，牠就會站起來衝向門邊，一邊搖著尾巴，一邊汪汪大叫，似乎迫不及待地想要自己把門打開。

在公園的時候，牠會和我一起跑步，玩捉迷藏，有時候也會和我一起玩球。每次我把球丟得遠遠的，旺旺就飛快地跑過去把球撿起來，然後一扭一扭地跑回來，那可愛的樣子可把我逗得哈哈大笑。

旺旺為我帶來了許多許多歡樂，牠太可愛了！

《婆婆，你煮的湯真香啊！》

作者：三年級 L 班 湯耀翔

指導老師：蔡慰坤老師

剛推開家門，一股熟悉的香氣便撲面而來，是那碗熱騰騰的排骨湯。香氣縈繞着廚房的每一寸空氣。我深吸一口氣，心也跟着暖了起來，這味道，是婆婆的手藝，更是最溫柔的記憶。

婆婆煮湯從不馬虎。天還沒亮，她就提着菜籃去菜市場挑最新鮮的筒骨。她總說火候要慢，心要靜，於是爐灶上面的火咕嘟咕嘟，一熬就是兩個小時。

湯一上桌，我迫不及待地舀一勺，暖意從舌尖滑到胃裏。湯頭清亮卻不寡淡，非常好喝。婆婆總愛說喝湯養人，而我喝下的，不只是營養，更是婆婆默默付出的愛意。

婆婆，謝謝您用一鍋一鍋的湯，溫暖着我。你煮的湯真香啊，讓我想再喝一碗。

《爸爸，你真棒！》

作者：三年級 L 班 卓國一

指導老師：蔡慰坤老師

每個人心目中都有一個偶像，而我心目中的超級英雄，就是我的爸爸。我的爸爸長得高而瘦，有濃密而粗的眉毛。他雖然沒有超能力，但他有一雙萬能的手和一顆溫暖的心。他工作很忙碌，但每天回到家總是笑咪咪的。

爸爸真的很棒，他像個全能超人，家裏的電器壞了，東西破了燈泡壞了，甚至是玩具車拆解了，只要爸爸出手，通通都能解決。他那厚實的雙手能扛起家裏沉重的家具，也能輕易地將我舉高，給了我滿滿的安全感。

爸爸不僅能一手包辦粗重活，更是一位溫柔的聆聽者。當我考試考得不好難過時，爸爸從不責備我。有時候，他還會扮鬼臉逗我笑，讓我忘記所有煩惱。除了工作認真，記得有一次我生病發高燒時，爸爸一整晚沒有睡，守在牀邊幫我換冰敷袋，溫柔地哄我入睡。他雖然不善言辭，但總是默默地用行動，把最好的愛都給我們。

爸爸最棒的地方，是他懂得幽默。當媽媽因為我考不好而生氣時，爸爸總能心平氣和地開玩笑，化解了緊張的氣氛。爸爸每天辛苦工作，為的就是讓我們過上更好的生活，他是我心目中最堅強的後盾。他把我們一家人照顧得無微不至。

爸爸，謝謝您一直以來的照顧與無私的付出，亦謝謝您總是給我滿滿的鼓勵，能有您這樣的父親，我真的很幸運。您的付出讓我明白到做人要有責任感。我希望將來我也能像我父親一樣，做一個有承擔，既勤勞、溫柔，又懂得照顧家庭的人。

《小桃，你太可愛了！》

作者：三年級 L 班 林詠悠

指導老師：蔡慰坤老師

我家中有一隻「開心果」，牠就是小桃。每當我放學回家時，牠的尾巴就像裝了馬達一樣快速搖動起來，興奮地向我撲過來，這就是牠熱烈歡迎我回家的方式。

小桃長有一身黑白色的毛髮，摸起來就像棉花糖般軟綿綿的，十分舒服。牠一聽到家人呼喚牠的名字時，馬上豎起兩根像天線一樣的耳朵，迅速搜尋着聲音的來源。

小桃經常用楚楚可憐的眼神，目不轉睛地盯着我吃飯，彷彿在說：「姐姐，分我一口好嗎？」看着牠那種可憐兮兮的模樣，誰又能忍心拒絕牠呢？

小桃有時像個小毛球般，蜷縮在我的大腿上打盹，牠的體溫令我感到無比溫暖。

最後，我要跟小桃說一句：「小桃，你太可愛了！」

《公公，你真「惡」！》

作者：三年級 L 班 楊澤舜

指導老師：蔡慰坤老師

我的公公又高又瘦，皮膚是棕黑色的，像個非洲人。他會在我犯錯時，惡狠狠地罵我：「不要這樣做！」當我在沙發上蹦跳時，他會大聲地警告我：「快下來，不要跳！」他不准我喝飲品，不准我看電視時把聲量調大……我的公公在我的心目中最「惡」的人。

有一次，我放學後和同學去打籃球，公公很嚴肅地責罵我，並懲罰我站立，我哭得很傷心，心想公公一點也不愛我！公公對我說：「你沒有準時回家，公公很擔心你在路上出意外。」原來，公公是愛我的。

又有一次，我被同學欺負，公公得知後，他第一時間問我：「有受傷嗎？」原來，公公是關心我的。

公公會陪我去公園玩，會買衣服給我，在公公家住宿時，他更會根據我的身高調整淋浴噴頭的高度……

原來公公的「惡」，是在教導我，是在保護我，他和爸爸、媽媽、婆婆一樣愛我的。

《朋友，我原諒你了！》

作者：四年級I班 陳思蕾

指導老師：林旨行老師

我的好朋友叫譚夢瀛，她有一頭烏黑的長髮，戴著一副圓圓的眼鏡，長得像一個活潑可愛的芭比娃娃。

我們經常一起到學校，精神奕奕地上課。那天上學，夢瀛忘記帶筆袋了，便問我借一支筆，我便借給她一支我心愛的鉛筆，她說：「謝謝你！我放學前會還給你！」過了幾個小時後，快放學了！我問她：「我的筆呢？用好了嗎？」她慌慌張張地看着我，一看她的表情，就知道她十分害怕。她說：「我……我……不……不……不知道……你的……鉛筆……丟去那裏了。」我十分生氣，便氣沖沖地問她：「你有沒有找過啊？」然後我深呼吸，對她說：「絕交啦！我不想理你！」她低下頭，悶悶不樂地走了。

第二天，我沒有等她一起到學校上課。這刻，我感覺沒有人陪伴的時候是非常孤單和無聊。小息了，夢瀛突然拿出三支鉛筆給我，她低聲地說：「你能原諒我嗎？我知道錯了！」我想：如果沒有夢瀛的話，我會很孤單。我開心地點了點頭，說：「好吧！朋友，我原諒你了！」

最後，我們又做回了好朋友。其實，朋友之間不要為了一點小事而生氣。如果為了一點小事而和朋友絕交，那就不對了。

《老師，我終於明白了！》

作者：四年級I班 羅子喬

指導老師：林旨行老師

在我二年級的時候，因為懶惰而不想唸乘數表，加上覺得數學太簡單，所以我把學習的時間都放在遊玩上。

在數學測驗時，因為我沒有唸乘數表，所以有很多題目都不懂怎樣回答，而其他同學因為有努力地唸乘數表，所以他們把題目都答完了。老師公佈測驗的成績說我「不合格」。

回到家裏之後，爸媽看見我在房間哭，就過來安慰我。我很後悔，我決定要改過，努力唸乘數表，並在放學後請教老師關於數學的難題，學好數學科。

在第二次數學測驗時，我懂得回答所有題目，成績也進步了。老師，我終於明白了！努力溫習是十分重要，我會繼續努力的。

《爸媽，我進步了！》

作者：四年級 I 班 甄瀚林

指導老師：林旨行老師

我最害怕的就是英文默書，因為我時常都不合格，令我十分沮喪。

但是爸爸媽媽並沒有放棄，他們每次收到默書範圍的時候，就會第一時間規畫好溫習時間表。因為不合格的表現令我想在下次默寫時取得好成績。於是我就第一次跟從爸爸媽媽安排的時間表溫習。每天完成當天的功課後，便朗讀默書範圍，並抄寫一個半小時。經過兩星期的堅持不懈地溫習下，終於迎來默書的那一天。

在默書的那一天，我非常緊張，手掌冒汗，害怕又不合格。但想起爸媽提醒我不要急，還鼓勵我只要努力就好了，所以我全力以赴完成這次默書。

今天，老師派了英文默書成績，我得了一百分，我非常開心。放學回到家裏，我第一時間呼叫：「爸媽，我進步了！」

《同學，我謝謝你的關心！》

作者：四年級 G 班 鄧舍魚

指導老師：陳綺韶老師

直到今天，那塊蛋糕的甜味仍在我嘴裏回味，小周同學那顆溫暖善良的心，更是讓我終身難忘。

那天早上，我起晚了，急急忙忙洗臉刷牙，便背起書包衝去學校。小息時，沒吃早餐的我餓得頭暈眼花，心裏想着書包裏有媽媽給我預備的食物，可當我打開書包一看，卻發現甚麼都沒有，我坐在椅子上難受得差點哭出來。

我的肚子「咕嚕咕嚕」地叫個不停，正好被我班的小周同學聽見了，他走了過來。我本以為他要取笑我，沒想到他卻關心地問：「你餓嗎？我這裏有一塊蛋糕，分給你吃吧！」

他把蛋糕遞到我手裏，我激動得連連說道：「謝謝你！謝謝你！」還迫不及待地吧蛋糕吃完，肚子終於不餓了。這塊小小的蛋糕，不僅填飽了我的肚子，更溫暖了我的心。

在別人的眼中，這只是一塊平平無奇的蛋糕，但在我看來，它是一頓美味的佳餚，因為裏面充滿了愛。小周同學，謝謝你！以後，我也要像你一樣，見到同學遇到困難，主動伸出援手，把這份溫暖傳遞下去。

《爸爸媽媽，我進步了！》

作者：四年級 G 班 林泳薇

指導老師：陳綺韶老師

今天，我想大聲對爸爸媽媽說：「我進步了，我真的進步了！」

以前，我寫作業總是慢吞吞的，還常常分心，一會兒玩橡皮擦，一會兒看窗外，每天的作業都要寫到很晚。現在，我學會了合理安排時間：放學回家先認真完成作業，再做自己喜歡的事，寫字也比以前工整多了。

在學校裏，我也變得更勇敢了。上課時，我會積極舉手發言；遇到不懂的問題，也會主動請教老師和同學，不再像以前那樣害羞膽小。這次期中考試，我拿到了全班第六名，連老師都表揚我進步很大呢！我終於可以大聲說：「爸爸媽媽，我真的進步了！」

我知道，這些進步都離不開爸爸媽媽的鼓勵和陪伴。謝謝你們一直相信我、支持我。以後，我會繼續努力，改掉壞習慣，認真學習，不辜負你們的期望。

《媽媽，我終於學會游泳了！》

作者：四年級 G 班 鄔禮雋

指導老師：陳綺韶老師

炎熱的暑假，媽媽給我報了游泳班。一開始，我很不情願，但看着媽媽對我滿懷信心，我還是點頭答應了。

第一天上課，看着深不見底的游泳池，我嚇得雙腿發軟。在教練的耐心教導下，我先練習呼吸和閉氣，可不到十秒就嗆水，鼻子酸溜溜的，差點就想放棄。

接着是練習踢水。我雙手扶着池邊，雙腿用力拍打水面。動作雖然笨拙，水花濺得滿面都是，但我告訴自己一定要堅持下去，不能半途而廢。

經過幾個星期的練習，教練讓我試着鬆開雙手。我深吸了一口氣便開始踢水，身體竟然浮起來了！這時，我感覺自己真的變成了一條小魚，心裏充滿了成就感。

現在，我已經可以游完整個泳池了。這次經歷讓我明白：只要肯努力，就一定會有收穫。

媽媽，我終於學會游泳了！

《爸媽，我進步了！》

作者：四年級 G 班 田紫媛

指導老師：陳綺韶老師

二零二五年，我來到了新環境，也迎來了許多新的學習挑戰：比如學習寫繁體字、聽懂和說好廣東話。

一開始，廣東話對我來說就像天書一樣，完全聽不懂；繁體字筆畫又多又複雜，我總是記不住。心裏又沮喪又着急，甚至想要放棄。

學習繁體字的過程真的很辛苦，密密麻麻的筆畫常常讓我頭疼，好幾次都覺得自己堅持不下去了。

幸好爸爸常常鼓勵我：「學習就像爬山，只要堅持不懈，就能看見最美的風景。」這句話給了我滿滿的勇氣。

慢慢地，我終於有了進步：不僅能聽懂廣東話，也會寫繁體字了。我終於可以說：「爸媽，我進步了！」今後，我也會繼續努力，不斷進步的！

《媽媽，我學會拉小提琴了！》

作者：四年級 W 班 鄧倬欣

指導老師：蔡慰坤老師

親愛的媽媽，我要告訴您一個好消息：我學會拉小提琴了！還記得兩年前的暑假，您帶我經過通利琴行，我被櫥窗裏的小提琴吸引住了，像發現新大陸一樣興奮。您微笑着摸摸我的頭，第二天便帶我去報名學小提琴。

學琴的路並不平坦。初學時，我的手指總是不聽使喚，按弦按得又紅又痛，像被針刺一樣。拉出來的聲音吱吱嘎嘎，比菜市場的叫賣聲還要嘈吵。我有些想放棄，但您沒有責備我，反而溫柔地告訴我：「每個小提琴家都是從『鋸木頭』開始的。」

這兩年來，無論颳颳風或下暴雨，您都堅持帶我到小提琴中心上課。記得有一次黑雨警告，地鐵都停駛了，我們還冒雨走路上課。您說過：「學音樂不只是學技巧，更是學習堅持。」您的話像春雨般滋潤着我學習的心靈。

現在，我終於可以拉出完整的樂曲。上星期天，我們在西九文化區野餐時，我鼓起勇氣為您拉了一首《小步舞曲》。雖然這只是簡單的樂曲，但您聽得十分入神，還用手機拍下來傳給外婆看。那一刻，我看到您眼中的驕傲，心裏比吃了蜜糖還甜。

媽媽，謝謝您一直以來的陪伴和鼓勵。學習拉小提琴，不只是學會一種樂器，更是學會了堅持和感恩。以後，我要用琴聲為您帶來更多歡樂，讓音樂成為我們之間最美的語言！

《教練，我成功了！》

作者：四年級 W 班 殷玥希

指導老師：蔡慰坤老師



在我的成長中，舞蹈是最熱愛的事情。剛開始學習舞蹈時，我動作笨拙，總是記不住動作，一次又一次的失敗讓我灰心喪氣。每當我想要放棄時，黃教練總會溫柔地鼓勵我，給我信心。她的鼓勵像一縷清風，吹走了我心中的不安，讓我重新鼓起勇氣，堅持練習。

六歲那年，我在春晚上看到舞者們優雅地起舞，她們像輕盈的仙子在舞台上旋轉，我一下子就被深深吸引。在媽媽的支持下，我如願加入了舞蹈班。黃教練對我們十分嚴格，卻又格外細心。她耐心地糾正我的每一個動作，陪我一遍又一遍地練習。在她的指導下，我的基本功愈來愈紮實，人也變得更加自信大方。

不久後，我迎來了一次很重要的舞蹈比賽。聽到消息時，我既興奮又緊張，心裏像揣了隻小兔子，怦怦直跳。比賽舞蹈裏有很多高難度動作，我練了很久也不夠完美，急得滿面通紅，連呼吸都變得急促。但我沒有退縮，每天刻苦訓練，不斷打磨動作。教練也一直悉心指點我、鼓勵我，讓我戰勝一切困難。

比賽當天，現場熱鬧非凡，選手們個個精神抖擻。我站在後台，緊張得手心冒汗，心跳快得像擂鼓。就在這時，我看到教練向我投來堅定又溫暖的目光，那目光像一束光，照亮了我慌亂的心，我立刻鎮定下來。音樂響起，我面帶微笑，舒展身體，隨著旋律翩翩起舞，把所有實力展現得淋漓盡致。

當我聽到自己獲獎的那一刻，我激動得說不出話，眼眶濕潤。我跑到黃教練身邊，喊着：「教練，我成功了！」這次比賽讓我深深明白，只要堅持不懈、勇敢努力，就一定能收穫成功。

《爸媽，我成功了！》

作者：四年級 W 班 陳珀禧

指導老師：蔡慰坤老師

那天上體育課時，我看見同學們在操場上打羽毛球。白色的羽毛球在空中飛來飛去，真是好玩極了！回家後，我拉着爸爸說：「我想學打羽毛球。」爸爸爽快地答應：「好啊，不過一定要堅持到最後。」

第一天練習，爸爸教我發球。我用力地揮動球拍，卻揮空了，羽毛球緩緩地落在地上。我撿起球再試，還是打不中，一次、兩次、三次……我的手都酸了，心裏很難過，便扔下球拍說：「不學了。」這時爸爸走來拍拍我的肩膀：「我小時候打得比你還差，我都堅持下去了，你不可以嗎？」望着爸爸堅定的眼神，我擦擦眼淚，又拿起了球拍。

從那天起，每天放學後，爸爸陪着我練習，媽媽周末也加入，每次都打到筋疲力盡。慢慢地，我能接到球了。雖然一開始打得不好，但是每一次進步都讓我很開心。

終於有一天，我能夠和爸爸對打幾回合。羽毛球像小鳥一樣在空中飛舞，我跳起來用力一扣，爸爸沒有接住。「我成功了！」我大喊着，跑向爸爸。爸爸欣慰地說：「我就知道你一定能做到！」

當晚，我在日記本中寫下：謝謝爸媽的教導與鼓勵，讓我學會了做事要永不放棄。

《媽媽，我終於明白了！》

作者：四年級 W 班 趙諾

指導老師：蔡慰坤老師

二月初，媽媽不慎扭傷腰部，走路時總是皺着眉頭，扶着牆壁緩緩移動。我卻視若無睹，依舊窩在沙發上玩遊戲，連一杯熱水也不願為她倒，只有哥哥忙前忙後，細心照顧媽媽、幫忙打理事務。

大年初六，我和同學要到籃球場打球。搶球時我腳下一滑，只聽「咔嚓」一聲，腰間陣陣刺痛襲來，我癱在地上動彈不得。哥哥立刻跑來扶我，媽媽聽聞消息也趕了過來。她忘記自身的傷痛，彎着腰小心翼翼地攙扶我，不斷關切地詢問我的狀況。

回到家中，媽媽的腰傷尚未痊癒，卻堅持為我熱敷、塗抹藥膏、輕輕按摩，眼神中滿是心疼與擔憂。深夜裏，我醒來時還看見媽媽輕手輕腳地走進房間，為我蓋好被子，確認我無大礙才離去。

幾天後，我的腰傷逐漸康復。望着媽媽依舊有些彎曲的背影，我心裏滿是愧疚。我終於體會到受傷被忽視的難受，也明白媽媽的愛從不計較回報。媽媽，對不起！我以後一定會好好孝順您，用心照顧您。

《婆婆，我長大了！》

作者：四年級 W 班 朱晉言

指導老師：蔡慰坤老師

農曆新年時，我和爸爸媽媽一起到婆婆家吃團年飯，一路上我已興奮不已，心裏滿是期待。

一踏進婆婆的家，陣陣菜香便撲鼻而來。我看見婆婆在廚房裏忙碌地準備年夜飯的食材，一會兒洗菜，一會兒切肉，手腳從沒停下過。她還不時伸出頭，溫柔地問我：「你要看電視嗎？你要吃零食嗎？你冷嗎？」這一幕讓我想起小時候，每次到婆婆家，她總是一邊忙着做家務，一邊細心照顧我，把最好的東西都留給我，婆婆真的十分疼愛我。

如今，我已經長大了，不再是只會被照顧的小孩子。我主動走進廚房，對婆婆說：「婆婆，您辛苦了，讓我幫您洗蔬菜吧！」說完，我認真地把菜葉一片一片洗乾淨，接着又幫婆婆擺好碗筷，再把她做好的菜一碟一碟輕輕端到餐桌上。婆婆回頭看我，滿臉笑容地豎起大拇指，還誇獎我懂事，我心裏高興極了！

最後，我們一家圍坐在餐桌前，高高興興地吃團年飯。婆婆煮的飯菜又美味又豐富，每一道菜都充滿了愛的味道，大家都吃得津津有味。婆婆開心地告訴大家：「晉言也有幫忙做團年飯，真是一個好幫手呢！」聽到這句話，我心裏暖乎乎的，滿是開心與感動，能為婆婆分擔一點辛勞，陪伴在她身邊，我覺得特別幸福。

婆婆，我長大了，我可以照顧自己了，今後也會好好孝順您，用心照顧您。

《爸媽，我進步了！》

作者：四年級 T 班 黃敬卿

指導老師：林佳瑩老師

以前的我，是一個遇事只會退縮的「大懶蟲」。每當面對繁重的功課或測驗，我總想依賴着父母。

記得以前小測前，我總要媽媽陪在一旁，只要錯了一個字，我就氣餒得掉下眼淚，甚至想就此罷手。

然而，我升到四年級後，我漸漸意識到自己必須成長。我最大的進步是堅持到底，不輕談放棄，並懂得從錯誤中學習。

現在面對困難時，我不再消極應對，而是冷靜下來，嘗試尋找解決方法。雖然心裏也曾感到不安，但我能克制情緒，思考應對的策略。看到我不再因挫折意氣用事，爸爸欣慰地拍拍我的肩膀，那也是對我心中的鼓舞與認同。

爸爸媽媽，我明白了進步不僅是外在的改變，更明白了甚麼是責任，也想對他們說：「爸媽，我進步了！」

《朋友，我原諒你了！》

作者：四年級 T 班 彭子軒

指導老師：林佳瑩老師

在放寒假期間，我約了一個朋友來我家玩，我和她在我家一起看電視，中途，她想去喝水，卻不小心把同學送我的花瓶打碎了。

我看見眼前的花瓶被她在接水時碰到而搖搖欲墜，緊接着就掉下來碎了。

我的心情一下子變得低落起來，臉漲得通紅，頭也不回地跑進房間裏，只剩下她一個呆呆地站在那，媽媽聽到動靜趕緊跑到那裏收拾起地上的碎片。我一個人在房間裏思考了一會兒，我也開始意識到我現在不需要在意花瓶，反而要在意朋友的安全。因為花瓶碎了可以再買，但朋友受傷了，多少錢都買不到健康了。

於是，我慢慢地走出房間，朋友看見了，立馬眼含淚水地給我道歉，我毫不猶豫就原諒了她，並且檢查了她有沒有受傷。

這次的經歷讓我明白了要對別人寬容一點，發生意外沒有受傷才是最重要的。

《爸爸，我終於明白了！》

作者：四年級 T 班 陳柏熙

指導老師：林佳瑩老師

炎熱的下午，太陽熱得紅通通的，把球場烤得像個火爐般熾熱。我和爸爸去球場練習投籃，我站在罰球線上多次投籃，不過籃球總是調皮地在籃框上彈走。我生氣得面紅耳赤，把球狠狠摔在地上，垂頭喪氣地說：「我不投了，反正我投多少次也不會投進籃框！」

這時候，坐在旁邊的爸爸走過來，慢慢撿起球，微笑地安慰我說：「兒子，你知道嗎？籃框不會因為你發脾氣就讓球進去。來，看著我！」爸爸就拍了幾下球，從容不迫地投出一球，「刷」一聲，球投進籃框了。

爸爸拍拍我的肩膀說：「你只看到我進球的成功，卻沒看到我年輕時每天練習的辛酸。失敗不可怕，可怕的是你失去了嘗試的勇氣。」聽了爸爸的說話，再看到他充滿鼓勵的眼神，我心頭一震。

我重新站起來，接過他手上的籃球，調整呼吸，再嘗試投籃。雖然接下來的投籃還是有進有出，但我不再急躁了。那一刻，我轉頭對爸爸笑了。

爸爸，我終於明白了！原來籃球教給我的不只是技術，更是堅持不懈的道理。只要不放棄，總有一天，我能投進屬於自己的那一球。

《媽媽，我明白了！》

作者：四年級 T 班 洪蕙純

指導老師：林佳瑩老師

今天，小美把幾張卡通遊戲卡遞給我，臉上露出燦爛的笑容對我說：「我可以明天去你家一起玩耍嗎？」我的心裏甜滋滋的，一份從未有過的快樂油然而生。太好了！小美跟我合好如初了！

上星期的某天，小美一如往常帶着心愛的卡通遊戲卡到我家，跟我分享一個「寶物」。第二天上學途中，她氣喘吁吁地跑到我的面前說：「那……張……限量版遊戲卡，有……沒有遺留在你的家？」我佯裝鎮定地回答說：「沒有啊！沒有啊！」我的心撲通撲通地跳，十分緊張。因為我說謊了，小美確實把遊戲卡遺留在我家了，可是我太想擁有它了，因此我說了第一個謊話。

放學後，媽媽看到這張遊戲卡，問我：「咦，這張遊戲卡不是小美的嗎？為甚麼在你這？」我假裝鎮定地回答：「那是……小美跟我交換的！」我說了第二個謊話。媽媽的表情有點疑惑，卻默不作聲。

接下來的兩天，我都忐忑不安，像洩了氣的皮球。媽媽察覺了我的不安後，說：「小純，你是不是有心事？」我聽到媽媽溫柔的聲線，情不自禁地哭了起來，並把我撒的謊全部告訴她。

最後，我聽從媽媽的勸告把遊戲卡歸還給小美，並誠心地向她道歉。這次我明白了：謊話好像細菌，當你說了第一個後，它就會一個接一個地滋長。只有坦誠，才能消滅這種令人不安的細菌。我以後再也不會撒謊了。

《婆婆，我長大了！》

作者：四年級 S 班 梁羽僑

指導老師：霍家美老師

世上有一種寵愛叫「婆婆的愛」。她在我的生命中佔了一個特別的位置。

她寵愛我的程度可能超過了我的父母，但又不會像他們般嚴厲。她總是帶着溫暖慈祥的笑容，永遠擔心我吃不飽、穿不暖，包容我的所有，不論對錯。

在我剛學懂走路的時候，婆婆總是默默跟在我身後，或是在我的身旁一步一步的守護着我，怕我受傷。

在我學懂每件小事後，我都會在大家面前表演。不論我表演的是計算「一加一等於二」，還是演唱一首只有兩句歌詞的《小星星》，婆婆永遠都是我的「頭號觀眾」，熱切期待着我下一次的表演。

到了現在，我已經是能照顧自己的「小大人」了。看到事事為我操心的婆婆，我便跟她說：「婆婆，我長大了！現在該讓我照顧您。」她聽後，緊緊地抱着我，撫摸着我的頭說：「可你永遠都是婆婆長不大的小寶貝啊！」

《媽媽，我長大了！》

作者：四年級 S 班 洪家毅

指導老師：霍家美老師

新年的早晨，陽光溫柔地照進屋裏。聽着外面的鞭炮聲，我突然不想賴床了，我想幫媽媽做點事，告訴她我已經長大了。

我輕輕走進廚房，主動對媽媽說：「今天我來幫你包湯圓吧！」媽媽驚訝地看着我，臉上立刻露出了安慰的笑容。

媽媽耐心地教我揉麵團、搓湯圓。一開始我總是做不好，湯圓要麼歪歪扭扭，要麼裂開。在媽媽的幫助下，我終於做出了圓圓的湯圓。

湯圓煮好後，我趕緊給媽媽盛了一碗，雙手遞給她。媽媽嘗了一口，激動地說：「我的孩子真的長大了，會照顧媽媽了。」

看着媽媽開心的樣子，我心裏暖暖的。我終於明白——長大就是學會分擔、懂得孝順。以後我要多幫媽媽做事，做一個懂事的孩子。

《媽媽，我成功了！》

作者：四年級 S 班 張家灝

指導老師：霍家美老師

在我的記憶裏，有許多難忘的事，有的使我心酸，有的使我深深難忘，有的使我滿心歡喜，有的根本不值一提。我也遇到過一件既困難又深刻的事，讓我明白只要勇敢面對困難，就可享受到成功的喜悅。

記得那一天，媽媽帶我到單車公園學習踏單車。最初我完全不懂得踏，還需要輔助輪協助。我很羨慕媽媽踏得這麼熟練靈巧，我好奇地問媽媽：「為甚麼你踏單車這麼熟練？」媽媽回答：「小灝，只要努力，總有一天可以成功，你也可以像媽媽一樣。」

我們練習了不久，我突然失去平衡跌倒了，媽媽心急得像熱鍋上的螞蟥，飛快地跑過來看我，並對我說：「小灝，跌倒不要緊，最重要是再站起來，再學過，不要氣餒，不要放棄，不要怕失敗！」雖然我經常摔下來，但我沒有灰心，因為我知道，只要有耐心，堅持不懈，就一定會成功。

最後，經過三個月的努力，我終於學會了踏單車，我歡天喜地地說：「媽媽，我成功了！」

《媽媽，我成功了！》

作者：四年級 S 班 楊雪凝

指導老師：霍家美老師

今年的寒假，我不但掌握了打乒乓球的基礎竅門，還明白了一個道理——失敗乃成功之母。

記得在今年寒假，我和媽媽一起到大角咀體育館打乒乓球。我們進入了乒乓球室後，看見一位伯伯和一位叔叔一起切磋球技，你一球，我一球，打得十分起勁。

然後，我們滿懷期待地拿出乒乓球用具，準備打球。但是，當我想把球打到對面時，球好像喝醉了酒，總是失去控制。我感到不服氣，心想：我一定要成功！可惜，我再打了五分鐘，球也還是掉在地上。我十分氣餒說：「我不玩了！」說罷，我就坐在長椅上生悶氣。

媽媽看見了正在生氣的我，立馬安慰我說：「媽媽以前也不太懂乒乓球，但我最後也學懂了，難道你不想成功嗎？」我聽了媽媽的話後，連忙搖頭。媽媽說：「就是了，你也不想失敗，為甚麼放棄？人跌倒還可以再起來的！」我再試了幾次，果然做到了！原來打乒乓球那麼有趣！

這次的經歷，令我明白到「失敗乃成功之母」的道理。我更加期待正等着我的新挑戰。

《媽媽，我進步了！》

作者：四年級 L 班 陸健欣

指導老師：陳紫嫣老師

在我的成長中，有一件事情深深地刻在我的腦海裡，每當我在比賽中努力拼搏的時候，媽媽都會為我打氣，這是我全力以赴向終點前進的動力。

還記得在我六歲的時候，媽媽第一次帶我到游泳池學游泳，我感到十分緊張，因為我非常怕水，所以我緊緊地抓住媽媽的手，但媽媽並沒有取笑我，反而安慰我說：「別怕，媽媽在，雖然你很怕水，但我覺得你只要願意嘗試，一定會成功，加油！」我默默地下定決心。

接着，我們走進游泳池，看到有的人在專心地學跳水，有的人在漂浮，有的人在認真地練習憋氣……我覺得游泳池裏的所有人都很認真，為甚麼只有我做不到呢？所以我下定決心跟教練學游泳。教練先教我憋氣，但我一開始非常害怕，在媽媽的鼓勵下，我鼓起勇氣在水裏憋氣。

在教練耐心的指導下，我終於學會了憋氣、漂浮等。經過一段時間的努力訓練後，我終於學會游泳了，我可以像一條小魚兒一樣，飛快地在泳池裏游來游去。感謝媽媽一直鼓勵我，陪伴我。

《媽媽，我知錯了！》

作者：四年級 L 班 何芯諾

指導老師：陳紫嫣老師

新年快到了，媽媽帶着我和弟弟一起到市場選購水仙花球和一個漂亮的陶瓷花盆。

我們每天都會幫它澆水，記錄下它的成長過程。媽媽說：「希望新年時能夠長出香噴噴的花朵。」

兩星期後，水仙花球長出綠油油的苗和花蕾。那天放學後，弟弟把水仙花拿到桌上欣賞。但是我正要做功課，便說：「你能把它拿走嗎？」弟弟說：「不！」我便不耐煩了，打算把花盤搬回原位。可是，我不知道原來花盆有那麼重，我一個不小心，就把它打破了！「砰」的一聲十分響亮，媽媽立刻從房間走出來，看見花盆的碎片散落一地，十分生氣。我害怕極了，連忙說：「是弟弟害我打破的！」

我接着說：「如果不是弟弟把花盆拿到這裏來，我怎會把它摔碎呢！」媽媽好像明白了，但樣子比剛剛更生氣了，她說：「那是你的錯。」我哭着跑回房間。

過了一會兒，爸爸來到我的房間，說：「你知道為什麼媽媽會生氣嗎？」我說：「因為我打破了她的花盆。」爸爸說：「不是，因為你不肯承認錯誤，還把責任推給弟弟。」我恍然大悟，連忙跑出去和媽媽說：「對不起，我知錯了。」媽媽說：「沒關係，我們明天一起買一個更漂亮的花盆吧！」

《媽媽，我長大了！》

作者：四年級 L 班 周樂熙

指導老師：陳紫嫣老師

今天早上，我看見媽媽在擦桌子，她的腰變得像一張弓，額頭上還有汗珠。我心裡想：媽媽每天這麼辛苦，我應該幫她分擔。

我走到媽媽身邊，輕聲說：「媽媽，我來幫你吧！」媽媽愣了一下，臉上露出驚喜的笑容。

我拿起掃把，把客廳的角落掃得乾乾淨淨，又用抹布把桌子擦得發亮。雖然有點累，但我做得很認真，心裏很滿足。

媽媽看見整潔的房間，摸了摸我的頭，溫柔地說：「我的孩子長大了！」聽了媽媽的話，我心裡暖暖的。原來長大不止是個子變高，更是學會體諒和分擔。

《媽媽，我明白了！》

作者：四年級 L 班 林心柔

指導老師：陳紫嫣老師

我從小筋骨特別柔軟，像一條沒有脊椎的蛇，我的大拇指能反向碰到前臂，因此，我以為我的芭蕾舞成績會很好。但老師派發芭蕾舞考試的成績後，我發現我的成績不理想。那時，我感到挫折。後來，我去看醫生時，發現了我有「關節過度活動症候群」。

這個症狀令我常常感到疲累不堪和坐姿不正確。別人常常誤會我懶惰，不想練習。我的韌帶因為太鬆了，常常拿不到重的東西。我明白了要成為真正的舞者不是主要憑柔軟的筋骨，也要有強大的肌肉耐力。

媽媽對我說：「天賦不是一切，努力才是關鍵。」媽媽這句話令我看到希望。從那天起，我每天做核心訓練和加強肌肉力量的運動。在練習的過程中，我有時會感到十分痛苦，但我會努力地堅持下去。

漸漸地，我發現我不像以前那般容易疲倦，也可以拿起更重的東西。媽媽的鼓勵是我堅持下去的最大動力，我相信未來的我會成為一個充滿自信的舞者，能由脆弱的醜小鴨蛻變成白天鵝，在舞台上跳出最動人的舞步。媽媽，我明白了，真的十分感謝您！

《我渴望取得好成績》

作者：五年級 I 班 謝雨岑

指導老師：馮雁屏老師

每當捧着分數不理想的試卷時，心中不禁湧起一個念頭：我渴望取得好成績，因為這不僅能讓我更加自信，還能讓爸爸媽媽露出欣慰的笑容。

以前，我上課時總是忍不住分心，有時候還會偷偷在課本上畫小人兒。做功課也常常拖拖拉拉，不到最後一刻絕不動筆，所以考試成績總是不太理想。看到許多同學們拿著滿是紅勾的試卷，我心裏既羨慕又難過，便暗下決心一定要改變自己的學習態度。

後來，我開始每天放學回家先把功課完成，再去看電視或玩玩具。上課時，我努力專心聽講，積極舉手回答老師的問題。遇到不懂的數學題，我會先自己反覆思考，實在想不出來，就主動請教老師和同學。我還準備了一本錯題本，把每次做功課及考試錯過的題目都記下來，並反覆練習。

我知道，好成績不是天上掉下來的禮物，而是每天一點一滴努力積累的結果。我相信，只要我堅持不懈地認真對待每一次學習機會，一定能取得好成績，讓大家看到我的進步。

《我渴望可以環遊世界》

作者：五年級I班 潘祉諾

指導老師：馮雁屏老師

我從小就有一個願望，就是環遊世界。還記得在我幼小的時候，爸媽告訴我和弟弟，地球上有許多不同的國家，有些地方終年積雪，有些地方四季如春。從那時起，我便渴望能親身探索這個廣闊的世界。

我渴望環遊世界，是因為想親眼看看各地的獨特風光。在香港，我看到的盡是高樓大廈，所以很想到其他地方見識一下。有些國家擁有遼闊的草原，有些則有蔚藍的海洋，這些都是我夢寐以求的風景。此外，我也想品嚐不同國家的地道美食。

世界上有些地方充滿着神秘色彩，令我嚮往不已。在南美洲的秘魯，我想親眼看看建在山脊上的馬丘比丘古城，感受印加文明的智慧。在非洲的坦桑尼亞，我想在廣闊的草原上觀看野生動物遷徙，體會大自然的奧妙。在北歐的冰島，我想欣賞變幻莫測的北極光，見證這種奇幻的自然現象。

要實現這個夢想，我必須做好周全準備。除了努力儲蓄外，我還要深入了解各國的歷史文化。我會先從鄰近國家開始，累積旅行經驗，再逐步探索更遠的地方。我相信只要按部就班，夢想終可實現。

環遊世界的意義在於拓闊自己的視野，豐富人生閱歷。當我們踏足不同的土地，接觸不同種族的人，便會發現世界遠比想像中廣闊。

每一次旅程，都是一次自我探索的過程，讓我們變得更成熟、更包容。我深信只要懷着這份信念，終有一天我能背起行囊，開展屬於自己的環球之旅。



《我渴望取得好成績》

作者：五年級I班 施子怡

指導老師：馮雁屏老師

每當看到同學們拿着高分的試卷，臉上洋溢着自信的笑容，我心中便湧起一股強烈的渴望——取得好成績。

曾經的我，總是把讀書當成一件苦事。放學回家，手機和電視永遠比課本更有吸引力，課業成績也因此像坐過山車一樣起伏不定。有一次英文考試，我只考了及格的分數，看着試卷上刺眼的紅叉，我終於意識到，再這樣下去，只會讓自己和身邊的人大失所望。

從那以後，我決心改變自己。我便制訂了詳細的讀書計劃：每天放學後先完成作業，再溫習當天所學的知識；上課時，我努力集中精神，把老師講的重點一一記下；我遇到不懂的問題，主動向老師和同學請教。就這樣，我度過了一個又一個埋頭苦讀的夜晚。正所謂「皇天不負有心人」，在最近的一次考試中，我的成績有了明顯的進步。當我取得試卷，看到自己的努力終於有了回報時，心中充滿了喜悅。這我明白到了，好成績從不是幸運，而是要用自律和堅持換來的。

這份渴望將會成為我前進的動力，我知道未來的學習之路還是很漫長，但我會帶着這份渴望，一步一步踏實地走下去，朝着目標向前邁進。

《我渴望快點長大》

作者：五年級I班 李卓芬

指導老師：馮雁屏老師

每當看着媽媽彎腰拖地時微微顫抖的肩膀，看着爸爸深夜還在電腦前敲打鍵盤的背影，我心裏悄悄冒出一個願望：我渴望快點長大。

長大之後，我就能幫媽媽分擔所有家務，讓她不用再在下班後拖着疲憊的身軀做家務；我就能替爸爸分擔工作，讓他不用再熬夜加班。我想快點長大，用自己的雙手撐起家的一角。

長大之後，我就能自己規劃時間，把學習安排得井井有條，不用爸媽再為我的學業而操心。我還能帶着他們去看風景，去海邊看海景，去山頂看日出，讓他們可以好好享受美好的生活。

當我幫媽媽把碗洗乾淨，看到媽媽驚喜的表情時，我忽然覺得自己離「長大」非常接近了。但我知道，真正的長大不只是幫家人做家務，而是承擔起各種責任。

我渴望快點長大，渴望成為爸媽的依靠，報答他們多年來的養育之恩。

《我渴望得到二胡比賽冠軍》

作者：五年級 G 班 蔡麗雅

指導老師：林滌珈老師

在我的琴盒裏，一直放着一張去年二胡比賽的二等獎獎狀。每當看到它，我心裏就湧起一股強烈的渴望，我要拿到那座屬於冠軍的獎盃。

為了這個達成目標，我每天都在練習室裏度過。從清晨到傍晚，《賽馬》的旋律在指尖流淌，手指被琴弦磨出了薄繭，手臂酸痛得幾乎抬不起來。老師說：「冠軍不僅需要嫻熟的技巧，更需要把情感融入每一個音符裏。」

於是，我對着鏡子練習表情，在腦海裏想像草原上奔騰的駿馬，讓音樂充滿力量。

比賽那天，我深吸一口氣走上台。當第一個音符從琴弦上躍出時，我忘記了緊張，只記得心中的渴望。曲終，掌聲雷動。當主持人念出我的名字時，我激動得熱淚盈眶。

原來，冠軍不是遙不可及的夢想，它藏在每一次堅持的練習裏，藏在對音樂的熱愛中。這份渴望，終於幫我走向屬於自己的舞台。

《我渴望快點長大》

作者：五年級 G 班 馬詩語

指導老師：林滌珈老師

每當媽媽結束一天的忙碌，還要在廚房裏熟練地做菜；看見爸爸深夜仍在書桌前處理工作，偶爾揉一揉酸脹的肩膀，我心裏總會湧起一股強烈的渴望——我渴望到我快點長大。

記得有一次大掃除，我想去幫媽媽洗碗，媽媽說：「你會打碎碗的，如果劃破小手會很危險。」我又想幫爸爸搬東西，但他卻笑着說：「東西太重不適合你搬，會扭到手的。」我只能坐在一邊的沙發上靜靜的看着爸爸媽媽的背影，看着爸媽的背影，心裏默默地感覺心酸，腦海裏一直閃爍著「你還小不適合」這句話，覺得我自己像隻籠中的小鳥，無能為力，總是被「你還小」這句話困住。

我渴望快點長大，因為我能擁有更多時間和自由，更想幫家裏面分擔點事情，不想再看見爸媽疲倦的身影；可以自己安排時間，不用爸媽擔心；可以去探索更廣闊的世界。更希望長大後能照顧爸媽。

後來我才明白長大不僅是長高變高和年齡增加，更是學會承擔責任和學會獨立與堅強。雖然現在我還是個五年級小學生，但我會好好學習，一步步自己變得更優秀、更可靠。

我依舊渴望長大，因為我相信，長大後的我一定展翅高飛，實現自己的夢想，也能守護我最愛的家人。

《我渴望長大》

作者：五年級 G 班 李長樂

指導老師：林滌珈老師

廚房裏，媽媽正踮着腳去拿吊櫃最上層的茶葉罐，手臂因用力而微微發顫。我站在一旁，看着她費力地維持著平衡，心裏像被什麼輕輕揪了一下——我多麼想立刻長高長大，輕鬆地幫她把那個罐子取下來。

大人們總說：「孩子只管讀書就好」，可誰又知道我的媽媽在超市裏精打細算，只為多買一杯我喜歡的牛奶。

昨天，我主動把陽台上被風吹倒的多肉植物一一扶正，又給它們鬆了土。

媽媽回來後看見，驚訝地睜大了眼睛，隨即露出了那種我許久未見的、帶着欣慰的笑容。那笑容告訴我，長大就是能讀懂生活裏這些細微的操勞，並用自己的雙手去分擔。

漸漸地，我不再只盯着店裏的新款玩具，而是會留意媽媽隨口說的想換個手機殼，盤算着自己存點錢為她買一個。我也開始學習在吃完晚飯後，把油膩的碗筷端進廚房，用溫水把它們先泡上，好讓媽媽洗碗洗得輕鬆點。

我渴望長大，不是為了自由，而是為了能成為媽媽的依靠，能在家裏為她分擔一點重量，分享一點輕鬆。

《我渴望地球上的動物永不落幕》

作者：五年級 G 班 李卓芸

指導老師：林滌珈老師

記得在去年的一節常識課上，老師在講到關於生態動物的時候，給我們觀看了一個關於動物滅絕的視頻。當我們全班觀看完這個視頻之後，氣氛都顯得有些嚴肅，彷彿空氣都停止了流動，此刻我才得知地球上居然有一些動物正在悄無聲地離開我們。

在這些已經滅絕了的動物裏，長江白鱔豚和大海雀令我印象深刻。長江白鱔是我國一級保護動物，可惜就是這樣的「長江女神」卻因為人類的過度捕撈、食物減少和水體污染導致它在二零零七年滅絕了。另外一種動物名為「大海雀」，由於它的繁殖率很低，於是有一些博物館便懸賞捕捉，再加上人類活動擠壓繁殖島也導致它滅絕了。我無法想像這些曾經生活在地球上活潑可愛的動物們，如今卻只留下一張張灰白的照片和一個個冰冷的屍體，這該有多絕望啊！

地球上的每一種生物都是一塊獨一無二的拼圖，如果這些拼圖都是完整的，就能拼湊出一個和諧和美麗的家園，可惜在人類的破壞下，這些拼圖的數量也愈來愈少，最終受到影響的只有人類。

所以，我希望地球上的動物可以永不落幕，這不僅是一個希望，更是我們每個人的責任。我們可以從身邊的小事做起，例如：節約水資源、少用塑料袋等。我們每個人都要愛護環境，因為這樣不僅能節約我們可用的資源，也能保護地球上的動物們。我相信在未來人類的保護下，每一隻動物都能幸福、快樂地生活在屬於自己的地盤。

《我渴望快點長大》

作者：五年級 W 班 吳峻林

指導老師：麥淑儀主任

我渴望能快點長大，不是因為我嚮往成年人的自由，而是想早點撐起這個家。

每天放學回家，我總看見媽媽拖着疲憊的身軀做飯，而爸爸則坐在沙發上揉着酸痛的腰。他們總對我說：「你還小，不用管爸媽，你努力讀書便是了。可我看見媽媽的白髮又多了幾根，爸爸的背已微彎，不再是挺直了。我想幫他們洗碗、打掃，想替他們分擔生活的重擔，可我連自己的學費都要靠他們辛苦掙來。

夜裏，我常常聽見他們為了房租、為了我的學費、為了家裏的開銷而低聲嘆氣。我只能躲在被子裏偷偷地哭，恨自己年紀太小，甚麼都做不了。我怕長大太慢；怕等我有能力孝順他們時，他們已經老了；怕我還來不及讓他們享福，歲月就先帶走了他們的健康。

我渴望長大，渴望有足夠的能力讓爸媽不用為生活奔波，讓他們能歇一歇息，能過上輕鬆的日子。

可我知道長大的路途還很漫長，我每一步都走得心酸又着急。

我渴望時間能夠快些過去，讓我快點長大，能成為父母最堅實的依靠，就像我小時候父母保護着我一樣。

《我渴望擁有超能力》

作者：五年級 W 班 管知行

指導老師：麥淑儀主任

早一陣子，因家中長輩患病而在醫院住了一段長時間，看到她身體日漸虛弱，病情沒甚麼好轉，當時我忽發奇想，假如我能夠擁有一種令病人瞬間康復的超能力，那就好了。

我渴望擁有超能力，而這超能力的操作很簡單，我只需要用手在病患者的額頭輕按一下，一股熱力便會從我的掌心散發出來，而患者的病就會立即痊癒。如果我擁有這種超能力，我第一時間會到醫院幫助家中的長輩，使她康復起來。此外，我亦會運用這種超能力治癒所有罹患絕症的病人，幫助他們康復。這種瞬間治癒的超能力，亦可醫治那些身體有傷口，受創傷的病人，只要我輕碰患者受傷的位置，傷口亦會馬上癒合。

除了人類，我亦可運用這種超能力幫助有需要的動物，分擔獸醫的工作，甚至救活那些垂死掙扎的流浪貓和狗。

可是，幫助人類和動物的同時，這種超能力也會帶來一些問題。因為使用這種超能力會減少人類和動物患病和死亡的機會，令人口和動物的數量急劇上升，導致糧食短缺，使人類和動物得不到溫飽，最終或會令人口和動物數量減少，甚至絕種。

我知道現實世界裏並沒有超能力存在，而我可以做的是努力讀書，將來成為一位醫生，用實在的能力去醫治病人。

《我渴望得到家人的陪伴、關懷》

作者：五年級 W 班 陳柏言

指導老師：麥淑儀主任

每天放學回家，推開家門，迎接我的總是無人的寂靜與涼了的飯菜。飯桌上只有我在默默吃飯，而客廳裏的電視機總是播放着無聊的節目。每天，爸媽總是忙於工作，早出晚歸。這種孤獨的感覺，讓我萌生了一個強烈的渴望：得到家人的陪伴與關懷。

記得有一年，學校舉行親子接力賽跑，以往這個比賽都是媽媽陪我參加，但今年媽媽因工作太忙，而沒有替我們報名參加這項賽事。看到那些參加了這項親子跑步比賽的同學們，他們的父親或母親陪伴他們一起跑步，跑得酣暢淋漓，我卻孤獨地坐在看台上，心裏很不是味兒。看着同學們有些拿着獎杯，我心想：我何嘗不想拿着獎杯呢？我的心臟像被針刺了進去，感到十分痛楚。我渴望爸媽能跟我一同參加親子跑步比賽，那怕只再參加多一次，我也會很雀躍。

還有一次，我生病發高熱，爸媽為我簡單處理一下，就離家出門上班去。我孤獨地躺在牀上，難受極了！家裏空無一人，我深呼吸了一下，回應我的只有回音。我只能拖着虛弱的身體，為自己量體溫。口渴時，我為自己倒一杯水喝。此刻，孤單、無奈、委屈的情緒融合在一起，讓我不自覺地哭了出來。我多麼渴望爸媽能在我身邊溫柔地撫摸着我的額頭，或給我一個深情的擁抱……

我很理解父母工作的辛勞，他們都是為我們這個家而努力，但我更渴望他們能有更多的時間和我相處，陪伴我成長。我真誠地渴望爸媽能夠聆聽我的心聲，那怕付出他們一絲一毫寶貴的時間陪伴我，我也感到足夠了。



《我渴望取得良好的學業成績》

作者：五年級 W 班 鍾旻穎

指導老師：麥淑儀主任

我渴望取得良好的學業成績，因為我想得到一份心儀已久的禮物。還記得兩個月前一次逛街時，我在商店的櫥窗看上了一隻巨型且毛茸茸的小熊娃娃，可是，當時媽媽並沒有把它買給我，媽媽只跟我說假若我能在總結性評估取得優異的成績，她就把小熊娃娃買給我，作為我努力讀書的獎勵。

自此之後，這隻毛茸茸的小熊便不停地在我的腦海裏出現，我每一刻都想帶它回家。從此，我每天放學回家後，便立即完成功課，並努力溫習。以前的我，放學後總是拖着懶洋洋的身軀，躺在沙發上發白日夢。但那隻毛茸茸的小熊好像是一種無形的推動力，鼓勵我要完成功課，並努力溫習。

總結性評估快到了，媽媽每天陪伴我溫習，無微不至地照顧我的起居飲食。在我疲倦的時候，媽媽都會為我遞上甜點，並慰問我說：「你還好嗎？溫習順利嗎？不如先吃一些甜點再溫習。」雖然只是簡單的慰問，但我已感到十分溫暖，使我更有動力，努力溫習。

現在，我每天放學後溫習課本已經成為我的習慣，那隻毛茸茸的小熊彷彿已被我拋諸腦後，取而代之的是媽媽關心我的那股熱流。

我漸漸發現，原來我渴望取得良好的學業成績，不是為了那種物質生活的虛榮感，而是為了無價的親情。媽媽，謝謝您。



《我渴望取得良好的學業成績》

作者：五年級 W 班 曾子樂

指導老師：麥淑儀主任

我升上五年級後，第一次考試的成績不似預期，中英數三個科目的成績只是一般，讓我感到很沮喪，也有點害怕。回家後，我戰戰兢兢地把試卷遞給父母簽名，他們不但沒有責備我，還安慰我。在爸媽的鼓勵下，我便下定決心，在下次考試時，要取得好成績。

要取得好成績，如果我只憑空想，是不能實現的，一定要作出行動。於是，我為自己訂立一個溫習的時間表，立下每天做完功課至少溫習一個小時的目標。而上課時，我會專心，不再與同學談天。遇上不明白的地方，我會立刻請教老師或同學。此外，我會減少娛樂的時間，把消閒的時間用於預習課本，希望我能慢慢地接近目標——在考試中取得好成績。

每天溫習前，我會先整理桌面和準備溫習的材料，讓自己能安靜、專心地學習。溫習時，我會把重要的資料用螢光筆畫上標記。遇到難題時，我會先自己多想一想，再翻查課本，如果我仍不懂這道題目，才請教父母或老師。這樣的溫習方法，能幫助我牢固地記住所學的知識。

溫習中文科時，我會熟背課文的重要句子和寫作技巧，也會默寫課文的詞語。至於英文科，我會默寫生字，遇上不會的字詞，我會查字典。而數學科，我會多練習計算和學習各個公式的由來。當我掌握溫習的方法，便對考試充滿信心。

我渴望下一次派發成績表的時候，可以看到自己各科的成績都有進步，並得到父母的讚賞。為了達成這個目標，我會繼續按照訂下的計劃溫習，即使遇上困難，也不輕言放棄。



《我渴望父母能多點陪伴我》

作者：五年級 W 班 許漢森

指導老師：麥淑儀主任

其實我有個小小的願望，就是渴望爸爸媽媽能多點陪伴我。

我渴望放學回家就能看見爸媽的身影，可是我一推開家中的大門，通常只有空蕩蕩的客廳迎接我，客廳裏只有我的呼吸聲，連空氣也是冰冷冷的，令我感到很孤單。

每天早上，我還未睡醒，爸爸媽媽就已經離家出門工作了。爸媽總說工作很忙，每天下班已是深夜，他們幾乎沒有按時回家吃晚飯，飯桌上總是只有我和傭人姐姐。

每次放學，很多同學都有爸媽前來學校接送，有些爸媽更會拿着香噴噴的食物給他們的子女享用，這些同學會喋喋不休地和父母分享學校裏的趣事，只有我背着沉甸甸的書包，兩手空空地回家去。街上，小販的叫賣聲都和我無關，我踢着小石，心頭苦澀的，孤單一人，獨自回到冰冷的家。

雖然我知道爸媽辛勤工作是為了改善我們的生活，但其實我不需要名貴的玩具，也不需要豐盛的大餐，我只想爸媽能給我說個故事，看着我寫作業，週末和我去公園散散步……偶爾跟我說：「加油！不要灰心！」可惜爸媽工作太忙了，根本沒有時間陪伴我。

夜裏躺在牀上，我睜着眼睛看着沒有人影的房間，很是孤獨。我渴望父母能多點陪伴我，這個願望藏在我心中已經很久了，希望總有一天能達成。



《我渴望取得好成績》

作者：五年級 T 班 沈千瑗

指導老師：司徒廣琪老師

今天上課時，老師叫同學們想一下自己想成為怎樣的人，有的同學想做遊戲主播，有的同學想做富豪，還有的同學想做班長，而我則渴望取得好成績，成為全班第一名。

為什麼我渴望取得好成績？因為想被父母和老師稱讚，想成為同學們的榜樣，這樣就可以入讀一間好中學。小學取得好成績也可以為未來困難的中學課程打好基礎。

自從上次收到成績表不理想後，我就開始反思自己有甚麼不足的地方，例如：上課經常做白日夢，和同學們聊天，考試前兩天才開始「臨急抱佛腳」。

雖然我渴望取得好成績的想法看似天方夜譚，其實只要我願意踏出第一步，把以前的壞習慣改掉，就可以獲得顯著的進步。從這個學期開始，我會專心上課，有不會的題目主動請教老師，養成每天溫書的好習慣，相信只要堅持，一定可以成功。

以後的日子，我相信在老師和同學的鼓勵之下裝備自己，以後每樣事情都做到盡善盡美。

《我渴望改掉壞習慣》

作者：五年級 T 班 許瑋恩

指導老師：司徒廣琪老師

我渴望改掉一個壞習慣，它就是——拖延，因為它已經影響了我的日常生活。

今天，我起床遲了五分鐘，但心裡毫無波瀾，沒有像之前那樣着急。就是因為我拖延，導致我到車站時，公交車已開走了，因此我遲到了，還被扣了平時分，但我竟然覺得無所謂。

中午，中文老師突然讓我們做小測，拿到考卷後，我覺得十分簡單，對我來說簡直是綽綽有餘。我做到一半時，有一道很難的題目一直解不開，甚至沒有解題思路。當我正在想的時候，我發現時間還剩下五分鐘，我嘗試把沒做完的題目全部亂蒙，最後還是沒做完，我開始有點在意這個「壞習慣」了。

午休後，全級進行了一場繪畫比賽，我很自信，因為繪畫是我的興趣，也是我的強項。我便信心滿滿地參加了。

到了比賽之時，主題是我擅長的彩色素描。可能是因為我太自信了，竟慢吞吞地起草稿，拖着拖着，便拖到只剩二十分鐘。我心急如焚，顏色還沒上完，十分鐘就已經過去了。我終於意識到這個「壞習慣」可怕之處。

經過今天的事情的發生，我便下定決心，要改掉這個拖延的壞習慣。

《我渴望小白能夠復活》

作者：五年級丁班 林莉馨

指導老師：司徒廣琪老師

在我六歲生日的那一天，媽媽送了一份禮物給我——一隻可愛的小貓。因為那隻小貓全身的毛都是白色的，所以我便把小貓命名為小白。

雖然小白已經有九歲了，但牠仍然活潑可愛、健健康康，沒有半點生病的樣子。我每次回到家，小白都會高高興興地迎接我回來呢！

我十分喜歡小白。每次起床的第一件事，便是餵小白吃小零食，然後給牠清潔身體和清理砂盤。每天放學回家的第一件事就是和小白玩耍，我們樂不可支，總是形影不離，我已經把牠當成我的好朋友了。

然而，好景不常，小白有一天突然不吃不喝，沒精打采地躺在地上。我和媽媽都緊張極了！馬上帶牠到寵物醫院看醫生。醫生告訴我們小白已經老了，身體開始變弱，可能活不了多久。我聽到醫生這番話後，簡直晴天霹靂，難以置信。我當場放聲大哭，想不到平日健健康康的小白竟然已快走到生命的盡頭，快要離開我了。之後每天我都和小白一起玩耍、睡覺，珍惜和小白的每分每秒。

兩個月後，小白終於不敵病魔去世。即使我已經有了心理準備，但還是無法接受。每次一想起小白和我在一起的回憶，都淚流滿面。

小白，你能復活嗎？我能再和你玩耍嗎？我能再和你一起睡覺嗎？小白，你能回到我身邊嗎？只是一天，一天就足夠了，可以嗎？



《我渴望家人多點陪伴我》

作者：五年級 T 班 游煥欣

指導老師：司徒廣琪老師

每當放學鈴聲響起，同學都興高采烈地撲向等候在校門的爸媽，而我卻只能默默地收拾書包，獨自走回家。

爸爸總是忙着工作，每天早出晚歸，有時週末也要加班，我常常等到深夜也等不到他的身影。媽媽要照顧年幼的弟弟，大部分都圍着弟弟轉。我多麼盼望着家人的關心呢！

記得上次學校舉辦親子運動會，看到同學們和他們的爸爸媽媽一起參加接力賽，笑得那麼開心，我心裡既羨慕又難過。我一個人坐在看台上，看着別人的溫暖的畫面，眼淚不知不覺地濕了眼眶。我多麼希望下一次運動會上，也能有爸爸媽媽陪伴我。

我知道爸媽很辛苦，他們努力工作是為了這個家。但是我還是忍不住希望他們能多留一些時間給我，哪怕是晚飯後一起散步或是睡前講一個故事，對我來說都是無比珍貴的禮物。

我希望家人能多一些陪伴我，不再感到孤單。

《我渴望得到比賽冠軍》

作者：五年級 T 班 黃旭洋

指導老師：司徒廣琪老師

運動會一百米預賽那天，操場上到處都是歡呼聲。我站在第三跑道，在等待的過程，我已經熱身了，緊握雙拳，心裡像揣了隻小兔子，呼呼地跳着。從練習的那天開始，我就渴望能進入決賽，一有時間我就會去練習，鞋底磨薄了，腿也練酸了。

「各就各位，預備，砰！」發令槍的聲音驟然響起，我猛地蹬步衝出去，可是腳不小心絆到了跑道上的小石子，差點摔倒在地上。但那時候，對手已經超過了我幾個身位，我用盡全身力氣衝了出去。

同學們在跑道外面大喊：「加油！」我咬緊牙關，跑了出去，風吹得耳朵嗡嗡響。我擺動着胳膊，邁開最大的步子，像追趕獵物的豹，一個、兩個……我陸續超過了前面的同學！

距離終點越來越近，我拚盡全身力氣衝刺，胸口悶得快要喘不上氣了。衝過終點線那一刻，我癱坐在地上，十分疲倦。結果，我拿到小組第二，小組第一是第四跑道的同學，我沒有進入決賽。

我，會繼續努力！

《我渴望快點長高》

作者：五年級 S 班 陳誦偉

指導老師：張麗玉主任

每個人都有心中渴望的事：有的人渴望快點長大，有的人渴望家庭幸福，有的人渴望貌美如花，有的人渴望俊朗不凡。那你又渴望甚麼呢？我就十分渴望快點長高，因為長高了，很多事情都會變得簡單、容易和便利。

當我去超級市場買零食時，我喜歡的零食總是放在貨架的頂部，猶如在山之顛一般。但我實在長得太矮了！太矮了！根本拿不到心儀的零食。每一次，都得麻煩超市的店員幫我拿取。所以，我真的渴望快點長高，那樣我就可以不用麻煩別人，自己就能拿到喜歡的零食了。

當我去參觀展覽時，那裏總是人山人海，擠得水洩不通，連一根針都插不進去。個子高大的遊客們總會擋住我的視線，我根本看不見各式各樣的展品，心裏好失望。所以，我真的渴望快點長高，那樣我就能「高人一等」，隨意地欣賞珍貴的展品了。

當我做運動的時候，我也渴望快點長高。因為不論是做甚麼運動，只要有驕人的身高，很多動作都會變得簡單：打排球時，無論是扣球還是攔網，我都有天然的優勢；打籃球時，無論是投籃還是搶籃板，我都能勝人一籌；打羽毛球時，無論是殺球還是防守，我都能得心應手。

我真的十分渴望快點長高，這樣一切就會變得簡單，變得容易，變得便利。我也會參照各種可行的辦法，例如多做運動、飲食均衡等，讓自己能夠變成一個讓別人帶着豔羨目光的高個子。



《我渴望與朋友永遠在一起》

作者：五年級 s 班 林玥兒

指導老師：張麗玉主任

我是五年級的學生，再過一年，就要和親愛的同學們分開了。我渴望能有一種神奇的魔法——讓我和好朋友們永遠不分離。

記得在籃球場上，我和同學們像一群快樂的小鹿奔跑跳躍。小明運球，我防守，當隊友成功投籃時，大家歡呼雀躍，擊掌慶祝的聲音像鞭炮聲一樣清脆響亮。我們的汗水在陽光下閃閃發光，就像我們熠熠生輝的友誼一樣。球場上洋溢着我們的笑聲，那是世界上最動聽的樂章。

在圖書館裏，我和同學們就像認真的小學者一樣研習。鉛筆在紙上沙沙作響，那是我們努力學習的聲音。清華的數學很好，總是不厭其煩地教導我；我的英文不錯，會幫助她解答疑難。我們互相鼓勵、互相扶持，是最好的戰友，也是最佳的夥伴。

週末的遊樂場是我和同學們的快樂天堂。我們相約到遊樂場玩耍，我們互相追逐，歡笑聲傳到九霄雲外。當我不小心摔倒時，大家便會紛紛跑過來關心我，令我倍感溫暖。玩得累了，我們坐在一起喝着甜絲絲的珍珠奶茶。甜蜜的滋味在心裏溶化，就像我們的友誼在心中流淌一樣。

我渴望和我的好朋友永遠在一起，雖然我知道「天下無不散之筵席」，但我堅信我們的友誼就像天上的繁星一樣，即使相隔千里，依然會互相輝映，永恆地閃爍着溫暖的光芒。



《我渴望時間能過得慢一點》

作者：五年級 s 班 李子龍

指導老師：張麗玉主任

凝神看着牆上的時鐘，秒針就像個不知疲倦的運動員，分秒必爭地轉動。我心裏突然湧起一個念頭：我真渴望時間能過得慢一點！我不喜歡被時間追趕的感覺，如果我能控制時間的速度，甚至能按下「暫停鍵」，將美好的那一刻停駐，那該多美好啊！

我渴望時間變慢，是因為想在熱愛的興趣中多留一會。假日裏，我最愛揮灑畫筆，當我沉浸在色彩斑斕的畫作中時，媽媽的催促聲總會響起。如果時間能夠過得慢一點，我就能把畫作修飾得盡善盡美，不會再因為匆匆忙忙而留下遺憾。

我渴望時間能走得慢一點，讓我留住與家人的溫馨時光。週末時，與家人一起野餐，我和爸爸揮汗如雨地踢球，媽媽和妹妹捕捉我們的笑臉。然而，快樂的時光總是過得飛快，太陽就像一個歸心似箭的急性子，趕着下山回家。如果時間能過得慢一點，我就能多聽幾個爸爸的笑話，讓這份幸福無限延續。

但細心一想，若果生病發燒，或是被長輩責備時，時間變慢豈不是會變得度日如年？這時，我才明白：時間是鐵面無私的法官。既不能讓它快步前衝，也不能讓它緩步遲滯。既然無法強留它的腳步，我決定把握當下：畫畫時全程投入，玩耍時盡情大笑，就算時間過得再快，我也不會再留有遺憾。

雖然時間流逝的速度是無法改變的，但我依舊渴望時間能過得慢一點，讓更多美好的時光，成為我難以忘懷的珍貴回憶。



《我渴望快點長大》

作者：五年級 s 班 張灝謙

指導老師：張麗玉主任

每個人心裏都有渴望得到的東西，或許是金錢，或許是名利……你知道我最渴望甚麼嗎？就是快點長大。

小時候，我特別渴望長大，因為大人總說小孩子不能喝汽水，小孩子不能玩過山車，小孩子不懂很多事……但我渴望長大的原因卻不是這些，因為這些事情對我來說已經不重要了，而是一些現在對我來說是格外重要的事情……

長大後，我想到駕駛執照。我想自駕遊遍中國的大好山河，去探尋不同的歷史名勝，體驗各地獨特的風土人情，還能自由自在地欣賞沿途的風景。正所謂「讀萬卷書不如行萬里路」，自駕旅行能跨越時間和空間的限制，讓我能隨時隨地都能學到新的知識。

長大後，我想登上世界第一高峰——珠穆朗瑪峰。站在峰頂遠眺，一望無際的景色盡收眼底，山體溝壑縱橫，冰川密佈，絨布冰川就像一條銀色的巨龍蜿蜒而下。山峰在雲霧中若隱若現，讓人油然而生一種大地就在腳下的豪邁感覺。

長大後，我想回報養育我成長的香港，報效培育我們的國家。近年來，香港和國家都十分注重人工智能等高新科技的發展，我要好好充實自己，努力學習科技知識，緊跟全球發展的大趨勢，為香港、為我們的國家貢獻自己的力量！

我真的太渴望長大，長大後想做的事情實在太多了！但現在的我必須好好學習，不斷充實自己，為將來實現這些目標打下穩穩當當的基礎。



《我渴望成為一隻小鳥》

作者：五年級 S 班 袁希瑜

指導老師：張麗玉主任

從小時候到現在，我一直都渴望成為一隻小鳥。你想知道我為甚麼渴望成為一隻小鳥嗎？讓我告訴你吧！

我渴望成為一隻小鳥，因為我想擁有一對翅膀，能夠在廣闊的天幕上自由自在地飛翔。我很想飛到世界各地，去觀賞當地的名勝古蹟：我可以飛到美國，和自由女神像握手；我可以飛到英國，在大笨鐘前停留；我可以飛到埃及，站在金字塔頂上欣賞風景……我要在世界各地留下我的足跡，讓我大開眼界、增廣見聞。

我渴望成為一隻小鳥，在天空中俯瞰整個世界：當我看見辛勞工作的送貨員和地盤工人，我會為他們搨一搨翅膀，給他們帶來涼風，讓他們感到一絲絲清涼；當我看見害蟲侵襲農作物時，我會發揮「捕蟲高手」的本領，飛到農場幫農夫捕捉害蟲，也能讓自己飽餐一頓豐富的蛋白質美宴。當我看見人們愁眉不展時，我會清清嗓子，運用我天賦的美妙歌喉，飛到樹梢上，為人們唱着清脆悅耳的歌曲，洗滌他們的心靈，驅走他們的煩憂。

我渴望成為一隻小鳥，一隻飛行速度比戰鬥機還要快的小鳥。每當被媽媽教訓的時候，我就以極快的速度飛走，等她消氣了，再回到媽媽身邊。

我真的真的很渴望能夠成為一隻小鳥，一隻每天過着自由自在、不受拘束、無憂無慮的生活，更是一只能為他人帶來歡愉的愛心小鳥。

《我渴望有一個弟弟》

作者：五年級 L 班 李盈

指導老師：蔡偉傑主任

我渴望有一個弟弟，因為這樣就可以有人陪伴我，而有一個弟弟就會多一份溫暖，令家庭更熱鬧。

如果有一個弟弟，我會和他一起玩耍、教他做功課、教他基礎知識和一起去旅行等，都是一些可以一起做的事情！而當弟弟長大後，他還可以跟我一起學習。

有弟弟有好處嗎？當然有！我們可以互勵互勉、互相合作、彼此關注和互相學習等。除了這些，還可以互相幫助，幫助才是重點。

如果有弟弟，會令家庭增加了一位「小助手」，有很多事情都可以幫忙。除了可以分擔一些工作外，其實也多了一位「小棉襖」，為什麼這樣說呢？因為當家人生病時，他可以幫忙拿藥。

很多人都說有兄弟姊妹很令人煩躁，其實並沒有想像中那麼煩躁，這看你自己是否愛他們。

《我渴望得到機器人比賽冠軍》

作者：五年級 L 班 薛俊熙

指導老師：蔡偉傑主任

我有一個夢想，就是拿到機器人比賽的冠軍。

我從小就喜歡機器人，我就深深愛上了這項有趣的挑戰。每天放學後，我都會抽出時間練習，我反覆修改程序、代碼。遇到難題時，我不會輕易放棄，我會問同學和老師，直到把問題解決。

後來，我參加了一個比賽。由於我們沒有改造好，也沒有充足預備，所以我們輸了。但是我們的領隊老師，她說這次比賽是給我們累積經驗的。我們要在學校加強比賽練習。

冠軍不是憑空而來的，它需要不斷的練習、思考、努力和堅持。我知道，只有付出比別人更多，有決心，才能離夢想更近一步。我會帶著這份渴望，勇敢前行，全力以赴去爭取屬於我和學校的榮譽。我的腦子裡幻想着我和同伴共同拿獎的畫面，好極了！

我相信，只要不放棄，我的夢想終會實現。

《我渴望籃球可以入四強》

作者：五年級 L 班 鄭心嫻

指導老師：蔡偉傑主任

自從我們籃球隊成功擠進全港八強名單後，球場上的空氣彷彿變得凝重起來，我看着對賽表上實力強勁的名校，我心跳加速，內心響起了一個目標：我們要讓球隊更進一步，衝擊那夢寐以求的四強席位。

我們為了達成這個目標，練習變成了「地獄模式」，連放假的時間也要回校練籃球。我們每天在球場上無止境地跑步，每一次衝刺，球鞋摩擦地面的吱吱聲，聽起來就像在為我們打氣。雖然我的雙腿很累，但只要想到入四強的目標，我便會咬緊牙關，堅持不懈地跑下去。

籃球是一個團體合作的運動，在練習比賽當中，我和我的隊友們反覆磨練戰術，務求做到天衣無縫的配合。每一次精準的傳球，都讓我們更加團結。我深知要進入四強，我們必須付出雙倍的努力。

「世上無難事，只怕有心人」我如果真的入了四強，證明汗水沒有白費掉。

但我相信，只要我們協力同心，這一份渴望終會變成現實的。加油！

《我渴望爸媽多點陪伴我》

作者：五年級 L 班 韓卓玥

指導老師：蔡偉傑主任

你知道我最渴望的事情是什麼嗎？就是爸爸媽媽可以多點陪伴我。

每星期天，爸爸都會和我一起玩遊戲機、到戶外做運動、去遠足、教我做功課，他還會教導我功課以外的知識。媽媽經常用心地教導我，媽媽比較嚴格，所以好少機會和她一起玩耍。

爸爸媽媽總是忙碌地工作，我多麼希望他們能多陪伴我啊！

記得那次學校舉辦親子運動會，看著同學們和爸媽一起參加比賽，臉上洋溢著幸福的笑容，我卻只能獨自站在一旁。那一刻，我心裡空落落的，特別羨慕他們。我多希望我的爸媽也能在我身邊，和我一起完成比賽。

爸爸媽媽，我知道你們努力工作是為了給我更好的生活。但對我來說，再多玩具和零花錢，都比不上你們的陪伴。

我只希望，在我考試進步時，你們能給我一個擁抱；在我歡喜雀躍時，你們能與我一同歡笑慶賀；在我遇到挫折時，你們能摸摸我的頭鼓勵我。讓我能真切地感受到家的溫暖、完整的愛。

《我渴望快點長大》

作者：五年級 L 班 王明瀚

指導老師：蔡偉傑主任

每當看見大人們自由自主的樣子，我心裏就充滿嚮往，我多麼渴望快點長大，去擁抱更精彩的明天。

長大對我來說，是一件充滿希望的事。我渴望長大後能擁有更多本領，學會更多知識，變得獨立自信，不再因為小事而猶豫膽怯，用自己的能力勇敢面對困難。

我渴望快點長大，去守護我最愛的家人。爸爸媽媽每天為家庭奔波忙碌，照顧我長大，十分辛苦。我想趕快長大，分擔他們的煩惱，照顧他們的生活，用自己的行動回報他們的愛，讓他們多一份輕鬆與快樂。

長大，還意味著責任與勇敢。我希望自己長大後，面對困難能迎難而上，面對挑戰能堅持不懈，像驕陽下的向日葵一樣，永遠朝著光亮努力生長，成為一個有擔當、有力量的人。

我渴望快點長大。我會珍惜現在的時光，好好學習，不斷進步，一步步變得成熟優秀。我相信，只要努力向前，在不遠的將來，我一定會長成自己期待的模樣，綻放屬於自己的光彩。

《我要克服內心的恐懼！》

作者：六年級I班 葉曉晴

指導老師：卓嘉欣副校長

從小我就十分膽小，最害怕的事情莫過於上台發言。只要一站在同學們面前，我便會心跳加速、手心冒汗，腦子瞬間一片空白，連一句完整的話都說不出來。我始終不敢嘗試，總是擔心自己講錯話，被大家取笑。

有一次上課，老師突然點名讓我上台分享假期生活。我聽後心裡頓時慌亂不已，雙手不住發抖，站在講台前遲遲不敢開口，差點就想放棄，趕緊跑回座位。

在這時，我看見老師和同學們都投來鼓勵的目光。我暗暗告訴自己，一定要勇敢，不能輕易退縮。於是我閉上眼睛深呼吸，努力讓情緒平靜下來，漸漸鼓起勇氣。

我緩緩開口，一開始聲音細小微弱，後來越說越順利。當我認真分享完自己的故事，全班同學立刻為我熱烈鼓掌。

這次經歷讓我深刻明白：恐懼不過是心裡的一道障礙，只要勇敢面對，就一定能戰勝它。從此以後，我不再懼怕上台發言，終於克服了內心的恐懼，成為了更勇敢的自己。

《我要勇敢面對挑戰！》

作者：六年級I班 羅珩心

指導老師：卓嘉欣副校長

有人說：「挑戰讓生命充滿樂趣；克服挑戰讓生命充滿意義。」我曾經勇敢地面對了一個挑戰，不但讓我提升了自信心，更讓我明白了克服挑戰的意義。

記得我剛學游泳時，總是像一塊大石頭一樣沉到水底，還會不停喝水，難受極了。日子一久，我便萌生了放棄游泳的念頭。

當我哭着對媽媽說不想去游泳時，媽媽溫柔地對我說：「遇到一點困難就放棄，是永遠不會成功的。只有勇敢面對挑戰的人，才能實現夢想。」聽到媽媽的話後，我又想起爸爸曾經說過我名字的含義：既希望我像玉石般珍貴，也希望我做事有恆心。於是我對媽媽用力點點頭，決心勇敢地克服挑戰——一定要學會游泳。

從此，每個星期日我都會去游泳。無論是酷暑、陰雨，還是寒風，泳池裡總能看見我的身影。因為我心裡有一個信念：只有勇敢面對挑戰的人，才能實現夢想。正所謂，「世上無難事，只怕有心人」，我終於像一條靈活的小魚，能在水裡輕快地游來游去。

現在每當我在水裡暢泳時，我就會充滿信心，堅信自己能接受更大的挑戰！

《我要勇敢面對挑戰！》

作者：六年級 I 班 蔡琳

指導老師：卓嘉欣副校長

以前的我，遇到困難時總會退縮，不敢大膽嘗試，總擔心自己做得不好。直到那次準備中學面試，我才真正學會了勇敢面對挑戰。

一開始，想到要面對陌生的老師、回答各種問題，我心裡十分緊張，甚至萌生了逃避的念頭。爸爸媽媽看出了我的不安，鼓勵我說：「不用害怕，只要認真準備，大膽表現自己就很好了。」他們的鼓勵讓我鼓起勇氣，決定好好努力。

從那以後，我每天堅持練習自我介紹，對着鏡子調整表情和語氣，還和家人一起進行模擬面試。雖然有時會覺得辛苦，也會擔心表現不好，但我沒有放棄，始終堅持。

面試當天，我深吸一口氣，平靜地走進考場。我認真聽清問題，沉著、大膽且清楚地回答。雖然心裡仍有點緊張，但我努力讓自己變得自信。結束後，我格外開心，因為我戰勝了心裡的緊張與不安。

這次經歷讓我明白：挑戰不可怕，可怕的是不敢面對。只要勇敢嘗試、堅持努力，就一定能克服困難。今後無論遇到任何事情，我都會勇敢面對，做一個更自信、更堅強的人。

《我要勇敢面對挑戰！》

作者：六年級 G 班 陳梓馨

指導老師：蔡妙瑜老師

在成長的道路上，每個人都會遇到各種挑戰。對我而言，那一場令我刻骨銘心的運動比賽，就是我學會勇敢的起點。

比賽前夕，我每日都頂着猛烈的陽光練習跑步。然而，過程並不順利，我的成績始終停滯不前，動作亦都經常出錯。看着隊友流暢的表現，我開始感到焦慮，甚至產生了退縮的念頭，覺得自己可能無法勝任這場比賽。

正當我陷入低潮的時候，蔡老師走過來鼓勵我。她溫和地對我說：「挑戰不是為了擊敗你，而是為了讓你更強，只要你不放棄，你已經贏了你自己。」這番話像是一股暖流，重新燃起了我的鬥志。

比賽當天，站在起跑線上的我雖然緊張，但腦海中不斷迴響着老師的話。發令槍響，我全力以赴地向前衝，汗水浸透了衣衫，雙腳雖然疲憊，但我始終沒有停下腳步，一心只想著完成目標。

這一刻，我明白到人生就如登山，只要我鼓起勇氣，面對挑戰，前方一定有更美好的風景。

《我要留住那些時光》

作者：六年級 G 班 許卓然

指導老師：蔡妙瑜老師

是甚麼時候開始，我慢慢意識到我希望留住這一刻了？也許是那一天，我收拾房間時無意間發現五年級時的功課和書本靜靜地躺在書櫃裏。我才忽然發覺時間過的那麼快，一轉眼離畢業只剩下不到四個月的時間。

昨天，走過那條熟悉的走廊，聽見同學們一如既往地打招呼、互相問好，清晨的陽光灑在欄桿上，身後有朋友追上來與我一起走入課室。灑在地面上的陽光像是給整間學校披上了一層薄紗，清晨的校園十分寧靜，只剩下大家打招呼和輕輕地交談聲。平時，我從沒覺得這平凡的早晨有多麼特別，但是今天，我忽然希望自己能留住這一刻。

午息時，我走下樓梯，路過操場，站在那一棵陪我們走過許多時光的鳳凰木下，它見證了我們無數時光：有時是興高采烈地；有時是悶悶不樂地；也有時是匆匆忙忙地。在這棵樹下，我曾在體育課時和同學們聊天、乘涼。接着，我走進校禮堂，這裏也收藏了許多關於我們的美好回憶。想到平時我們早禱、升旗和聽講座的样子，我竟不再覺得無趣，我只想留住這珍貴而又轉瞬即逝的時光。

放學後，我走出校園，風吹動鳳凰木葉片發出的「沙沙」聲，好像在道別。我一回頭，輕輕擺動的鳳凰木的枝葉彷彿在說：「去吧，去迎接你燦爛的未來吧！」

母校啊！你是一個溫暖的港灣！我知道這一刻是留不住的，但我一定會永遠記得你對我深刻的教導。



《我要做父母的好孩子！》

作者：六年級 G 班 何妍翹

指導老師：蔡妙瑜老師

父母養育我長大，付出了無數的汗水與心血。我不禁問自己：怎樣才算是一個「好孩子」？我決心從現在起，用行動來報答他們的養育之恩，成為一個令他們感到欣慰、驕傲的好孩子。

在家庭生活中，我要學會體諒與分擔。好孩子不應該是家裏的「小皇帝」，而應是父母的小幫手。每天放學回家，我會主動分擔家務，如掃地、擺放餐具，減輕父母的負擔。當爸爸下班回家，我會熱情地歡迎他回家。

在學習上，我要做到自律與勤奮，不讓父母操心。好孩子應該明白，努力讀書是對自己負責，也是對父母最好的回報。我會堅持每天準時完成功課，遇到困難主動思考，不再依賴父母催促。在學校裏，我會尊師重道，與同學和睦相處，爭取在各方面都有所進步，讓父母在接到我的成績表時，能露出欣慰的笑容。

除了具體的行動，我還要學會控制自己的情緒。進入青春期的我，有時會因為感到不滿而會向父母發脾氣，但好孩子應該學會冷靜。我會嘗試站在父母的角度思考問題，耐心聽取他們的教誨。

「做個好孩子」不是一句口號，而是一份沉甸甸的責任，更是一份長久的承諾。我明白自己還有很多不足，但我會持之以恆，從每一件小事做起。我希望通過自己的努力，讓父母每天都過得開心、安心。



《我要勇敢面對寫作困難》

作者：六年級 W 班 陳修己

指導老師：凌靜儀副校長

放假的時候，我有空靜下心來思考未來。接下來的呈分試，我有甚麼困難要克服呢？首先闖入腦海的是——一隻耀武揚威的攔路虎：寫作。

在很長的時間，我一直對寫作感到頭痛，一聽到有關的功課就感到無奈，猶如一個被迫上戰場的士兵。我明白敬而遠之是沒可能的，因此我下定決心，要勇敢面對寫作困難。

究竟是甚麼令我害怕寫作呢？想起考試時腦袋一片空白，絞盡腦汁也於事無補，我就感到分外焦慮。首先，我要保持冷靜，切忌把困難放大，令自己亂了陣腳。只要有了信心，我定能事半功倍。除了要為自己打氣外，最關鍵的就是要有扎實的語言能力和豐富的想像力，而目前這兩種能力都是影響我寫作水平的「肇事者」。

為了解決寫作困難，我在小息時請教老師。中文老師了解我的情況後，語重心長地說：「別着急！『只要功夫深，鐵杵磨成針』。只要你多閱讀優秀作品，在閱讀時摘錄佳詞、佳句，養成每天動筆寫作的習慣，就能循序漸進地提升寫作能力。」

從此之後，我一直跟隨老師的建議。在我勇敢面對困難後，我的寫作能力已逐漸提升，在最近一次寫作，更有得心應手的感覺呢！真是很有滿足感，我相信呈分試的寫作成績會越來越好。



《我要超越自己》

作者：六年級 W 班 楊泳瑤

指導老師：凌靜儀副校長

成長就像一場漫長的比賽，不必每次都跑在最前面，只要一次次地超越自己，就是最耀眼的勝利。

還記得四年級的時候，我的成績不是太好，特別是數學科。每次做數學測驗，都令我頭昏腦脹。當老師發回測驗時，我看了看自己的成績，又看了看別人的成績，心裏真是又嫉妒又失落。那時，我暗暗發誓要超越自己，不再做那個畏縮，遇到問題就放棄的人。

從那天以後，我一有空，就會取出練習冊，鞏固上課的知識；更會不時閱讀一些與數學相關的課外書。一開始，我似乎停滯不前，難題不斷出現。我告訴自己要再堅持，哪怕只是前進一步。

在無數個夜晚，月光陪着我前進，我慢慢調整呼吸，一題又一題的題目被寫上答案。日子一天天過去，我的計算能力愈來愈好，數學成績也愈來愈優異。超越自己，並不是要很厲害，而是要比昨天的自己更加優秀。小草衝破泥土，不是為了和大樹比高低，而是為了迎接陽光。

如今的我，不怕困難，也不再畏懼。我明白了一個道理：生命中最美的就是不斷地超越自己。

《我要改變》

作者：六年級 W 班 麥柏浩

指導老師：凌靜儀副校長

那天，我失望地坐在書桌前，看着滿是改正的功課，心裏突然冒出一個念頭：我要改變！這句話語，宛如一道破雲而出的陽光，瞬間照亮了我心中的陰霾。為甚麼我要改變？因為我不想被惰性阻礙我的腳步。每次看到別人努力進步，而自己卻停留在原地，我便非常失落。改變，對我來說，是一個重新開始的機會，讓我變得更好。

當然，改變並不容易。我試過早起溫習，但有時還是忍不住賴床；我試過專心做功課，但偶爾會被手機吸引。雖然過程中有失敗、有挫折，但我沒放棄。我時常提醒自己：每天進步一點點，哪怕只是做好一題數學題目，也是一種改變。

慢慢地，我發現自己真的改變了。我變得更專心，做事也更有耐力。以前覺得很困難的題目，現在竟然能輕鬆解決。

原來，只要肯努力，改變不是夢想。「我要改變！」這句話不再是一個想法，而是我每天努力的方向。只要我堅持，我一定會持續進步！

《我要在呈分試前堅持到底》

作者：六年級 W 班 陳榮軒

指導老師：凌靜儀副校長

「還有一周就是呈分試了。」老師的這句話一直在我的腦海中浮現。書桌上堆滿的筆記和練習卷，牆上貼着的溫習時間表，無一不在提醒我：這場仗，我必須打贏，我要在呈分試前堅持到底！

然而，堅持的過程並不容易。深夜十一時，我對着一份數學卷，同一道題目錯了三次。眼皮沉重，手指像地震一樣不斷顫抖，幾乎握不住筆杆。望向窗外，想起同學們或許在玩遊戲，我心裏冒起一把聲音：為什麼我要這樣辛苦？不如算了吧，明天才溫習。

正當我想合上書本之際，房門被輕輕地打開。母親放下了一杯熱牛奶，輕聲對我說：「早點睡吧，明天再溫習，我陪你。」望着她離去的背影，我突然想起：母親每天下班後還要陪我溫習，她這樣辛苦也沒有抱怨，我怎可以放棄呢？那一刻，我決定重新振作。

從那天開始，我跟自己約法三章：溫習時間收起電話，每天完成溫習目標才可以休息。即使很疲倦，我也會對自己說：「多做一會兒吧。」有時同學相約外出，我會忍痛拒絕。我把升讀的目標中學照片貼在書桌前，每次想放棄時便看一看，提醒自己最初的夢想。

呈分試終於結束了。成績如何，我不知道，但我很肯定，我盡了全力，堅持到最後一刻，沒有辜負自己，也無怨無悔。



《我要克服內心的恐懼》

作者：六年級 W 班 林俊希

指導老師：凌靜儀副校長

今天下午，天空突然一片烏黑，窗外傳來一陣震耳欲聾的打雷聲。頓時，我被嚇得鑽進被窩。雷雨聲沒有停止，我才發現忘了關上窗戶，因為當時家中只有我一人，讓我格外慌張。

狂風如野獸一般撲來，不停地衝向我那弱不禁風的堡壘之中，窗簾也被吹得發出沙沙聲，雨點就像是一顆顆子彈一樣打在窗戶上，發出噠噠噠的巨響。不久，我聽到外面沒有動靜，想要探出頭來，結果那頭兇猛的野獸，張着血盆大口再次向我飛撲過來，幸好我即時用被子蓋住身體，不然恐怕就會……

最後，我鼓起勇氣，決心要克服內心的恐懼。我把被子輕輕拉開。一聲巨大的雷聲打響了我們的戰鬥，狂風捲着沙塵襲來，逼得我緊閉雙眼。由於視線受阻，我只能在黑暗中憑着觸覺，在地上摸索前進，差點就想打退堂鼓了。

風知道我處於下風，就更用力，誓要把我吹倒。我冒着猛烈的攻擊，冒死關上窗戶，快成功的那一刻，風還在垂死掙扎。最後我把它緊緊鎖在窗外，雨滴滴答答的，像在為我的勝利而歡呼。

經過這次經歷，我明白到只要戰勝內心的恐懼，就能變得勇敢，成就更多的不可能。



《我要克服困難！》

作者：六年級 T 班 黎音廷

指導老師：陸雋鵬老師

今年暑假，我路過一個公園，看見幾個小孩在玩高空項目，一幕幕熟悉的畫面瞬間湧上心頭，讓我想起了那一次難忘的經歷……

那天是個天氣清爽的夏日，我在公園裏發現了一個高空挑戰項目，頓時心生好奇，興趣十足。我興奮地拉着媽媽的手，一溜煙地跑了過去。

當我穿好安全裝備，原本信心滿滿地走上平台，可一往下望向地面，心頭猛地一緊，雙腿瞬間就軟了。怎麼辦？這麼高，我肯定走不過去。我心裏打起了退堂鼓，連腳步都猶豫起來。媽媽看出了我的膽怯，溫柔地鼓勵我：「加油！不要放棄，專心看前方，別向下看。」媽媽的話像一顆定心丸，提醒着我一定要勇敢克服困難。於是，我深吸一口氣，鼓起勇氣，顫顫巍巍地踏出了第一步。

我專注地看着腳下的路，緊握扶手，漸漸找回了信心，一路順利地通過了好幾關。可這個高空項目，並沒有我想像中那麼簡單。望着眼前搖搖晃晃的繩子，我的心又揪了起來，再次萌生放棄的念頭。但抬眼望去，媽媽遠遠地站在下方為我揮手打氣，我咬咬牙，再次伸出腳，一步一步小心翼翼地向前邁進。終於，我順利抵達終點，敲響了終點鈴，心中高興無比，激動得幾乎要跳起來。

那天的經歷，讓我滿滿都是成就感。我不僅完成了挑戰，更學會了無論遇到甚麼困難，都要堅持到底，絕不輕言放棄。希望今後我能憑着這份勇氣，戰勝生活中更多的挑戰。



《我要克服恐懼！》

作者：六年級 T 班 胡焯然

指導老師：陸雋鵬老師

每個人心裏都有害怕的東西，像藏在暗處的小怪獸，我也不例外。以前的我膽小又懦弱，遇到一丁點兒困難就想往後縮，就像一隻受驚的小兔子，就連在眾人面前發言，都緊張得手心冒出汗，聲音像被風吹得發顫的樹葉，抖個不停。

記得有一次，老師讓我在同學面前分享我的寫作。我忐忑地站在教室前，看着全班同學的目光，「唸」的一聲都聚在我身上，像一束束小燈光，亮得我睜不開眼，大腦頓時像被清空的抽屜，一片空白，連想說的話都忘得精光。那一刻，我恨不得找個地縫鑽進去，立刻逃離這個讓我心慌的地方。從那以後，我更加害怕當眾說話，默默躲在教室的角落裏。

後來，老師和身邊的朋友像一束束溫暖的陽光，不斷鼓勵我，告訴我恐懼不可怕，它就像紙老虎，看着嚇人，其實不堪一擊，不敢面對才是最可怕的。我坐在座位上，不禁想了又想，心裏的勇氣慢慢冒了出來，便下定決心，試着改變自己：上課的時候，我鼓起勇氣，主動舉手回答問題，在心裏悄悄為自己打氣。雖然這個過程像爬一座小山坡，格外困難，每次站起來都讓我緊張得心臟怦怦直跳，但我仍然咬着牙，堅持了下去。

慢慢地，我發現恐懼並沒有想像中那麼可怕。只要鼓起勇氣，勇敢地邁出第一步，這只藏在心裏的小怪獸就會慢慢往後退，再也不敢嚇唬我。現在的我已經能從容地站在大家面前，大聲表達自己的想法，再也不會緊張得發抖了。

這件事像一顆閃亮的星星，照亮了我的成長路，讓我明白：成長就是不斷戰勝自己的過程。只要勇敢面對，不逃避、不畏懼，勇敢地克服內心的恐懼，就一定能掙脫膽怯的束縛，成為更自信、更堅強的自己，活成自己喜歡的樣子。

《我要實現乒乓夢！》

作者：六年級T班 洪偉穎

指導老師：陸雋鵬老師

我從小就喜歡乒乓球，每一次揮拍、每一次救球，都像灑在心間的陽光，讓我滿心快樂，也收獲滿滿的成就感。漸漸地，一顆夢想的種子在我心裏悄悄發芽——我將來一定要成為一個乒乓球教練。

我想成為乒乓球教練，不只是因為熱愛打乒乓球，更希望把這項充滿魅力的運動帶給更多人。乒乓球不僅能鍛煉我的體能，讓我變得更加自信，還教會了我永不言敗的寶貴精神。我希望自己能耐心教導學員，從最基礎的握拍、站姿，到各種進階技巧，一步一步引領他們慢慢進步、不斷成長。

當乒乓球教練，更要擁有一顆負責任的心。訓練時要嚴格要求，休息時則要溫柔關心，讓學員們在友愛溫暖的環境裏快樂學習。我希望學員不只學會扎實的乒乓球技術，更能在訓練中學會尊重、合作與直面困難的勇氣。

為了實現這個夢想，我會不斷磨練球技、提升自己。我堅信，只要堅持不懈、永不放棄，總有一天，我能成為一名稱職的乒乓球教練，陪伴我的學員一同成長，讓乒乓球帶來的快樂，傳向更遠、更廣的地方。



《我要升讀理想的中學！》

作者：六年級T班 賴泳妍

指導老師：陸雋鵬老師

我要實現心中的夢想，努力考上那理想的中學！

為了這個藏在心底的目標，我每天像勤勞的小蜜蜂一樣，專心致志地上課，一絲不苟地溫習，認認真真地做練習，踏踏實實地去上補習班，盼着自己的成績能像小樹苗一樣，一天天成長。可是，學習的路就像迂迴曲折的小徑，從來都不是一帆風順的。就在我想要放棄的時候，媽媽敏銳地察覺到我心底的煩惱和無助。她輕輕坐在我身邊，陪着我一起在網上搜尋資料，一頁頁瀏覽心儀中學的介紹，鼓勵我不要輕易放棄心中的夢想。

一個陽光明媚的星期六，媽媽牽着我的手，帶我走進了心儀中學的開放日。一踏入校園，嶄新的設施、寬闊的操場、五花八門的課外活動，校園裏的每一個角落，都悄悄散發着濃厚的學習氣息。其中，最讓我印象深刻的是校長的講話，當提到學校每月都會帶領學生走出校園交流，去不同的國家探究悠久的歷史和獨特的文化時，我心中更加堅定了升讀這所中學的決心。我們先後參觀了課室、藝術室和電腦室，之後還參加了有趣的手繪活動，親手畫出一朵燦爛的花。我暗暗期許，自己也能像這朵花一樣，在心儀的中學裏，綻放光芒。

自從那次開放日活動後，我學習更用心，像加滿了油的火車，朝着目標奮力前進。遇到不明白的地方，我就主動向老師請教；每天堅持不斷複習、仔細檢查、認真改進，不放過任何一個小漏洞。終於，功夫不負有心人，我的考試成績比想像中還要理想，也順利通過了緊張的面試。

當我雙手接到心儀中學的錄取通知時，興奮和喜悅像一羣歡快的小鳥，在我心中盤旋、飛舞。那一刻，我深深明白，只要不怕困難、勇敢堅持，像小樹苗一樣頂住風雨，夢想就一定能開出最美的花。

《我要勇敢面對挑戰》

作者：六年級 S 班 鍾梓謙

指導老師：香雅儀老師

曾經的我，就像一隻縮在殼裏的烏龜，遇到困難就躲起來，不敢向前邁步。直到那一次英文朗誦比賽，我終於鼓起勇氣，向挑戰伸出了手。

記得四年級時，當老師宣佈校際英文朗誦比賽接受報名，同學們都躍躍欲試，我卻害怕被點名要參加比賽。我從小膽怯內向，害怕在眾人面前說話，一站在臺上就心跳加速，雙腿發軟。可是當我看着同學們滿懷期待的模樣，心裏突然冒出一個念頭：我也想試試，不想永遠膽怯。

比賽日前，我利用課餘時間認真地練習。放學後，我首先從互聯網中找朗誦影片作觀摩，然後站在鏡子前反覆調整朗誦的語氣與表情；晚上，我請爸媽當聽眾，請他們給我點評，指出我的不足，讓我不斷進步。有時我因表現不想理而沮喪，甚至想放棄，但一想到自己的初心，又重新堅持練習下去。

比賽當天，我深呼吸一口氣，邁着堅定的步伐走上臺。我信心滿滿的，熟悉的誦詞從我口中流出來，完全忘記了緊張和恐懼，專注在臺上表演。雖然我最後只獲得了「鼓勵獎」，但接過證書時，卻心裏充滿自豪。我深知自己戰勝的不只是比賽，更是膽小懦弱的自己。

這次經歷讓我明白了挑戰就像一座很高的山丘，看似高不可攀，只要勇敢攀登，就便能看見美景。未來的路上，我會帶他着勇氣，大膽面對每個挑戰，成為更好的自己。



《我要克服內心的恐懼》

作者：六年級 S 班 陳韋迪

指導老師：香雅儀老師

每個人都會有自己害怕或恐懼的事物，而我最害怕的就是面對考試了。為了克服內心的恐懼，我下定決心，要改變自己。

從前每當臨近考試時，我就會特別緊張和焦慮，不但害怕考砸了考試，也害怕會因此被父母責罵，於是連溫習時一直憂心忡忡的，無法專心溫習，甚至想逃避考試。到了考試時，我的手便會抖個不停，心臟撲通撲通的狂跳，就像快要衝出胸膛似的，因此我的成績一直都不太理想。

為了改變自己，我決定不再被恐懼和焦慮打敗。我決定制定學習計劃，從此不再等到考試前一星期才「臨時抱佛腳」，慌慌忙忙地溫習，而是在考試前一個月便認真、努力地溫習，為考試做好十足的準備，讓自己面對考試時胸有成竹。制定了這樣的學習計劃，我相信自己一定不再會因過度緊張而影響自己的發揮，可以從容面對每一場考試。

很快又到了考試的時候，我嚴格實行學習計劃，認真地複習，心中逐漸充滿自信。考試時，我不再緊張得心臟狂跳，而是冷靜地作答。最後，我發揮神勇，取得了超乎預料的好成績，我激動地跳上了天花板。

這次經歷令我明白恐懼並不可怕，可怕的是逃避的態度。只要敢於面對困難，不放棄目標，就能克服所有恐懼。今後無論遇上甚麼困難，我都會勇往直前，突破自我。



《我要克服內心的恐懼》

作者：六年級 S 班 李曉瑩

指導老師：香雅儀老師

以前的我是個名副其實的膽小鬼，遇到甚麼事情也是戰戰兢兢的，但自從經歷了一件事後，我不再是那個膽小懦弱的自己。

記得那天，我參加了學校舉行的郊外旅行。到達目的地後，我剛下校巴，就有一隻「小東西」撲面而來，我馬上向後退了幾步，要跟「小東西」拉開距離，定睛一看，才發現原來那是一隻漂亮的蝴蝶。我害怕所有昆蟲，當然連蝴蝶也不敢碰。其他同學都想追着小蝴蝶玩耍，偏偏牠就像已經把我鎖定為獵物，一直在我身邊飛來飛去，我打從心底感到懼怕。

小蝴蝶突然停在我腳上，我嚇得一蹦三尺高，要躲開牠的「攻擊」，生怕牠碰到我。牠仍不依不饒地圍着我轉，還要向我的額頭飛來，我頓時尖叫起來，所有人都向我投來疑惑的目光，我尷尬得臉色通紅，恨不得找個地洞鑽進去。

這時老師發現了我很不對勁，從同學口中得知是我害怕蝴蝶，便微笑着走到我身邊，說：「你看！蝴蝶多麼漂亮呀！你為甚麼會怕牠呢？」對啊！難道我要怕這種小小的蝴蝶嗎？於是，我鼓起勇氣伸起手，只見小蝴蝶停在我的手指上，一臉淘氣地看着我，我心中的恐懼也逐漸消散了。

這件事令我特別深刻，我明白到我需要克服成長路上的恐懼，才能夠擴闊眼界，認識更多新事物。希望我可以戰勝心中的恐懼，勇敢的我更會不斷進步。



《我要勇敢面對挑戰》

作者：六年級 S 班 余逸朗

指導老師：香雅儀老師

每個人內心會有一隻名叫「恐懼」的小怪獸。對某些人來說，它是夜間的黑暗；對某些人來說，它是心不見底的海水。而對我當時就讀二年級的我來說，那隻怪獸就是那閃爍的燈光、熾熱光芒的舞台。

記得二年級時，我參加了學校的「小小演奏家」計劃。由於我和我的同伴——單簧管在比賽中脫穎而出，所以獲邀請在學校的舞臺上表演。當時的我視舞台是深不見底的黑洞，舞臺上的聚光燈就如怪獸的眼睛，冷冷地注視着我。舞臺下傳來的掌聲變成了我的壓力，重重地壓着我的肩膀。我感到忐忑不安，雙腳彷彿灌了鉛一般，動也動不了，手心冒出的冷汗順着我的手指流下，台下的黑壓壓的人群，令我望而生畏。那一刻，我大腦幾乎一片空白，世界安靜得只剩下我狂亂的心跳聲。那一次的表演，我全身顫抖着完成，內心充滿了挫敗感。

然而恐懼並沒有困擾我一輩子。到了四年級，我明白到逃避並不能解決問題。為了克服恐懼，我開始了特訓，每天晚上都會對着鏡子練習吹奏千萬次，直到把樂譜裏的音符背誦得滾瓜爛熟。當我在再次踏上舞臺表演時，那怪獸的眼睛不見了，掌聲不再是我的壓力，而是給我的鼓勵。我因背熟了樂譜，表演時只是信手拈來，一切表演都顯得那麼自然了。

時光荏苒，如今六年級的我已經是老師眼中表演舞臺的「常客」，更是舞台上的「老手」。我不再害怕舞台，反而很享受在舞台上的每一刻。這份經歷讓我獲益匪淺，我領悟到真正的勇敢並非消滅恐懼，而是帶着恐懼向前進。我終於戰勝自己，無論是演講或是表演，我會繼續尋找到最閃亮的自我。



《我要勇敢面對挑戰》

作者：六年級 S 班 楊韻怡

指導老師：香雅儀老師

從前的我面對挑戰，只會逃避現實，直到她的出現，徹底改寫我的人生，令我迎來翻天覆地的改變。

記得那一次，我望着手中那一份一塌糊塗的試卷，心中已翻不起任何波瀾，似乎已經接受了成績一落千丈的自己。雖然我心中明白不能氣餒，卻害怕即使付出多少努力，都無法跨越這座高聳的大山。我想這個可能就是我的命運吧！

就在這時，我竟然發現一位平日成績墊底的同學竟然一鳴驚人，在考試中名列前茅。我連忙追問她的讀書秘訣，他竟然回答道：「一張考卷背後藏着的是自我檢測的鏡子，分數只是暫時的座標，卻能反映出我們為考試付出的多寡。」

寥寥幾句就如醍醐灌頂，讓我堵塞的腦子茅塞頓開，讓內心深處那盞燈重新燃起鬥志。我下定決心洗心革面，不再虛度光陰。我開始廢寢忘餐地鑽研課本，起初挫敗接踵而來，但隨着我不斷地嘗試與反思，腦子靈光一閃，本來模糊不清的知識變得無比清晰。

終於，皇天不負有心人，我如願在考試中取得優異的成績。這一刻我明白了，成功並不是偶然的，它需要我付出辛勤的汗水和勇於挑戰的決心。這次經歷不僅是我人生的一個里程碑，更是我人生路上重要的轉折點，它令我堅信，只要我們心中有夢，腳下有路，就一定能夠走向成功的彼岸。成功像一場遙遠的旅程，我深知前方還有更多挑戰等待着我，但我相信只要勇敢面對挑戰，便會取得勝利，迎來屬於自己的成功。



《我要做父母的好孩子》

作者：六年級 S 班 吳梓彤

指導老師：香雅儀老師

在我的成長路上，父母不僅對我循循教誨，還展現出無私的愛和包容，更用心照顧和扶持我，我十分感激他們。

從小到大，我的爸爸媽媽給了我無微不至的照顧和關愛。我生病時，他們會心急如焚地帶我去醫院；我情緒低落時，他們會和藹可親地開導我。父母是我的避風港，保護我這小小的船隻。他們任勞任怨地為我付出，所以我要做個好孩子，減輕他們的負擔。

有一次，我和媽媽一起去買菜。回家時，媽媽提着兩袋沉甸甸的袋子，我看見後便自告奮勇提出要幫忙，馬上接過媽媽手中的袋子來。媽媽的眼中露出一絲欣慰，笑着說：「梓彤，你長大了。」我明白媽媽高興並不是因為手上的袋子的重量減輕了，而是我懂得分擔當中的責任。從此以後，我便嘗試做力所能及的家務，分擔父母的膽子。

我的改變，爸媽看在眼裏、暖在心裏，他們沒有給我過大的表揚，只是煮飯時，臉上多了一絲笑顏，說話時，語氣多了一份溫柔，歡笑時，臉色多了一點紅潤。對我而言，無需過多的誇獎，這些小小的改變足以成為我前進的動力。

如今我終於明白成為父母的好孩子，不需要轟轟烈烈的承諾，也不需要驚天動地的壯舉，只需要把真心和關愛藏在一句問候、一個行動。就像小水點般涓涓而流，聚在一起，能匯成一片大海。從今以後，我會一起承擔家裏責任，舒緩父母的疲倦，不讓他們擔心，一起守護我們個家。



《我要擺脫內向的性格》

作者：六年級 s 班 岑思穎

指導老師：香雅儀老師

想聽長輩們說：「女孩子家家的，文靜一點，多好！」可事實真的是這樣嗎？

在傳統觀念中，女生的形象一直都是內向溫柔，可能不善辭令，而我在五年級以前正是這樣的孩子。許多人認為內向的人乖巧聽話，不過內向的人並不好當。比如說：有一次我坐小巴，雖然發現下一站就是我的目的地，卻因為性格內向，不敢大聲喊下車，才導致我錯過了車站。再比如，沉默寡言的人經常獨來獨往，人際關係並不好。內向的性格真是一把雙刃劍。

直到五年級，我發生了翻天覆地的變化，我要擺脫內向的性格。於是我開始主動參加不同的活動。我主動參加憲基大使的交流活動，主動主持旗下講話的活動，主動擔任校園電視台的主播。除此之外，我還會主動認識新朋友，多與陌生人交談……就是這樣一步一步的持續付出努力。

這樣的努力有助我改變嗎？當然有啦！我發現自從我主動改變後，生活越來越順利。我不會再說不出自己的感受，不會再吃「啞巴虧」。似乎越來越多人留意到我，我好像逐漸散發着光芒，吸引着別人靠近。

憑着這份改變，我相信未來的我會變得更好，感謝它給我帶來無比重要的一課。改變不是要成為更好的自己，而是要更好地成為自己。我為自己感到榮幸，感謝我能為自己而活。



《我要懂得爸爸的沉默》

作者：六年級 L 班 梁芷瑜

指導老師：羅諾詩老師

我總覺得爸爸的沉默像一堵牆，隔在我們之間。他從不說溫和委婉的話，也很少過問我的學習，我一度認為他並不關心我。

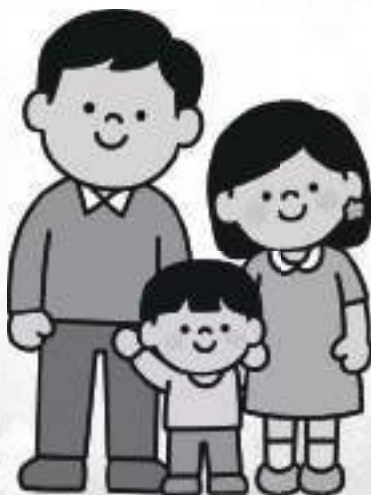
我在小時候發高燒時，當我迷迷糊糊地睜眼，只見爸爸坐在床邊，額頭貼着我的額頭，沒說一句話，卻一夜沒有合過眼。當時我只覺得爸爸對我很冷漠，現在想起來，那雙佈滿血絲的眼睛裏，藏着我從沒看懂的擔憂。

有一次，我在數學考試失手了，躲在房間欲哭無淚。爸爸沒敲門就進來，他在我的桌面小心翼翼地放了一杯熱牛奶和一張小紙條，上面寫着：「別哭了，先喝杯熱牛奶暖暖身子。」沒有教訓，沒有責備，那一句話卻像一股暖流，直沖我的心裏，讓我第一次感受到沉默裏的溫柔。

周末時，我偷偷跟着爸爸去工作，看到他戴着安全帽埋頭搬運零件，汗水濕透了藍布工作服，卻從不喊累。工作完後，我立刻奔向爸爸去，並大聲喊：「爸爸！爸爸！你辛苦了！我幫你擦擦汗。」我的小手胡亂地在爸爸臉上擦汗，爸爸愣了一下，哽咽着說到：「爸爸不累……走吧！一起回家！」

那一刻我終於懂了，爸爸的沉默是扛起整個家以及我們生活的重量，把所有苦都藏在心底。爸爸的沉默從不是冷漠，而是不擅言說的愛，也是對這個家最沉穩的守護。

爸爸啊！爸爸啊！我要懂得你的沉默，我永遠愛你！



《我要成為上帝所喜悅的孩子》

作者：六年級 L 班 陳曉妍

指導老師：羅諾詩老師

身為基督徒，你知道我有甚麼目標嗎？當然是成為上帝所喜悅的孩子！

要成為上帝所喜悅的孩子，需要一顆善良和愛人如己的心。我會幫助媽媽做家務，會幫助老奶奶過馬路，還會幫助老師搬書本。當同學遇上挫折時，我們可以遞上一張紙巾，可以令他感到暖心。

其次，我們要擁有誠實和謙卑的心。如果我們做錯了事，就應該坦然承認錯誤，不要滿口謊言，令其他人覺得你是一個毫無誠信的人。另外，如果我們獲獎，不要炫耀自己，要低調謙卑，因為這是上帝所賜的。

當我遇到困難，我會祈禱尋求上帝的幫助。當我遇上挫折時，我會鼓起勇氣；因為上帝會帶領我走過重重難關。只要我遇到困難，我知道上帝一定會幫助我和帶領我跨過障礙，令我成長。

其實，成為上帝所喜悅的孩子不是要十全十美，而是要懂得愛人如己和擁有誠實和謙卑的心。希望所有小朋友也可以成為上帝所喜悅的小孩子！

《我要努力考上理想的中學》

作者：六年級 L 班 孫露月

指導老師：羅諾詩老師

每當我路過那所嚮往的中學，看到學長學姐們自信地走進校門，一個念頭就在心中悄然生根——我一定要努力考上理想的中學！

然而，學習的路上並非一帆風順。上學期期末考試，我的成績慘遭滑鐵盧。望着滿是紅叉的試卷，我頓時心灰意冷，甚至懷疑自己的能力，一連幾天都垂頭喪氣，提不起勁。

幸運的是，媽媽和老師及時察覺到我的低落。媽媽輕撫我的肩膀，溫柔地說：「一次失敗不代表永遠，只要堅持，就一定能進步。」老師也耐心幫我分析錯題，教導我學習方法。聽着他們的鼓勵，我在心中默默地對自己說：對啊！我怎能這樣就被打敗呢？

從此之後，我重拾鬥志，專心學習。放學回家後，我先認真完成作業，再主動做練習鞏固知識；遇到不懂的問題，我不再退縮，主動請教老師和同學；週末時，我也會合理安排時間溫習。雖然有時覺得辛苦，但一想到心中的目標，我的疲憊便一掃而空。

未來的路還很長，挑戰也會越來越多。但我已做好準備，要像一隻振翅高飛的小鳥，不畏風雨，勇敢前行。我堅信，只要腳踏實地、一步一個腳印地努力，就一定能叩開理想中學的大門，書寫屬於自己的精彩篇章！

《我要懷緬六年的美好時光》

作者：六年級 L 班 梁楚怡

指導老師：羅諾詩老師

轉眼間，六年時光匆匆而過，正所謂：「一串光陰一串金，串金難買寸光陰。」回首這段如詩如畫、充滿歡笑與溫暖的歲月，每一段經歷都彌足珍貴。

還記得剛踏入小學一年級時，我還是個懵懂無知、膽小羞怯的小孩，對小學的生涯充滿好奇，是老師如春風化雨般的悉心教導，溫柔牽引着我一步步成長，讓我慢慢探索和學會知識。在課堂上，我們專心致志地聽老師的教導；在小息時，操場上到處是我們活潑蹦跳的身影，笑聲如鈴鐺般清脆悅耳，迴盪在校園每一個角落。

同學們的陪伴是六年裏最彌足珍貴的禮物。在一年級時，我們從陌生到成為形影不離的好朋友。在二年級時，我們一起學習，一起玩耍，一起度過無數開心的時光。在三年級時，我們一起參加多元化的活動，例如旅行日等等。從此，我們學習的方式不只是課堂中書面的學習，而是融入多姿多彩的學習活動。在四年級時，同學們也漸漸為考試而緊張。小測、默書、考試也慢慢多起來了，不過，我們懂得有困難就團結一致去解決，在學習上互相幫助。在五年級時，課業壓力慢慢變大，我們不再只顧玩耍，而是學會了在彼此失落時互相打氣，在遇到困難時攙扶着一起走過。

到了六年級的尾聲，我們也漸漸成長，學會心懷感恩去感激老師和同學在這六年間對我們的照顧。這些溫暖的點點滴滴，我將會永遠珍藏在心裏。



《我要勇敢面對挑戰》

作者：六年級 L 班 李梓榕

指導老師：羅諾詩老師

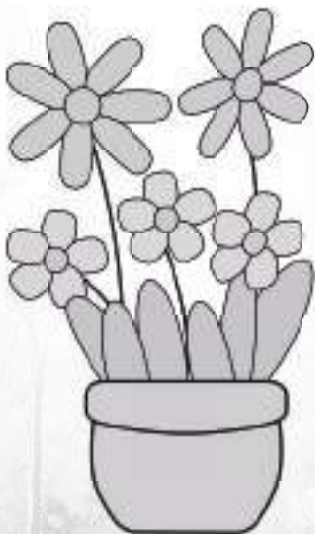
人生就像一條充滿冒險的路，沿途有繁花似錦的平路，也有荊棘叢生的險坡。而在這條路上，我不願做那一朵嬌弱的小花，我要做那昂首挺立的松柏，勇敢去面對每一次的挑戰。

說起挑戰，記得有一次在學校運動會中，我鼓起勇氣報了四百米賽跑。結果在起跑不久後，我就體力不支，雙腿沉重和呼吸急促，放棄的念頭不禁在腦海浮現。但我咬牙堅持，在同學們震耳欲聾的叫喊聲中衝過終點。雖然我並沒有得到自己理想的成績，但我戰勝了心中的懦弱。那一刻，我明白了什麼是挑戰。

這次的經歷讓我深刻體會到原來挑戰並不是兇猛的惡獸，而是磨練我們的石頭，是我們的成長階梯。我們要把每一次的挑戰當作我們成長路上的障礙，用勇氣化成劍，用堅持比作盾，去消除障礙。

那麼，我們如何去戰勝挑戰呢？第一，要正視它，不逃避，不退縮，勇敢去面對。第二，要有着充分的準備，用自己的智慧去給自己勇氣。最重要的一步，無論遇到什麼挫折，都不能輕言放棄，一步一步努力地去完成。

挑戰是成長的催化劑，是生命中最寶貴的回贈。我將會帶着這份勇氣去面對它，讓它變成我成長路上嚮往高處的階梯！



《我要克服內心的恐懼》

作者：六年級 L 班 陳子祈

指導老師：羅諾詩老師

小美是我的好朋友，我和她參加了學校舉辦的教育營，我們都十分期待。入營的前一晚，我早早已執拾好東西，興致勃勃地等待着明天的來臨。這不僅是我小學生涯最後一次的宿營，更是我人生第一次的突破。

首兩天，我和同學們都玩得不亦樂乎。我們玩了一些團體合作的活動，玩了一些有趣的活動，玩了一些跑跑跳跳的活動。第二天黃昏，教練神秘兮兮地告訴我們：「明天有一個特別的活動，那將是考驗勇氣的終極挑戰。」同學們聽後紛紛交頭接耳，有人興奮地歡呼，而我的心頭卻隱隱浮起一絲不安。

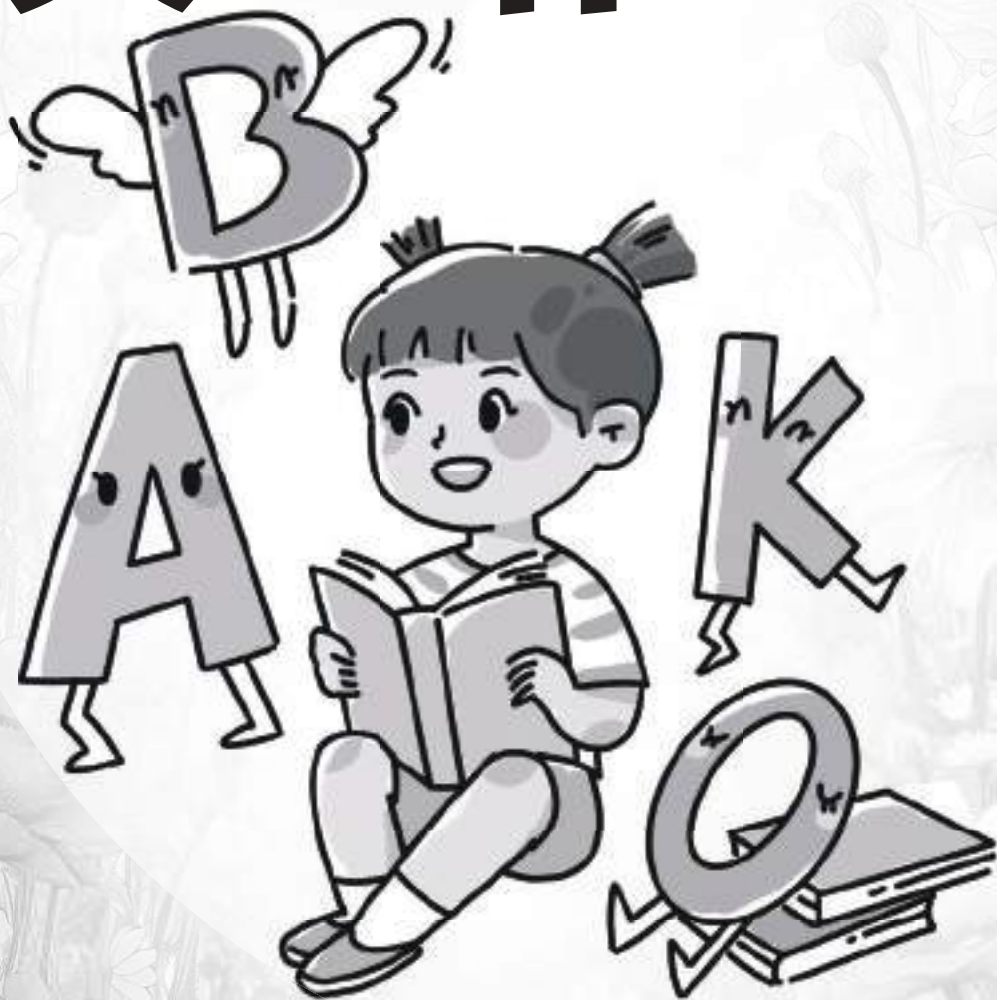
第三天早上，老師帶我們去繩索吊橋進行活動。我嚇得目瞪口呆，不由自主地緊握着小美的手袖。每個人都有自己害怕跨越的障礙，對我而言，那個障礙就是對高度的恐懼。我望着在空中搖搖欲墜的吊橋，雙腳顫抖得很厲害，幾乎無法站立。為了平復心情，我連忙衝進洗手間，用冷水用力地洗了一把臉。我看着鏡中的自己，臉色蒼白得好像一張白紙，眼神充滿着不安與恐懼。我在心裏反覆問自己：「我真的能跨越這個挑戰嗎？」

當我惶恐不安地走出洗手間時，小美早已在洗手間門口等待我了。她似乎看穿了我的心，輕輕握着我冰冷的手，堅定地說：「別擔心，我會在背後陪着妳跨過那道吊橋。」在她的陪同下，我戰戰兢兢地踏上吊橋。雖然吊橋在微風下微微晃動，我的心仍然忐忑不安，但在小美的鼓勵下，我深呼吸，一步步地走向繩索吊橋的終點。最終，我竟然成功走到了對面！那一刻，我感到前所未有的自豪感。

這次教育營的經歷，讓我明白到要突破自己的恐懼限制。雖然過程艱辛，但成功後的成就是無與倫比的。這不僅是我小學生涯最後一次的宿營，更是我成長路上最重要的里程碑。



英文作品



My teacher

Leung Sen Hei, Kristy 1I (10)

Miss Wong is my teacher.
She has short hair.
She has a big mouth.
She has small ears.
She has long arms.
She has small eyes.
She has short legs.
She has a big nose.
She has small feet.
She is friendly and helpful.



My Puppet

Wong Hei Sun, Ezra 1I (21)

This is my puppet.
His name is Ethan.
His cap is yellow.
His T-shirt is green.
His shorts are blue and orange.
His socks are red.
His shoes are white.



My teacher

Tam Yu Ching, Jovia 1I (19)

Miss Lui is my teacher.
She has long hair.
She has big eyes.
She has a small mouth and a small nose.
She has long legs and small feet.
She has long arms.
She has small hands.
She is beautiful.



My Puppet

Yuen Yana 1I (26)

This is my puppet.
Her name is Mimi Go.
Her cap is pink and purple.
Her T-shirt is rainbow coloured.
Her trousers are pink and red.
Her shoes are orange.



About me

Leung Zan Sau, Godwin 1G (8)

My name is Godwin.
I am a boy.
I am six years old.
I like blue and pink.
I like drawing and cycling.
I like cars.



My Friend

Yang Amy 1G (23)

My friend is Lois.
She is a girl.
She is six years old.
We are in class 1G.
She is nice.



About me

Peng Shiyao, Serena 1G (14)

My name is Serena.
I am a girl.
I am six years old.
I like blue and purple.
I like cycling.



About me

Zhu Longyi, Aiden 1G (25)

My name is Aiden.
I am a boy.
I am seven years old.
I like blue and yellow very much.
I like reading books and drawing in my free time.



My Puppet

Lam Sin Ling, Zariyah 1W (7)

This is my puppet.
Her name is Carlina.
Her T-shirt is purple.
Her skirt is orange and green.
Her hat is pink and purple.
Her shoes are orange and yellow.
She is good.



My Puppet

Leung Yeu Kiu, Anna 1W (12)

This is my puppet.
Her name is Lily.
Her blouse is blue, pink, red and yellow.
Her cap is red and pink.
Her shoes are pink and red.
Her trousers are blue and green.
Her hair is black.



My Friend

Lee Sum Yin, Mia 1W (10)

My friend is Eugene.
He is a boy.
He is six years old.
We are in Class 1W.
He is handsome.



My Puppet

Poon Elaine 1W (16)

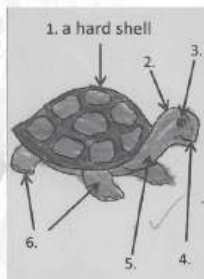
This is my puppet.
Her name is Mia.
Her hat is pink and purple.
Her T-shirt is green, pink and blue.
Her skirt is brown and purple.
Her shoes are red and orange.



A Turtle

Ma Siu Ting, Mason 1T (18)

This is a turtle.
It has a green and brown hard shell.
It has a small head.
It has big eyes.
It has a small mouth.
It has a long neck.
It has short legs.
It is cute.



My Puppet

Lam Tsz Ning, Olivia 1T (9)

This is my puppet. Her name is Alissa. Her hat is yellow and pink. Her dress is red and pink. Her shoes are red. Her eyes are big. Her mouth is small. She is nice. I like Alissa very much.



My Best Friend

Pun Shin Yu, Ariel 1T (19)

Olivia is my best friend.
She has long hair.
She has big eyes and a big mouth.
She has short arms.
She has long legs.
She has small feet.
She is nice.
She is beautiful.



My Classmate

Liu Cheuk Him, Ansel 1S (16)

Louisa is my classmate.
She has long hair.
She has small eyes.
She has long legs.
She has a small nose.
She has big hands.
She has long arms.
She is smart.



My Mother

Sit Chung Hang, Nicolas 1S (19)

Mavis is my mother.
She has long hair.
She has big eyes.
She has a big nose and a small mouth.
She has small feet and long legs.
She has small hands and long arms.
She is kind.



My Brother

Lam Yin Ling, Louisa 1S (11)

Luis is my brother.
He has small eyes.
He has a big mouth.
He has long arms.
He has long legs.
He is handsome.



My Puppet

Mok Marsha 1S (18)

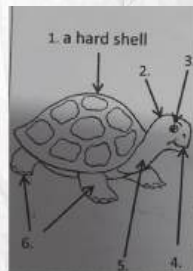
This is my puppet. Her name is Beaver. Her hat is purple and T-shirt is purple too. Her skirt is blue. Her shoes are pink, red and gold. Her hair is long. She is cute.



A Turtle

Chan Pak Lam, Burce 1L (2)

This is a turtle.
It has a hard shell.
It has a small head.
It has big eyes.
It has a big mouth.
It has a long neck.
It has short legs and small feet.
It is cute.



Noah

Lui Tsit Yui, Marvin 1L (17)

Noah is my classmate.
He has short hair and small ears.
He has a big nose.
He has long legs.
He has small feet.
He has long arms.
He has small hands.
He is helpful and kind.



My Puppet

Wong Tsz Yin, Yammy 1L (25)

This is my puppet. Her name is Rice. Her dress is pink and purple. Her shoes are pink and orange. Her hat is red and blue. She is beautiful.



Me and My Family

Mak So Natan 2I (19)

I am Natan. I'm eight years old. I have one brother and two sisters. I live in Ho Man Tin. I go to Heep Woh Primary School by minibus.

My father is a Chinese Medicine Practitioner. He helps sick people. He goes to work by minibus. He is hardworking.

My mother is a housewife. She looks after the family. She is gentle and nice.

We are a loving family.

Little Star

Chu Hang Pak, Hayden 2I (7)

Joe is the Little Star of the Year. He is eight years old. He has short hair and two big eyes.

His favourite subject is English. He likes answering questions during lessons. He likes English stories too.

Joe is helpful. He waters the plants after school. He is hardworking. He doesn't watch TV often.

Joe is a good boy. His classmates and teachers are proud of him. They all like him.

My Dream School

Ng Kar Kar, Charlotte 2I (20)

This is my dream school. The playground is on the ground floor. I can play there.

On the first floor, there is an art room. I can draw in the Visual Arts lesson.

Also, there is a music room. It is on the second floor. I can sing in the Music lesson.

There is a computer room. It is on the third floor. I can play computer games in the computer room.

There is a cinema. It is on the fourth floor. I can watch films in the cinema. I love my dream school because it is cool.

My Favourite Fruit

Lui Ming Chit, Sophia 2G (23)

I love grapes and watermelons.

Grapes are purple or green. They have thin skin. They are small.

Watermelons are red or yellow. They have thick skin. They are big.

Grapes and watermelons are sweet and juicy.

I love fruits because they are healthy

The Little Star

Xie Tsang Ying, Sunny 2G (20)

Joe is the Little Star of the Year. He is eight years old. He has short hair and big eyes.

Joe's favourite subject is Mathematics. He is good at doing sums.

Joe is polite. He always says 'please' and 'thank you'. He is honest too. He does not tell lies.

Joe's classmates and teachers like him very much because he is a good boy. They are proud of him.

Me and my family

Yu Sheung Chit, Andy 2G (31)

I am Andy Yu. I am eight years old. I have no brothers and sisters. I am the only child in my family. I live in Mongkok. Mongkok East Station is near our home.

I go to CCC Heep Woh Primary School in Mongkok. I go to school on foot.

My father is a teacher. He teaches English. He works in Shatin. He works from Monday to Friday. He goes to school by train. He loves his students.

My mother is a housewife. She looks after our family. She cooks dinner for us every day. She is caring.

We are a happy family. We love one another.

My Dream School

Cheung Yui Hang, Hayden 2W (8)

This is my dream school. The playground is on the ground floor. I can do some sports there.

On the first floor, there is an art room. I can draw in the Visual Arts lesson.

Also, there is a music room on the second floor. I can sing songs in the Music lesson.

There is a computer room on the third floor. I can play computer games there.

There is a tuck shop on the fourth floor. I can buy snacks there.

I hope you like my dream school and enjoy learning here.

Me and My Family

Kwok Chung Him, Jimmy 2W (13)

I am Jimmy Kwok. I am seven years old. I have no brothers or sisters. I am the only child in my family. My family and I live in a big flat in Nam Cheong. There is a bus stop and a train station nearby.

I go to Heep Woh Primary School in Mong Kok. I go to school by bus.

My dad is a carpenter. He works in Austin. He repairs furniture and renovates people's homes. He goes to work by MTR. He works from Mondays to Sunday;

My mother is a waitress. She works in Kowloon. She serves food to people. She works hard. She's kind.

I love my family because my parents are nice.

My Dream School

Chiu Tsz Yu, Zachary 2W (9)

This is my dream school. The playground is on the ground floor. I can play hide-and-seek there.

On the first floor, there is an art room. I can draw pictures in the Visual Arts lesson.

Also, there is a music room on the second floor. I can play the piano and sing songs in the music lesson.

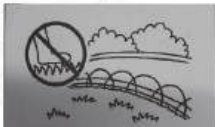
There is a computer room on the third floor. I can play computer games in the computer room.

There is a nature corner on the top floor. There are flowers and trees that I can look at.

I hope you like my dream school and enjoy learning here.

Rules

Chan Nga Lam, Ellie 2T (3)



We must keep off the grass in the park.



We mustn't spit in the classroom.



We mustn't eat on the train.



We mustn't pick the flowers in the garden.

My Dream School

Leung Hoi Lam, Elkie 2T (16)

This is my dream school. The playground is on the ground floor. I can play table tennis there.

On the first floor, there is an art room. I can draw and paint in the Visual Art lesson.

Also, there is a music room on the second floor. I can play the violin in the Music lesson.

There is a computer room on the third floor. I can play games in the computer lesson.

There is a swimming pool on the fourth floor. I can swim in the swimming lesson.

I love my dream school.

Me and My Family

Lee Tai Shing, Tyson 2T (15)

I am Tyson Lee. I am eight years old. I have no brothers or sisters, so I am the only son in my family. My family and I live in a flat in Mong Kok. There is a lot of infrastructure near our home, making it a place with high accessibility.

I go to C.C.C. Heep Woh Primary School in Prince Edward. I walk to school every day.

My father is a house husband. He takes care of the family and prepares delicious meals for us. He is very hard-working and caring.

My mother is an IT specialist who works from home. She is busy with computer-related tasks at work, but still spends a lot of time with us. She is smart and kind.

We are a warm and loving family, and we love each other very much!

My Dream School

He Wing Hang, Joseph 2S (11)

This is my dream school. The playground is on the ground floor. I can play football there.

On the first floor, there is an art room. I can draw pictures in the Visual Art lesson.

Also, there is a music room on the second floor. I can sing songs in the Music lesson.

There is a computer room on the third floor. I can play computer games in the computer lesson.

There is a swimming pool on the fourth floor. I can swim there.

I love my dream school. It is amazing!

The Little Star

Chiu Pak Yin, Logan 25 (6)

Joe is the Little Star of the Year. He is eight years old. He has short hair and big eyes.

Joe's favourite subject is Maths. He is good at doing sums.

Joe is polite. He always says 'please' and 'thank you'. He is helpful too. He always helps others.

Joe's classmates and teachers like him very much because he is a good boy. They are proud of him.

The little Star

Yau Po Yi, Bonnie 25 (30)

Joe is the Little Star of the Year. He's eight years old. He has big eyes and small ears. He's tall and thin.

Joe's favourite subject is English. He speaks English very well. Joe likes Chinese too. He writes words beautifully.

Joe is tidy. He studies in his room every week. Joe is hard-working. He studies in the library in the morning. Joe is polite. He always says 'please' and 'thank you'. Joe is honest too. He does not tell lies.

Joe is a good boy. His teachers and classmates are proud of him. They like him as well. I hope I can be Joe's friend forever.

Little Star

Wong Chun Lok, Angus 2L (25)

Joe is the Little Star of the Year. He is eight years old. He has big eyes, a big mouth and long arms.

His favourite subjects are PE and Computer Studies. He is good at them. He always gets full marks in these two subjects.

He is helpful. He washes the dishes every day. He always helps the elderly to cross the road. He is polite too. He usually says 'please' and 'thank you'.

Joe is a good boy because he is very kind. Teachers and classmates love him so much.

My Dream School

Lam Lok Yin, Domi 2L (12)

This is my dream school. The playground is on the ground floor. I can play football and table tennis there.

On the first floor, there is an art room. I can draw and paint in the Visual Art lessons.

Also, there is a music room on the second floor. I can sing songs in the Music lessons.

There is a computer room on the third floor. I can play computer games and have computer lessons there.

There is a McDonald's on the fourth floor. I can eat a hamburger there.

I love my school. It is fun and interesting. I like my teachers and schoolmates.

Me and My Family

Ho Shun He, Torres 2L (8)

I am Torres. I am seven years old. I have one brother. I live in Prince Edward. I go to school on foot. I love my classmates. They are kind.

My father is a basketball coach. He teaches people how to play basketball. He is hard-working. He loves children.

My mother is a housewife. She looks after the family. She does all the housework. She loves children too.

I have a happy family. We love one another.

My Friend in Class 3I

Lam Yu Ho, Clarence 3I (14)

Gabriel is my friend. He is in Class 3I. He sits in front of Jolie in the classroom. He is thin. He has short hair and small ears.

I think he is clever and handsome because he always teaches me Chinese, and he plays with me.

His favourite subject is English. He is good at playing skateboard. He is an English subject monitor.

We usually go to ShenZhen together. I like playing Roblox with him. I'm glad that Gabriel is my friend.

My Favourite Free Time Activity

Cheung Ha Yin, Harris 3I (6)

My favourite free time activity is fishing. I do it on all Sundays, it is fun. I can catch fish. If I catch a fish, I can make it for dinner. When I fish, I can enjoy the beautiful sea view and feel calm.

I think fishing is relaxing. I love fishing with my family on weekends and holidays. Fishing is so fun.

I like fishing because I can catch fish and enjoy the beautiful sea view.

My Favourite Free Time Activity

Fung Yi Kan, Bily 3I (10)

My favourite free time activity is hiking. I do it every Sunday. I hike on Lion Rock. I go hiking with my mum and dad. I usually go hiking in Hong Kong.

I think hiking is very tiring, but I like hiking. I feel excited.

I like hiking because it is fun and we climb up the mountains. We can see the beautiful view.

My Favourite Free Time Activity

Tse Chung Yiu, Jolie 3I (25)

My favourite free time activity is playing with my pet. Her name is Polly. She likes eating. She plays with me. She is very cute.

I think she is so funny. She takes away my toys with her mouth. I love her so much and I think she loves me too. We play at home.

I like playing with Polly because she is very funny.

My Friend Julie

Lam Tsz Kwan, Estee 3G (8)

Julie is my friend in Class 3G. She sits in front of me. She is tall and thin. She has long hair and small ears. I like her very much!

I like Julie because she is nice. She always plays with me and helps me.

Julie's favourite subject is PE. She is good at running. She is a member of the school PE team.

We usually go to the park together. We like playing games together. I am glad Julie is my friend.

My Friend Leo

Leung Ayla Louveile 3G (11)

Leo is my friend in Class 3G. He sits next to me in the classroom. He's short and thin. He has small eyes. Everyone likes him.

I like Leo because he's nice. He always helps teachers and he always plays with me.

His favourite subject is General Studies. He's good at Humanities Education. He's a prefect.

We go to the library together. I like reading books with him. I am glad that Leo is my friend.

My Friend Melissa

Cheung Sum Yau, Elise 3G (3)

Melissa is my friend in Class 3G. She sits behind me in the classroom. She has a small mouth and small eyes. She is tall. Everyone likes her.

She is nice. She always plays with me. She teaches me homework.

Her favourite subject is P.E. She is good at football. She is a member of the school football team.

We usually go to the library together. I like reading books with her. I am glad Melissa is my friend.

My Friend Annabelle

Tse Yiu, Yissy 3G (21)

Annabelle is my best friend in Class 3G. She sits next to me in the classroom. She has a small nose and big eyes. She is very thin. Everyone likes her.

I like Annabelle because she is nice and helpful. She always says "Thank you" and helps me.

Her favourite subject is Chinese. She is good at writing poems. She is a General Studies leader at school.

We usually go to the playground together. I like playing football with her. I am glad Annabelle is my friend.

My Favourite Free Time Activity

Tang Yuen Wing, Arina 3W (24)

My favourite free time activity is to draw pictures. I like drawing pictures on Sundays. After drawing, I like colouring as well.

I usually draw pictures in my bedroom at home. I do it with my brother. After I draw the pictures, my brother helps me to add some patterns to them. Then we colour the pictures together. We have a great time. I enjoy it so much.

I like drawing pictures because I feel inspired and relaxed. It is a creative hobby!

My Friend

Tsang Yik Man, Raymond 3W (25)

Sasa is my friend. She is in Class 3W. She sits between Morris and Jayden. She is short and thin. She has small eyes and long legs.

She is very honest because she always tells the truth and she gives me suggestions about my personality.

Her favourite subject is Visual Arts. She is good at drawing. Her duty at school is to be the Chinese subject leader.

We usually play at the school playground together. I like playing with hula hoops with her. I am glad Sasa is my friend.

A Special Day

Qiu YuQiao, Holiday 3W (31)

Friday 13th February

Sunny

It was Chinese Culture Day today so I was excited.

In the morning, I woke up early and I had a delicious breakfast. Then, I went to school happily. When I arrived at school, I saw all my classmates with big smiles on their faces. First, we watched a lovely lion dance show. It was wonderful!

In the afternoon, we learnt about traditional Chinese culture. For example, Chinese paper cutting skills and the making of fragrant tea. Everyone enjoyed the lovely time. Then, we ate some Chinese snacks.

In the evening, I went home happily because I learnt a lot about the Chinese culture and had many traditional Chinese snacks.

It was a meaningful and relaxing day.

My Friend Charlotte

Cheng Shu Yu, Candice 3W (3)

Charlotte is a student in Class 3W. She sits in front of Matthew. She is tall and thin. She has a small nose and big eyes.

Charlotte is kind and friendly. She always plays with me. She doesn't play tricks on others.

Charlotte's favourite subject is Visual Arts. She is good at drawing. Her duty at school is being a General Studies subject leader.

We usually go to the playground together. We like playing basketball and football. I am glad Charlotte is my friend.

My best friend in Class 3T

Pun Cho Yau, Moana 3T (23)

Bella is my best friend in Class 3T. She sits behind Charlotte. She is tall and thin. She has long hair and big eyes.

I think she is a helpful girl. She always looks after me and listens to me.

Her favourite subject is PE. She is good at playing football and running. She is a Maths subject leader.

We usually go to IT classroom together. I usually play with her. I am glad Bella is my best friend.



A Letter

Fung Tki Lo, Sophia 3T (11)

Dear Mum,

Hello Mum! The party is coming up. Please help me to buy some food and drinks for Tom, Kelly and John.

Tom wants two slices of pizza. They're thirty-six dollars. Kelly wants an ice-cream. It's twenty dollars. John wants a packet of potato chips. It's ten dollars.

Thank you very much! I will see you tonight.

Love,
Mike

How to Make Yummy Hamburger?

Kwok Shun Him, Jacob 3T (12)



First, cut the bread into small pieces.

Then wash the meat, tomato and vegetables.

Then take a slice of cheese.

Then put the meat, cheese, tomato and vegetables into the hamburger.

Then put the hamburger into the oven and heat it.

Finally, sit down and enjoy it.

My Friend in Class 3S

Leung Chi Kin, Gordon 3S (14)

Mike is my best friend in class 3S. He sits in front of me. He wears a big pairs of glasses. He has big eyes.

I think Mike is smart. He always teaches me how to do Maths homework. He always talks to me. His favourite subject is Maths. He is good at doing sums. He is also the PE subject leader.

We usually go to the park together. I like playing with him. I am glad Mike is my friend.

My Friend in Class 3S

Chan Hei Lam, Hera 3S (3)

Selina Cheung is my friend in Class 3S. She sits behind me in the classroom. She is cute and pretty. She has big eyes and small ears.

I think Selina is kind and friendly because she always shares snacks with me and helps me overcome difficulties in my homework. Her favourite subject is PE. She is good at swimming. She is also a school prefect.

We usually go to the school playground at recess together. I like playing different games, such as skipping, with her.

I am glad Selina is my friend.

My Friend in Class 3S

Chen Zi Yu, Grace 3S (7)

Kiki is my best friend in Class 3S. She sits behind me in the classroom. She is tall and slim. She has long, straight and black hair and a pair of big and bright eyes.

Kiki is very kind, friendly and helpful. She always helps me with my English homework after class. She is ready to listen and comfort me when I feel sad.

Kiki's favourite subject is English. She is good at speaking and writing in English. She is the General Studies subject leader of our class.

We usually go to the school library together. I like reading storybooks, doing homework and singing with her.

I am glad Kiki is my friend.

My Favourite Free Time Activity

Zhuo Minghao, Hopson 3S (31)

My favourite free time activity is playing Chinese chess. I play it every day. I usually play Chinese chess at home with my brother. I usually sit on my bed and chat with my brother while I am thinking about strategies.

I feel very happy every time I win. I like playing Chinese chess because it needs me to think many steps ahead and it is challenging.

I like playing Chinese chess a lot!

My Favourite Free Time Activity

Yeung Kwan Ho, Jayden 3S (28)

My favourite free time activity is playing football. I usually play football on Saturdays. I usually play football in the park with my father. I really enjoy the time we spend together.

When I am playing football, I run happily on the football pitch. I feel excited and refreshed every time I am on the pitch.

Playing football teaches me not to give up easily, even when I lose a match. I like playing football a lot!

My Friend

Lam Wing Yau, Venus 3L (13)

My friend is Kaka. She is in Class 3L. She sits in front of me in the classroom. She is nice. She is thin.

She is a nice girl. She always plays with me at recess. She also shares her snacks with me.

Kaka's favourite subject is Chinese. She is good at playing table tennis. She is a Math subject leader.

We usually go to lunch together. I like playing with her. I am glad Kaka is my friend.

My Favourite Free Time Activity

Zhou Yi, Eric 3L (30)

My favourite free time activity is skipping. I go skipping every day because I love doing this activity.

I usually go skipping in the park. I love skipping with my brothers. I always do some tricks while skipping with my brothers. I feel excited.

I like skipping because I love spending time with my brothers. Also, I can learn new tricks every time I skip with my brothers. It is fun.

My Favourite Free Time Activity

Ouyang Wenbo, Owen 3L (31)

My favourite free time activity is playing football. I play football five times a week after school in the afternoon.

I play football in the park near my home with my best friends. We usually divide into two teams and have exciting matches. We pass the ball and run fast. I feel relaxed and happy.

I like playing football because it makes me become stronger and more healthy. I can also get to know more friends.

Who am I Grateful To?

Dura Melissa 4I (7)

When I was three, I couldn't do my homework by myself. At that time, I didn't know how to do my homework.

My grandma helped me a lot with my homework. She helped me by teaching me how to do it. She explained the words that I didn't understand to me and held my hand to teach me how to write. From her teaching, now I know how to do my homework by myself. Until now, my grandma still teaches me.

I am grateful to my grandma because she guided and taught me how to do my homework. I am thankful to my grandma.

Who am I Grateful To?

Chow Chun Nok, Alvin 4I (4)

When I was little, I couldn't wake up by myself. At that time, I was so tired and I did not know the importance of being punctual.

My parents helped me. They called me to wake me up every morning so I could go to school on time every day. Now, I can wake up by myself in the morning. Sometimes, I can prepare breakfast for the family.

I want to say 'thank you' to my parents because they help me every morning. I know they need to wake up earlier than me and I am very grateful for it.

My Rap Verse

Huang Ka Ki 4I (9)

Once there was a girl
Her name was Anna Cook
Who sat in the dark
And read her favourite book

About a very stinky monster
Who lived under the bed
"Give me some money or
I will eat you instead!"

Who am I grateful to?

Wong Hoi To, Torres 4I (23)

My mum helped me to get dressed when I was four years old. In kindergarten, my classmates laughed at me because I couldn't do up the buttons on my school uniform. I was unhappy.

I went home and told my mum, 'I am unhappy at school because I can't do up my buttons and get dressed. Can you teach me to do up my button and get dressed by myself?' Mum said, 'I'll show you.' She taught me to put the buttons into the holes. One day later, I can do up my buttons and get dressed by myself. I feel confident now.

I am thankful to Mum because she teaches me life skills and I am not scared anymore.

A Photo Story

Lim Ashley Wing Mei 4G (12)

This is a photo of my sister and me. I am a student. I live in Tai Po. I am nine years old. I am short and thin. My ears are big.

My sister is eight years old. She is thin and she has long hair.

My sister is younger than me. She is thinner than me. Her hair is longer than me.

I like ice-skating, drawing, singing and dancing. My sister always draws and she often sings with me.

I love my sister.



Who am I Grateful To?

Wong Sung Chi, Kevin 4G (22)

I am grateful to my mom.

I couldn't do up my buttons when I was little because it was too hard for me.

My mom helped me with it. She taught me how to do up my buttons. I can do up my buttons by myself now. I am very proud of myself too!

I am very grateful to my mom because she always helps me when I am in big trouble. This is the reason why I am grateful to her. She is my superwoman.

Who am I Grateful To?

Zhou Zi Yi, Eden 4G (27)

I am grateful to my mum

I am grateful to my mum. When I was one year old, I couldn't play football by myself because I couldn't walk.

After that, my mother wanted me to find a hobby that I liked. She did not want me to stay at home. I said I wanted to play football but my mother did not know how to play football. So, mum helped me find a football coach. My football coach taught me how to play football. Now, I am a member of the football team.

I am grateful to my mum because she cooks for me every day and I have become stronger.

I love my mum.

A Bag of Money

Leung Sum Yau, Yunice 4W (20)

Yesterday, my mum and I went to a fast food shop. I bought a hamburger, a glass of cola, and a packet of french fries. They cost 78.50 dollars. I tried to look for a seat with my mum.

Next, we went to a table immediately after a man left. I wanted to put my food on the table because it was very heavy. Then I saw a bag of money and said, "Wow, money!"

After that, my mum and I opened the bag. Inside, we found lots of money. I was surprised and asked, "Whose money is this?"

Finally, I called the police. They found the owner of the bag. I went home with peace of mind.

My Rap Verse

Cai Sen Hei, Jason 4W (2)

Once there was a dog
His name was Mr. Rook
Who sat on a chess board
And read his favourite book.

About a very scary Queen named Queenie
Who hated a pawn
Who said, "Do you wanna fight?"
"Cause I'll chase you across the lawn!"

A Photo Story

Huang Jun Yan, Cavan 4W (13)



This is a photo of my brother and me. We live in Tsuen Wan. I am nine years old and a student. I weigh twenty-five kg and I am one hundred and twenty-six cm tall. I am short. I am the shortest in my family. I have a big nose and a big head. My head is bigger than my brother's.

My brother is twelve years old. He is also a student. He weighs forty-five kg and is one hundred and sixty cm tall. He has a long face. His ears are very big, but his nose is very small. He is thin. He is the thinnest in my family.

My brother and I are outgoing. He is smart, but I think I am smarter than him. In addition, we both enjoy playing basketball. I always play basketball on Saturdays, while he plays on Sundays. Sometimes we play together.

I am happy to have a brother like him because he is always nice to me. He is the best brother in the world!

A Letter about a Saturday Plan

Chu Chun Yin, Aidan 4W (9)

6th February, 2026

Dear Jennie,

How are you? I hope you are doing great. Your Saturday plan sounds amazing. Let me tell you what I will do this Saturday.

In the morning, I will go to a dim sum restaurant with my parents. At the restaurant, I will eat dim sum such as siu mai and har gow. I want to eat dim sum because it is famous in Hong Kong and I love it! After breakfast, we will go to Tsim Sha Tsui. We will visit the Avenue of Stars because I want to enjoy the view of Victoria Harbour. It is beautiful. Then we will go shopping.

After that, we will visit Aberdeen. We will go to the Aberdeen Typhoon Shelter, which is a traditional fishing village. Next, we will have a seafood dinner there. I like seafood because it is delicious.

What do you think of my Saturday plan? Please write to me. I hope you will have a great Saturday too.

Love,
Danny

Who I am Grateful to?

Deng Yu Ching, Irene 4W (11)

When I was in Primary 1, I couldn't pack my school bag by myself because I did not know how to read the school timetable.

I remember the first time I packed some candies and my teddy bear pillow instead of my books. It was difficult for me to pack my school bag properly.

Luckily, my mum helped me. She taught me how to read the school timetable. She showed me how to do it step by step. Now, I can pack my school by myself. I feel proud of myself.

I am grateful to my mum because she is always there to help me. She taught me patiently and I will never forget it.

A Letter about a Saturday Plan

Lee Ka Sheung, Melo 4T (13)

27th February, 2025

Dear Jennie,

How are you? Thank you for your letter. I'm happy that your exam is over. Let me tell you what I will do this Saturday.

In the morning, I'll go to a Japanese restaurant with my family. I love Japanese food a lot because sushi and ramen are delicious. I often have Japanese food at weekends.

After that, we'll go to the peak. We'll go there by cable car. We'll take a lot of photos because the view of Hong Kong is beautiful.

In the evening, we'll go to Aberdeen because I like eating seafood. We'll eat fish, crabs and shrimps for our dinner.

What do you think? I hope you will enjoy your Saturday. Write to me soon.

Love,
Danny

A Bag of Money

Law Yat Siu 4T (12)

Yesterday, my mum and I went to a fast food shop for lunch. First, I ordered a hamburger, a box of chicken wings and a cup of cola. My mum ordered an apple pie and a cup of water. After getting our food, we looked for seats.

Next, we went to the table immediately after the man left. We wanted to sit down. However, I found a small bag which was heavy and black. There were a lot of one-thousand-dollar notes inside the bag. I was surprised. We asked a lot of people but all of them denied leaving such a bag behind.

Finally, we decided to give the bag to the police. The policeman said that I was a good and honest boy.



My Mum and Me

Hung Yi Shun, Melody 4T (8)

This is a photo of me and my mother. We live in Mong Kok. I am a student. I am nine years old. I am 30 kg and 139 cm tall.

My mother is a teacher. She teaches Chinese. She is 34 years old. She is 54 kg and 159 cm tall.

I am shorter than my mother. My mum and I have big eyes and long hair.

My mother is kind. She always helps with my homework. I love my mum very much. I think my mother is the best mum in the world!

A Photo Story

Sit On Ting, Aimee 4S (26)

This is a photo of my little brother and me. My name is Aimee. I am nine years old. My little brother's name is Nicolas. He is six years old. I am older than him. We live in Mong Kok and study in the same school.

I am quite tall. I am taller than my little brother because I always play basketball. He is the shortest in our family. I am heavy. My weight is heavier than his because I love eating a lot of food all day. I have small and sparkling eyes but my brother's eyes are bigger than mine. My hair is very long. However, his hair is really short. My hair is longer than his.

He is cheerful and always smiles happily. I am helpful and friendly. I usually help my parents clean up our house.

We enjoy playing Go and basketball together. He is the best at Go in my family. He always wins against us.

All in all, I love my little brother very much. I am glad that he is my little brother.



Who am I Grateful to?

Leung Yu Kiu, Celia 4S (16)

When I was little, I couldn't tie my shoelaces. Every morning, I sat on the chair, looked at those strings and waited for my mum to kneel down and tie them up for me. I thought it was some kind of magic trick. How did two strings turn into a little bow?

One day, my kindergarten teacher showed us a simple way. 'Make two bunny ears, cross them over and pull one through the hole.' I tried it step by step but they came undone in three minutes. I practised every day after school. One afternoon, I tied a bow that stayed put! I ran to my mum and showed her my shoes. I told my mum, 'Look! I did it all by myself.' Now, I tie my own shoelaces every morning.

I am most grateful to my mum and my teacher because when I couldn't tie my shoelaces by myself, my mum kneeled down and tied them up for me. My teacher taught me in a simple way and I can do it by myself now.

My Rap Verse

Leung Tsz Ham, Joey 4S (15)

Once there was a cat
His name was a Copy Mook
Who sat on the moon
And read his favourite book

About a duck named Meow
Who hated going to school
He was very weird
And thought capybaras are very cool.



A Bag of Money

Li Sau Yee, Zoey 4S (18)

Yesterday, my mother and I went to a fast food shop for lunch. When we got our meal, we couldn't find any seats.

Three minutes later, we found a table. When we walked closer to that table, we saw a bag on the chair. We felt shocked and didn't know what to do afterwards.

After settling down, we opened the bag and found that there was a stack of one-thousand-dollar bills inside the bag. We felt surprised because it was a lot of money.

After a while, someone came up to us and claimed that the bag was his. In order to verify whether he was the owner of the bag, we asked him, 'Can you tell me how much money is inside the bag?' And he answered correctly. Therefore, we returned the bag to him.

From this story, I have learnt that we should make sure to take all our personal belongings with us before we leave a place.

A One-Day Trip

Lui Pak Ho, Horus 4S (22)

28th February, 2026

Dear Jenny,

How are you? Thank you for your letter. Let me tell you about my plan for this coming Saturday.

In the morning, I'll go to Ocean Park to experience a unique mix of thrilling rides. First, I will go on the rides, which is my favourite activity. Then, I will go to the aquarium. After that, I will watch the bird show and have lunch before leaving.

In the late afternoon, I will go shopping at Stanley Market because there are many different kinds of souvenirs. I'll buy some presents for you.

In the evening, I'll go to Tai Kwun because I'm interested in historical heritage. I'll participate in the heritage exhibition and public tours there.

What do you think of my plan? I can't wait to see you.

Love,
Danny

My Rap Verse

Wong Tin Yan, Timothy 4L (28)

Once there was a bus
His name was Aura Crook
Who sat under the bridge
And read his favourite book

About a very scary Dragon
Who lived under the ground
"Give me some bread or
I will eat you instead!"



I Am Grateful to My Mum

Wong Ngo Tin, Boris 4L (27)

I couldn't do a few things when I was young. For example, I couldn't ride a bike or complete science projects by myself.

When I was four years old, I couldn't ride a bike because I was unable to keep my balance and was scared of crashing into others. Therefore, Mum taught me to maintain my balance and I practised three times a week. Now I can ride a bike for an hour by myself.

When I was five years old, I couldn't complete science projects by myself because they were too complex and I had weak motor skills. Thus, Mum guided me through the process. She showed me how to make the machine work. I am proud of myself that I can complete the projects by myself.

Those were such good memories! I am grateful to my mum, and I am grateful for her kindness and patience.

A Photo Story

Chan Yu Leuk 4L (4)

This is a photo of me and my brother. We live in Lok Hing Building. My age is nine and my brother is five. I am a Primary 4 student at Heep Woh Primary School. My brother is a Heep Woh Kindergarten student. At home, my job is to help my brother with his homework. My brother needs to tidy up the toys by himself.



We have lots of differences. Firstly, my weight is 27.5 kg and my brother is lighter than me. My height is 129 cm and my brother is 105 cm. I am taller than him! I have long arms, big eyes, and a small nose. My brother has short arms, big ears, and a small nose too.

I am a funny, clever, creative and passionate person. On the other hand, my brother is funny and a very passionate English speaker. My hobbies are watching TV, drawing pictures, reading books, and playing with my brother. My brother's hobbies are watching TV, coloring pictures, and playing on the bed—how fun!

All in all, although we often argue, we still love each other. We always play with each other and we share things. Our good relationship will last forever!

A Letter about a Saturday Plan

Ng Cheuk Kiu 4L (21)

Dear Jennie,

How are you? I hope you get good grades in your exams. It is my school holiday next Saturday; let me tell you my Saturday plan!

In the morning, I will go to the Avenue of Stars at Tsim Sha Tsui because every popular star has a hand imprint there. I will take photos with the statues at the Avenue of Stars as well.

In the afternoon, I will go to Central to board the ferry. I will go across Victoria Harbour by the Star Ferry. Also, I will visit the pier there because it is a historical landmark in Hong Kong. It's worth visiting there!

In the evening, I want to watch the dazzling view of Hong Kong so I will stay at the pier and look at the night view there.

I can't wait to travel around Hong Kong next Saturday. What do you think about my plan? Write and tell me!

Love,
Rory

I Am Grateful to My Parents

Tang Tsz Ching 4L (25)

There were three things that I couldn't do when I was little.

Firstly, I couldn't read English books by myself when I was three because I didn't know how to read the words and I didn't understand what the words meant. I could just look at the pictures. My mum guided me to read aloud correctly and she read English books with me every day. Day by day, I could read a lot of English books which had lots of words!

Secondly, when I was four, I couldn't ride a bike without training wheels because I didn't know how to keep my balance. I would fall over, so my dad taught me to maintain my balance step by step. He held the back of my bike and let go when I felt confident enough to ride it by myself. I practised hard. I can ride a bike by myself now.

Thirdly, I couldn't write neatly when I was five because I didn't know how to control my pencil properly. My mum found me a copybook to trace along the dotted lines and practise writing words. She held my hand and wrote the words with me. I practised writing words every day. I can write neatly now!

I am grateful to my mum and dad because when I was about to give up, they encouraged me. When I didn't know what to do, they taught me. Without their guidance and help, I wouldn't be who I am today. I love them very much!

Mum's Birthday

Li Zhuofen, Flora 5I (11)

It was Mum's birthday on Sunday. I wrote a list to prepare the things we needed. My sister agreed.

After a while, I went to the supermarket to buy some snacks. Soon, I made a phone call to my sister. I asked, 'Have you written a birthday card yet?' My sister replied, 'Yes, I have written a birthday card. Have you bought some snacks yet?' I replied, 'Yes, I have just bought some snacks. Have you tidied the living room yet?' My sister said, 'Yes, I have already tidied the living room.'

At the birthday party, I took out the glasses, plates and snacks. Suddenly, my father asked, 'Where's the birthday cake?' I replied, 'Oh no! I forgot.' Mum said, 'That's alright. We can make a birthday cake ourselves.' After a while, we all made a birthday cake together. It was delicious. Mum was happy. I was delighted.

What a Memorable Day

Xie Yucen, Olivia 5I (21)

Yesterday, my friend, Steve, and I went to the food court to have lunch. We wanted to order food from the food stalls because we were hungry. We just had a basketball match with our schoolmates.

Steve was so excited that he suddenly spun the basketball on his finger. He felt happy and relaxed. There was a boy who was ordering food near us.

Suddenly, the basketball fell off and hit the boy. He yelled at Steve because all the food on the food tray fell on the ground. What a mess!

We froze for a second. Then we quickly apologized to the boy. Steve helped to pick up the scattered food and I went to get some napkins to clean the floor. The food stall owner came over and kindly said it was alright. She even offered the boy a new tray of food. Later, the boy laughed and said he was feeling fine too. Though it was a messy accident, everyone's kindness made it a warm memory.

Princess Beth's 18th Birthday

Li Zhuoyun, Wendy 5G (9)

On Princess Beth's 18th birthday, the king gave her a gift. The king said, 'My daughter, today is your 18th birthday. Happy birthday! Here's a necklace for you. I hope you like the gift.' Princess Beth replied, 'Wow! Thank you, Dad. This is a special gift. I like it very much!' Princess Beth wore the necklace on her neck.

Next, Princess Beth went to her home. On the way, she accidentally dropped her necklace. She did not notice it. When she looked into the mirror, she found that her necklace was not on her neck.

At the riverside, she wanted to find her necklace. Suddenly, the Frog Prince jumped up from the river. Then Princess Beth asked, 'Dear Frog Prince, I lost my necklace. Would you help me to find it?' The frog answered, 'Dear Princess, I would help you to find it. Wait a minute.' Next, the Frog Prince conjured a necklace from his pocket. Princess Beth was surprised. In the end, the Frog Prince became a human and said, 'Can you marry me?' Princess Beth agreed. Princess Beth and the Frog Prince got married in the castle.

Princess Beth had an unforgettable birthday. She hoped she could have another special birthday because she had a good father and Frog Prince.

A Wonderful Surprise for Mum

Poon Tsz Lok, Cabee 5I (16)

Last Sunday was Mum's birthday. My sister and I wanted to plan a perfect birthday party for her. First, we wrote a to-do list to organise everything. We needed to tidy the living room, buy snacks and drinks, make a birthday card and order a birthday cake.

Then we started working. I asked my sister, 'Have you tidied the living room yet?' 'Yes, I have already tidied the living room.' Soon, we completed the beautiful birthday card together too. After that, we went to the supermarket to buy some snacks and drinks. My sister suddenly remembered that she hadn't ordered the birthday cake. We felt very worried. We immediately bought a birthday cake at a bakery nearby.

Finally, on Mum's birthday, when she saw the clean house and our handmade card, her face lit up with a huge smile. She said it was her best birthday ever. My sister and I have never felt so happy and proud of ourselves. It was such a perfect day!

Princess Beth's 18th Birthday

Ng Cheuk Yiu, Yoyo 5G (13)

On Princess Beth's 18th birthday, the king gave her a gift. The king said, 'Happy birthday, my dear! I hope you like the gift.' Princess Beth replied, 'Thank you, father. I like it so much!' She felt surprised.

She went to the garden to have a walk around the trees. Then she went to her room. Unfortunately, Princess Beth dropped her necklace on the way. She did not notice it. When she got back home, she found that her necklace had disappeared. She felt upset.

After that, she went to the riverside because she wanted to find Frog Prince to help her find her necklace. Suddenly, Frog Prince jumped up from the river. She asked, 'Dear Frog Prince, I lost my necklace. Can you help me find it?' Frog Prince agreed. Then, he jumped in the water and found it. Frog Prince gave the necklace back to Princess Beth. She was very happy.

In the end, the king noticed that Frog Prince had helped his daughter find the necklace so he invited him to eat with them. They chatted happily at the dinner.

Jimmy's birthday

Huang Pak Ho, Paco 5G (3)

It was Jimmy's birthday yesterday. Dad gave Jimmy a remote car as a present. Jimmy felt very excited and surprised.

Jimmy went to the park. Later, two little boys came with their father. The two little boys felt amazed because the remote car was very cool. They shouted, 'Wow'.

Suddenly, the two little boys took the car away. Jimmy felt angry. Jimmy shouted at the two little boys. The children's dad asked the boys to return the car to Jimmy. Then, they returned the car to Jimmy unwillingly. Jimmy played with the remote car with the two little boys. They were very happy.

Jimmy learnt a lesson. He should share with others. Although Jimmy was very angry, he was patient. He shared his favourite toy with the little boys. In the end, he got on well with the boys. They had fun.

Mum's Birthday

Wong Pak Kiu, Coleson 5W (33)

Mum's birthday was on Sunday, so my sister and I decided to prepare things for Mum's birthday. First, I made a to-do list. Then I suggested to my sister, "You stay home to write a birthday card and tidy the living room, and I'll go to the supermarket to buy things." My sister agreed, "Okay."

After a while, I called my sister to report what I had done and asked her what she had done. I asked, "Have you tidied the living room and written the birthday card yet?" My sister replied, "I have just tidied the living room and I'm writing the birthday card now. How about you? Have you done the shopping yet?" I said happily, "Yes, I have. I've bought some snacks and drinks for the party."

After that, I ran back home to help my sister with the decorations. Meanwhile, the doorbell rang, and Mum and Dad came back. When they saw all the things my sister and I had prepared, they felt extremely excited. Dad felt a bit confused. He said, "Where is the birthday cake?" My sister asked, "Didn't you buy it in the bakery?" "Oh no! I forgot to buy a birthday cake!" I replied fearfully.

"Don't worry," my sister said, "We can make it now in the kitchen." Finally, we baked a cake successfully and we celebrated mum's birthday together. Mum said, "This has been the best birthday ever!" In the end, I felt joyful because the party was successfully celebrated.

Princess Beth's Special Birthday

Chan Tsz Yeung, Anson 5W (4)

Once upon a time, there was a princess called Princess Beth, who had big eyes and long hair. On Princess Beth's 18th birthday, the king gave her a precious gift. The King said cheerfully, "Happy birthday, my lovely daughter. This diamond necklace is for you." Princess Beth felt surprised and replied, "Thank you so much Dad. It's very beautiful!"

After having breakfast with the King, and the Queen, Princess Beth went to the huge garden to celebrate her birthday with her friends. Unluckily, she dropped her diamond necklace on the way to the garden. She was upset and worried because she thought the king would scold her.

Afterwards, Princess Beth went to the riverside. She wanted to find somebody to help her find the necklace. Suddenly, the Frog Prince jumped up from the river. Princess Beth asked sincerely, "Dear Frog Prince, I lost my diamond necklace. Can you help me find it, please?" Frog Prince answered, "Oh, it is easy. I will help you if you give me a white rose from your garden." Princess Beth promised, "Sure!" Then, the Frog Prince jumped back into the riverbed to find the necklace. Princess Beth was nervous while she was waiting for the necklace.

After a while, the Frog Prince found the necklace and gave it to Princess Beth right away because she gave the Frog Prince a white rose. Once Princess Beth wore the necklace, it immediately turned red and choked her neck. At that moment, Prince James appeared and saved Princess Beth quickly.

At last, they defeated the evil Frog Prince, and the riverside became peaceful again.

Weekend Staycation Trip

Ko Ching, Ophelia 5W (14)

You wouldn't believe what happened to me and my family on our staycation trip over the weekend.

At 11a.m., we arrived at our hotel. When we saw our hotel room, we were in shock because the room was very large and there was a gorgeous sea view. I couldn't stop staring at it. The hotel room was amazing.

At 12 o'clock, after we unpacked all our things, we sat down on our patio to watch television. We chose to watch a comedy since we wanted to watch something funny after such a stressful day.

When my family and I were in the middle of the film, I saw something crawling on the floor. When I looked closer, I realised it was a cockroach. I jumped up in shock. My family was very shocked too. My mom called the room service.

Soon, a woman came and apologised. She said she would clean our room, so my family and I went to the nearby mall to have lunch.

When we came back to the hotel, our room was very clean. We were satisfied with the room service.

A Birthday Surprise

Lee Tsz Yau, Yvonne 5T (10)

My sister and I knew that Mum's birthday was the next day -- the 3rd January. We decided to organize a surprise birthday party for her. First, we wrote a to-do list: tidy the living room, buy some snacks and drinks, write a birthday card and buy a birthday cake.

While I was at ABC Supermarket, my sister called and asked, 'Have you bought some snacks yet?' 'Yes, I've already done it.' 'How about writing the card?' she asked. 'Yes, I've written the card.' We were very busy.

On Sunday, my parents, my sister and I gathered in our living room. Dad looked around and asked, 'Did you buy the birthday cake?' My sister and I froze. 'Oh! No! I forgot to buy it!' I shouted. We had completely forgotten about the cake! What should we do?

Suddenly, the doorbell rang. It was our grandmother. She was holding a big chocolate cake. She smiled and said, 'Happy birthday!' We all laughed happily. Mum was very happy so she hugged my sister and me. We had a wonderful time. We sang the birthday song and cut the cake.

In the end, we took a few photos in the living room. Mum told us it was the best birthday party she had ever had.

How to Make a Door Plate?

Wong Yuk Yeung, Samuel 5T (21)

1. First, use a pair of scissors to cut a heart shape out of a piece of coloured paper.
2. Next, use crayons to draw some pictures on the heart shape.
3. Then, use a pencil to write the name of the room on it.
4. After that, use a hole punch to make two holes.
5. Finally, use a piece of string to tie the plate. Hang up the door plate on the door.

Jimmy's Birthday

Lam Yuet Yee, Yannie 5S (12)

Today was Jimmy's birthday. Dad gave him a model car as a birthday present. Jimmy felt overjoyed.

Then Jimmy went to the park to play with his new model car. Suddenly, two kids walked toward it. They were amazed by the cool model car.

'Wow!' shouted one boy, and he grabbed Jimmy's model car. Jimmy was very angry, so he yelled at the boy. The children's dad was shocked, but he told the kids to give the model car back to Jimmy.

In the end, the boys politely gave the model car back to Jimmy and apologized to him. Jimmy felt glad, but the boys felt guilty. They learnt that they have to get someone's permission before taking their property.

Princess Beth and the Frog Prince

Lee Cheuk Yin, Kayven 5S (14)

On Princess Beth's 18th birthday, the King gave her a gift. The King said, 'Happy birthday, my lovely daughter. I hope you like this silver necklace.' Princess Beth was excited. She replied happily, 'Thank you Dad! Wow! It's beautiful. I love it.'

After a while, Princess Beth went to her friend's house. She ran quickly and unluckily, she dropped her silver necklace. When she found she had lost her birthday gift, she felt sad and worried.

Soon she came to the riverside. She was very upset, so she didn't want to go home. She sat down by the riverside. Suddenly, a frog jumped up from the river. Princess Beth felt scared, but the frog looked kind. So, she told the frog, 'I lost my necklace. I'm afraid my dad will get angry.' The frog said calmly, 'Don't worry, I can give you a new one.' After that, the frog spoke some magic words loudly. Then, a silver necklace appeared.

The frog gave Princess Beth the silver necklace. She was surprised, but she told the frog honestly, 'It is not mine.' The frog in fact, was Prince Charlie. He thought Princess Beth was a beautiful and honest girl. He wanted to marry her. In the end, Prince Charlie and Princess Beth went to the castle together. Prince Charlie asked the King, 'Can I marry her?'

The New Frog Prince and Princess

Lee Tsz Lung, Chase 5S (16)

Once upon a time, in a lovely forest by the riverside, Princess Beth celebrated her 18th birthday. The King, dressed in a golden crown and a long red robe, gave her a beautiful necklace. He said, 'Princess, take this necklace for your birthday present.' The princess replied, 'Thank you! I like it very much!'

After that, while she was walking in the forest, she accidentally dropped her necklace into the river. She felt upset, so she rushed to the riverside and wanted to find her necklace.

Meanwhile, the Frog Prince jumped up from the river. Princess Beth asked him, 'Can you help me find my necklace? I lost it.' He said, 'Of course! But you must promise to be friends with me after I find it.'

Then, he dived to the river bottom and got the necklace back. However, he didn't give the necklace back right away because he wanted to test her honesty. He asked, 'Are these earrings yours?' She answered, 'No, they aren't mine.' He asked again, 'Is this ring yours?' She answered again, 'No, it isn't mine.'

Suddenly, a witch appeared. She was impressed by Princess Beth's honesty. She said, 'Because you are honest, I will help the Frog Prince become human.' With just a wave, the frog became a handsome prince. The princess and the prince smiled at each other, and from that day on, they lived happily together.



A Special Sunday for Mum

Tsang Man Fei 55 (26)

Last Sunday was Mum's birthday. My sister and I wanted to give her a big surprise. We made a to-do list in the morning: clean the living room, buy snacks and drinks, write a birthday card and order a birthday cake.

First, I cleaned the living room while my sister went to ABC Supermarket. When she came back, I asked "Have you bought the snacks yet?" She smiled and said, "Yes, I have already bought chips and juice." Then she asked me, "Have you written the card?" I answered, "No, I haven't written it yet. I will do it now."

Soon, Mum and Dad came home early! We quickly turned off the lights and shouted, "Happy birthday, Mum!" She was so surprised and happy. Then Dad said, "Now, let's bring out the birthday cake!"

My sister and I looked at each other because we had forgotten to order the cake! I said nervously, "We haven't ordered it yet..." Everyone was quiet for a moment.

But Mum just laughed and hugged us. "It's okay," she said, "You have already cleaned the house, bought snacks and written a card. That's the best gift!" We ate snacks, sang songs and still had a wonderful night.

Mum's Birthday

Li Sheung Yin, Shane 5L (22)

It was the third of January, which was one day away from my mom's birthday. I took out my to-do list and started doing my tasks.

After I bought the snacks, my phone rang so I answered the call. "Have you bought the snacks yet?" said my sister who was multitasking. I answered back, "Yes, I have." I thought about the tasks for a moment, "Have you written a birthday card yet?" I asked. "I am still writing but it won't be long until I finish," she answered. "Also, I've already finished tidying and decorating the living room." "Nice and splendid!" I said while I was going back from ABC Supermarket.

The next day, we put the snacks on the table. I was happy until I realized something. "Oh no! I forgot to buy the cake!" I whispered to my sister. I was very worried. My mom looked at my face and seemingly read my emotions. "Don't worry! I made a cake yesterday and have put it in the fridge. I planned to keep it a surprise until today!" She brought out the cake. We all wowed and sang "Happy Birthday" song to her. And then we ate the cake. This instantly made the whole day the best day ever because the cake was super-delicious. The cake was beautiful, which was a point worth mentioning.

I found out mistakes aren't always on the negative side. They could be good, like how I forgot to buy a cake, but my mom had already made a better one.

Mum's Special Birthday

Chan Chin Yuet, Gianna 5L (1)

Last Saturday, was the day before Mum's birthday. My sister, Jane, and I prepared a to-do list to set up and decorate the whole house to surprise Mum.

On Sunday, Jane was in the living room writing a birthday card while I was at ABC supermarket buying snacks and drinks for the surprise. Then my phone rang in my pocket. I picked up the phone then heard Jane say: "Brother, have you bought the snacks and drinks yet?" I replied, "Yes, but have you written the card for Mum yet?" Jane answered, "Of course! You need to get home quickly, as we don't have much time left!" I looked at my watch and said, "Okay, bye! See you at home." I got home quickly. Then we decorated the living room together, making it full of pretty decorations.

At night, Mum came back from work not expecting anything special. Out of her expectation, Dad, Jane, and I surprised Mum by turning off all the lights and singing the happy birthday song loudly. Then, we took Mum to the living room to celebrate. Mum felt touched by all the things we did. Jane said, "Brother, you can bring the cake out now!" I replied, "Oh no! I forgot!"

Suddenly, I came up with a great idea. I suggested to build a cake using all the snacks I'd bought. After we built the "birthday cake" together, it felt like seventh heaven! Mum told me that this was the most memorable birthday of her life!

Mum's Birthday

Hon Cheuk Yuet, Cherry 5L (12)

On the day before Mum's birthday, my sister and I wanted to prepare a celebration with my family, so I wrote a "to-do list". "We have to tidy the living room, buy snacks and drinks, write a birthday card and buy a birthday cake," I told my sister. "I'll stay at home. You go shopping," said my sister.

After a while, I went to the supermarket. My sister called me, "Hello, have you done the shopping yet?" asked my sister. "I've just finished. How about you?" I said. "I've already tidied the living room but I haven't written the birthday card yet," she answered.

The next day, we had a celebration together. Dad wondered and asked, "Where is the birthday cake?" "Did you buy a birthday cake yesterday?" asked my sister. "Oh no! I forgot!" I screamed.

I was worried. I didn't know what I should do. Suddenly, Mum said, "Why don't we make a cake together?" At last, we baked a pretty birthday cake. We were over the moon. This was the most unforgettable birthday.

Mom's Birthday

Lai Lok Yee, Chloe 5L (13)

The day before Mom's birthday, my little sister and I wanted to prepare a birthday party for her, so I made a to-do list. "I'll buy the snacks, drinks and coke," I said. "And I'll go prepare the birthday card and decorations," said my little sister. We both agreed and started to work. I quickly changed my clothes and went to ABC Supermarket while my sister stayed home preparing the birthday card and decorations.

Two hours passed and I got a call from my sister. "Have you bought everything we need yet?" asked my little sister. "Yes, I have. Have you prepared the decorations yet?" I asked. "Yes, I have. Everything is set," said my little sister.

The next day (which was my mom's birthday), I helped my sister decorate the house. We set the table with the snacks and drinks. When our mom and dad saw this, they were amazed. "Wow, I am so proud of you two!" said Dad. I smiled at my dad. "But where's the birthday cake?" he asked. At that moment, my heart dropped. "Oh no! I forgot to buy the birthday cake!" I shouted. "It's ok. You have done a good job already," said Mom. Mom hugged me tightly and said it was the best birthday celebratiew he had ever have.

My Dream Job: Doctor

Ye Hiu Ching, Winnie 6I (22)

When I grow up, I would like to be a doctor. This profession is helpful and respectable, as doctors can save lives and help people stay healthy—something I find truly noble.

If I become a doctor, I will treat sick people to help them recover and work with other medical staff to ensure patients get good care. To be a qualified doctor, one needs solid medical knowledge to make accurate diagnoses, as well as strong communication skills to explain conditions clearly to patients.

To realize my dream, I'll study hard at school, especially science subjects like biology and chemistry. In my free time, I'll also learn about medicine by reading related magazines or watching medical documentaries. I believe these will help my dream come true one day.

Living a Green Life

Law Hang Sum, Sam 6I (12)

Green life is very important to us because of many reasons. First, this keeps our place clean and comfortable. Second, this makes the sea beautiful and clear. Finally, this keeps the air cool and fresh.

But what will happen if we don't? We'll face problems like: deforestation which lowers the number of trees, thus reducing fresh air in cities or in crowded places. These make so many fumes. People make a lot of rubbish day by day, filling up landfills. City lights, including Hong Kong's "A Symphony of Lights", are too bright, making stars hard to be seen at night.

On the other hand, instead of just worrying about this situation, we should take action before it's too late. At schools, we should turn the taps off when not using them, and turn the lights off when no one is in the classroom. At home, we should use a fan instead of turning on the air-con, and reuse paper again and again while we still can.

What is the result of living a green life? You might think it's just a tiny change if you do this. But you should always remember that even the smallest changes can change everything for the better. So, when others see you change, they will change too because humans live in groups. We can also motivate companies to take action and your children's children will thank you.

Let's always remember that we share our world with lots of other living things. The Earth's future is in your hands. Live a green life before it's too late!

The Lonely Witch

He Yue Xi, Isaac 6I (7)

It was a dark, chilly night. Witch Wanda was sitting alone at home looking out of the window. She saw villagers celebrating Christmas by dancing and singing.

She felt angry and lonely because she was jealous. She didn't want to see the joy of the villagers, so she ruined their celebration. She cast a spell and turned them into skinny rats.

A few days later, three new villagers came to the village. They were a couple and their little son. They looked cheerful, so the witch thought, 'I will turn you into rats too.' The boy saw the witch and asked, 'You look sad. Would you like to celebrate Christmas with us?' The boy's kindness melted the witch's heart. She felt joyful and realized being kind was better than being mean. Therefore, she undid her spell and turned the villagers back from rats to people again.

In the end, Witch Wanda celebrated Christmas with the three new villagers joyfully.

Living a Green Life

Lau Ming Hin, Henry 6I (11)

Have you ever thought about why a green life is so important? I'm going to tell you that it is because we need to make our home more beautiful. Moreover, we should protect endangered animals and try to stop them from going extinct. We need to do something because we have been destroying this beautiful planet.

There is so much pollution in this world. There is constant deforestation, so there are fewer and fewer trees in the forest. We are destroying the animals' habitat, so they have lost their homes. Also, cars produce so many fumes, and they make so many problems. Because of it, many people and animals have breathing problems. What's more, people dump so much rubbish into landfills. All the animals get sick or even die because of it!

However, we can save the environment by ourselves. At school, we can turn off the lights when we have PE lessons to save energy. We may also use reusable cutlery instead of disposable ones when we are having our lunch. We can reuse the cutlery and make less waste. At home, we can recycle plastic bags, paper, tins and cans. We can recycle the things that we don't use! Turning off electronic products when you are not using them is also good.

Let's leave a good world and environment for future generations. We can motivate companies or even countries to take action. Remember, the Earth's future is in our hands. So let's do our best to take care of this amazing planet!

My Dream Job

Xu Zhuoran, Zora 6G (19)

When I grow up, I want to be a doctor because it is a meaningful job. I am a helpful person. If I become a doctor, I will help sick people to cure their illnesses.

Doctors need to be smart and efficient so that they can diagnose illnesses and provide treatments to patients. They need to be patient and caring too, so that they can talk to patients and their families. They need to help a lot of patients every day. Also, they need to be calm so that they can make decisions in an emergency. What's more, they need to be knowledgeable so that they can keep learning more medical knowledge.

To make my dream come true, I will study harder so that I can be qualified and professional enough to help patients. I will read more books about medical knowledge so that I can know more about the features of different illnesses. Besides, I will learn more techniques about rescuing patients because this is an important duty of a doctor.

I hope I can be a doctor when I grow up. Maybe one day you can ask me for help if you are sick.

The Lonely Witch

Chu Suet Wing, Wing Wing 6G (5)

Once upon a time, there lived a wicked witch called Wanda. She was very rude and unkind. On Christmas Eve, people were celebrating Christmas on the street. They were dancing and singing happily. However, it annoyed Wanda very badly and made her feel jealous because she had never had friends and was always very lonely.

Wanda soon became enraged and used her magic to trap the villagers so that she could destroy their Christmas spirit. She turned them into mice, 'Mures facti estis! You are all mice until the month is over or when I feel like turning you back into humans, you putrid little mice,' she said with anger filling in her eyes. The villagers who got turned into mice were panicking since they were now easy prey. Therefore, they ran to hide in some cracks in their village so that they would be safe.

One day, a new family that had moved in the village was roaming around. They were curious where most of the villagers had gone as they didn't see many villagers. As the family roamed, the little boy noticed Wanda and saw it as a chance to make friends. So, he grabbed her by the hand and said, 'Hello, my parents and I are new here. May you let me be your friend, please?'

Wanda was shocked, she never expected anyone to be her friend, as she was very rude and unkind. However, she accepted anyway and became his first friend in the village. Soon, she realised that she was happy as she had a friend now. After talking to the new family for a while, she left to go to the streets where the villagers celebrated and called them to come out so that she could turn them back into people. She apologised to them and promised not to do it again. The villagers forgave her and also invited her to festivals and parties.

A Visit to the Orphanage

Ho Wun Kiu, Angie 6G (7)

Dear Leon,

Last Sunday, my friend, Erica and I visited an orphanage in Kowloon. The children there live without parents because their families can't take care of them. I felt both nervous and excited since it was my first time visiting an orphanage.

On the stage, Erica and I sang songs and told jokes. The children laughed happily and clapped loudly for us. We were having a great time. Suddenly, a little girl started crying! 'What's wrong?' I gently asked. She replied softly, 'I miss my parents.' We quickly comforted her, 'Don't worry, we care about you! So let's turn that frown upside down!' I did a goofy dance. Although it was embarrassing for me to do, I got her to cheer up and giggle in the end.

We ate lunch with the children until we had to go. It was a meaningful experience and I realised how important it is to love and support them. How about you? Please write soon!

Yours,
David

The Lonely Witch

Chan Ailey 6W (1)

Once upon a time, there was a witch named Witch Wanda who had a pointed nose and was ugly. She was unkind and unfriendly. One Christmas day, all the villagers in the village were singing and dancing in the street to celebrate Christmas together. However, Witch Wanda stayed in her own house, watching the villagers having fun together. She felt very lonely.

Then she ran out of her house, cast a spell on every single villager and turned them into mice because she was angry and jealous that no one remembered to invite her. She hated their smiles and laughter. Finally, she felt quiet and peaceful after casting the spell.

A few days later, some new villagers arrived and Witch Wanda wanted to cast the same spell on each of them. So, she started to stalk them to find the right time to cast the spell. But when Wanda was hiding behind a tree, a little boy noticed Witch Wanda. he came up to her, held her hand and said, 'Let's be friends.'

Witch Wanda stared at him in blank amazement and she felt stunned. The thought of turning them into mice melted at that moment. She realized that she shouldn't be mean to others, so she turned the mice back into humans and said sorry to each of them. 'POOF!' Suddenly, some white smoke appeared. When the smoke faded, Witch Wanda became a pretty girl. It turned out that her act of kindness broke the curse which punished her for being unkind to a fairy a long time ago.

In the end, they celebrated Christmas again but this time everyone was happy.

My Dream Job

Mak Pak Hou, Brendan 6W (24)

When I grow up, I want to be a Youtuber because it is an interesting job. I want to be famous so I like to make videos to let more people know me. If I become a Youtuber, I'll create many attractive and unique videos.

Youtubers need to be creative so they can think of many new ideas to create interesting videos. And they need to be entertaining because they need to make fun videos for their audience. Besides, Youtubers need to be trendy so they can understand what people are interested in.

To make my dream come true, I need to watch more videos and learn from experienced Youtubers to get more ideas. In addition, I need to learn how to edit my videos or else they will be boring.

I hope I can become a Youtuber when I grow up. Maybe you will see me in some Youtube videos oneday. Remember to comment, like and subscribe to my channel!

The Lonely Witch

Chan Tak Fai, Jayden 6W (4)

Once upon a time, there was a witch called Witch Wanda who had a pointed nose and she was ugly. She was unkind and unfriendly. One Christmas day, all the villagers in the village were singing and dancing in the street to celebrate Christmas together.

However, Witch Wanda stayed in her own house, watching the villagers having fun together. She felt very left out. No one had ever celebrated Christmas with her.

She decided to use a magic wand to cast a spell on the villagers. She said, 'This spell will turn all of you into tiny little mice. So, get ready to end your human lives!' They all shouted, 'Please! Do not...' But it was too late. They had already become little mice.

Later, some new villagers came to the village. They saw Witch Wanda. The boy was very excited and held her hand. But Witch Wanda wanted to turn them into mice just like what she did to the old villagers. The boy suddenly said, 'Let me be your friend!'

Witch Wanda was shocked that the boy wanted to be her friend. She realized that she wasn't all alone. She said, 'Thank you!' She was over the moon. In the end, she turned the villagers back into humans and celebrated Christmas together. It was the happiest Christmas that Witch Wanda had ever had!

The Gift of Learning

Tang Yau Him Yoyo 6W (27)

One afternoon after school, I noticed my friend sitting alone at her desk looking very sad. She was trying to go through her math homework. Her face looked very troubled and she was scratching her head. I was sitting next to her so she asked me, 'Can you give me your answers?'

I shook my head and talked to her carefully. 'It's not right to do that.' She tried to convince me by saying, 'If you help me, I'll give you some snacks later. Please!' So, I told her, 'You need to do it yourself. In a test, you cannot see other people's answers. If you do, you would get a zero!' Then, she argued, 'But I'm your friend! Friends help each other!' So I explained, 'If I am a real friend to you, I would not help you like that. Instead, I will teach you.'

I waited patiently and finally she agreed, 'Okay, please teach me.' For about ten minutes, I taught her how to do the homework. I wanted to teach her, not do the work for her because learning is the most important process.

After about twenty minutes, she finished her homework by herself! She yelled, 'I did it! Thanks for your help. You're a real friend.'

'You still need to give me snacks later!' I joked.

Helping my friend taught me a great lesson. I realized that the best way to help others is to give them ideas, not answers.

Living a Green Life

Kung Yui Hin, Zachary 6W (15)

Have you noticed that the Earth is getting hotter and hotter and it's like we're living in an oven? Living a green life is important because global warming is getting more and more serious and more animals are becoming endangered.

Nowadays, we face loads of environmental problems. For example, there are fewer trees because people cut down many trees. They use the wood to make paper or build buildings. However, deforestation affects the habitats of many living creatures. Also, cars produce so many fumes which are bad for our respiratory systems. Moreover, people dump so much rubbish in to landfills and into the sea. This does not only cause land pollution but also causes water pollution too. In addition, people use disposable products and throw them away. This causes land pollution and affects our living environment.

If we want to protect our environment, there are many things we can do at school and at home. At school, we should bring our own bottles so we will produce less rubbish. We should also bring our own facecloths so that we can use it instead of using paper towels. At home, we should turn off unnecessary lights so that we can save energy. Moreover, we should not play with water so that we can save water.

If everyone does their best to help, there will be fresher air, and it will be good for our health. Animals will also have a nicer living place. Follow the 3R principles— Reduce, Reuse and Recycle. Take action to save the Earth.



The Lonely Witch

Ho Ka Chun James 6T (10)

Once upon a time, there was a witch called Wanda. She lived in a village. It was amazing. The villagers were celebrating Christmas together. They were happy. Witch Wanda was lonely because nobody played with her.

Suddenly, she was so angry that she wanted to take revenge! She cast a spell on the villagers: BOOM! All of the villagers turned into mice. Witch Wanda laughed wickedly, 'Hee! Hee! Hee!' She felt happy that she had done this to destroy the villagers.

A few days later, Witch Wanda was walking alone in the village. She was so lonely. Suddenly, a family of three were standing in front of her. They were visitors. Witch Wanda hated them because they looked joyful. She wanted to turn them into mice too. Then the little boy in the family held her hand and asked, 'Let me be your friend. Let's play together!' Witch Wanda felt really touched. She didn't want to play with him at first. The little boy held her and played hide and seek with her. She realized that others would accept her even if she was ugly.

In the end, she found out she was cursed with 'the darkness'. The only way to get out of the curse was not to be lonely and get friends to play with. At last, she turned the villagers back to normal people. With her kindness, the curse was finally broken. So she was turned back into a princess.

Living a Green Life

Chan Ho San Stanley 6T (1)

Living a green life is important. The Earth is sick. There is pollution everywhere. For example, there are fewer and fewer trees. People cut trees to make paper and build houses. There is less oxygen in the air. There are so many fumes from cars. This causes air pollution. There is too much rubbish in the landfills and the sea. The dolphins will become ill and die. Global warming will make the Earth sick unless we do our best to save it.

There are things that we can do at school. First, we can turn down the air-con when we are not hot. This can help save energy. We can turn off the tap after we wash our hands. This can help save water. Furthermore, there are also things that we can do at home. We can have showers instead of having baths. This saves a lot of water. We can stop using disposable chopsticks and use our own cutlery instead. We can reuse plastic bottles if we finish drinking all of the water. This can reduce the amount of rubbish being dumped into landfills.

If everyone does their best to help, the Earth will be beautiful. Human beings and animals will live longer and will not become extinct. I'll be excited if I can live longer on a beautiful Earth. If we don't protect the Earth, we will be sick and die soon. Therefore, living a green life is important.

My Dream Job: An Actress

Chu Yuna 6T (9)

When I grow up, I want to be an actress because it is a challenging job. I am good-looking and hard-working. Actresses need to be good-looking so that they can dress up well for rehearsals. For filming, they need to be hard-working so that they can wait and work for long hours.

To make my dream come true, I will read more books about acting. I will watch a lot of films and dramas. I will also join the school's drama club to practise acting.

I hope I can be an actress when I grow up. Maybe you will see me in films in the future.

Living a Green Life

Wong Shun Chung Alex 6S (27)

Green living is particularly important because it can lessen environmental damage and conserve natural resources.

Nowadays, there are a lot of environmental problems in Hong Kong. Firstly, deforestation severely destroys forests, and there are very few plants and trees. Moreover, cars produce too many fumes, so people are inhaling polluted air. They get sick and suffer from different diseases. Besides, there is so much smelly rubbish such as plastic products, food waste and cans in the sea and landfills. Furthermore, the roadworks are very annoying and noisy. They make some residents who are in the neighbourhood uncomfortable. They cannot have a good sleep so they will not have enough spirit and strength to work.

As a result, we should solve those problems now. At school, we can use both sides of papers instead of using only one side in order to reduce paper use. Next, before washing our hands, we should turn off the faucet so that we can save a lot of water. At home, we can unplug electronics when we do not use them. Therefore, we can save energy. Also, we can put the used paper, cans and glass bottles into recycling bins so that we can alleviate the burden on landfills.

If everyone does their best to help, the world will be fantastic and wonderful. The animals will have an optimal habitat to live, and the people will have a contented life. I hope you can remember living a green life!

The Earth will get worse unless you take action now! It is beneficial to us if we start helping our Earth!

The Lonely Witch

Li Lok Hei Scarlett 6S (17)

Once upon a time, there was an unkind witch called Wanda. At Christmas, Witch Wanda looked out of her window to see everyone from the mountain village dancing together. She felt distraught because nobody liked her or played with her.

One day, Witch Wanda was staring blankly out of her window and thought that nobody in the entire village liked her at all. As she thought, she got angrier and angrier until she was apoplectic. She snatched up her wand from her wonky table and stormed outside where everyone was laughing and talking. She stomped to the centre and fulminated, 'I've had enough of all your celebrations not including me! I'll teach you all a lesson you'll never forget!' Witch Wanda brandished her wand at the villagers. Some green smoke exploded from it, engulfing the villagers. When the smoke cleared, a mischief of mice had replaced the villagers. Witch Wanda waved her wand, and the mice were trapped in a cage. She seized the cage and threw it into her house. She could finally sleep without being woken up by their noise.

A few days later, a family of three came to the village. The parents were chatting, leaving their son unattended. Witch Wanda hid behind a tree and grabbed the tiny boy's hand to turn him into a mouse. To her surprise, the teeny-weeny boy looked up at her and said kindly, 'Hello lady! Do you want to play with me?' She gasped at that moment. She realized she should not be unkind and turned the mice back into humans.

From that moment on, the villagers invited Witch Wanda to every event they held and in return, she used magic to give them whatever they wanted. It showed that even a small child can change the world.



AI and Homework

Chung Tsz Him Timothy 6S (8)

Tom recently had a long writing assignment about an unforgettable experience. He was irritated because he couldn't think of anything to write so he started throwing things around his room. Suddenly, he had a genius idea that would free him from the wrath of this essay.

'Chat GPT, write an essay about an unforgettable experience.' Tom typed.

His "grand" plan was to ask AI to write the essay for him. The bot quickly generated a text and Tom copied the whole thing. 'Freedom is mine! Now I don't need to waste time.' A few minutes later, he finished the homework and was now watching TV. His mom even complimented him on doing his homework quickly.

The next day, Tom's classmates were complaining about how difficult the homework was. Tom shrugged and boasted, 'It took me 15 minutes!' His classmates looked at him suspiciously.

Later that day, the teacher noticed that something was fishy. The quality was much better than Tom's usual C-minus work. He used words that were too advanced for his level. That's when the teacher figured out that Tom must have had "special" help.

'Could this be the power of AI!?'

The next day, Tom's cover was completely blown. The teacher talked to him at recess and he had to redo THE WHOLE THING after school -- in case he cheated again. His classmates were talking behind his back. 'I knew he cheated. No way he could do it in 15 minutes! I did for three hours!'

In the end, Tom learned that using AI to do his homework did not actually help him. He was full of regret and experienced the power of his mother's slipper.



Living a Green Life

Chiu Pak Hei Jayden 6S (7)

Have you ever wondered why and how a green life can affect us? The changes might be little but the results are life-changing. It can protect natural habitats from being destroyed, improve our overall quality of life, slow climate change and more.

However, the environmental problems we are facing are diabolical! Deforestation causes fewer trees leading to the reduction of air quality and it destroys the 'green' in the world. Cars produce fumes and loud noises lead to noise pollution. Besides, people throw rubbish, toxic waste and nuclear waste into the ocean and landfill stations. This causes land pollution and water pollution. People also use a lot of natural resources, like wood, electricity, tin and aluminum but the resources on Earth are limited. Therefore, resource depletion has become a severe problem.

What actions can we take? Firstly, at school, we can wash our hands faster. We can reduce water usage. Secondly, we can stop using air-cons and use fans instead. This can reduce air pollution and energy use.

At home, we can take showers instead of baths. This reduces water waste. Furthermore, we can also stop using so many electronic products. This helps save energy in order to lessen resource depletion.

If everyone does their part, what will happen? If everyone does their part, then the Earth can be a better place for us to live. People in poor places do not have to worry about resources and have better lives.

In conclusion, we should save our Earth and take action before it is too late. Let us make a start looking after our Earth together. Remember that small actions have an enormous impact!



My Dream Job

Wong Pok Hin, Winston 6L (28)

Have you thought about your dream job? Without a doubt, I want to be an aeronautical engineer. Being an aeronautical engineer is the only way to realize my dream— design and invent an inexpensive and low-noise air taxi. If I become an aeronautical engineer, I can try to achieve it.

Aeronautical engineers need to design new aircrafts so they need to be creative. Otherwise, the aircraft they invent will look like a copycat of others. Also, they need to be calm and insightful because sometimes, engines do not operate smoothly in tests (testing engines is also a duty of an aeronautical engineer). Because they are calm and insightful, they can find the problem easily. Moreover, they need to be knowledgeable. It's the most important requirement to be a good aeronautical engineer. Even if you are very creative, calm and insightful, you can't be a good aeronautical engineer without professional knowledge. Just imagine it, what if you don't know how an aeroplane takes off, will any company let you be an aeronautical engineer?

To make my dream come true, I'll learn more about physics by reading. Therefore, I have joined the 'Heep Woh Pilots'. I have gained a lot of knowledge and I have learnt how to drive an aeroplane using a simulator. What's more, I have to know more about electrical circuits. How lucky I am! I've learnt about it from my friend's teacher! So, I am good at both of them.

I wish I could be an aeronautical engineer when I grow up. Maybe you will see me being interviewed on TV about my new air taxi one day.

The Lonely Witch

Suen Cheuk Yin, Timothy 6L (25)

Once a upon a time, there was a witch called Wanda. She lived in a happy village, but she hated cheerful people. One day, the villagers were celebrating Christmas cheerfully. Wanda felt annoyed because the villagers were too noisy.

Then she wanted to destroy the party. She had an idea to turn everyone into mice, to deny their happiness. Without a second thought, she grabbed her wand and cast spells to turn villagers into little mice. Everyone was scared of her.

A few days later, new villagers came to the village. Wanda saw them in the woods. She wanted to turn them into mice too, but when she grabbed her first victim who was a little boy, he said, 'Let me be your friend. You look lonely.' He even held her hand gently. Wanda was touched.

Then she realized a cheerful person wasn't that bad, so she cast a spell of kindness and the magic shimmered brightly. Everybody turned back to normal. At last everybody forgave her and accepted her.

I have learnt that a little kindness can change people's hearts.

A Diary Entry about Meeting a Famous Singer

Lao Sum Wing, Vianna 6L (15)

This afternoon, Mum took me to Rainbow Shopping Mall. Then we saw a bunch of people gathered under a stage decorated with brightly colourful banners. I met a famous singer—Candy Lee at the shopping mall. I was surprised! I decided to join the crowd.

After the event, we were about to leave the shopping mall. At the entrance, we saw Candy wearing her sunglasses and leaving with her assistant. I wanted to take a photo with her but she was in a hurry so I didn't ask her.

When Candy was rushing to her car, we noticed that her ring slipped off her finger but she didn't realise. Without thinking, I immediately picked up the ring and returned it to her. When Candy got her ring back, she was overjoyed. She said, 'This ring means a lot to me because it was a birthday gift from my mother. I love it very much, thank you!' I replied, 'You're welcome.'

In the end, she took some photos with me in return. I also got her autograph! I was full of joy. I could hardly believe my luck. This is the best day ever!



Living a Green Life

Cheng Dorcas, Yvonne 6L (6)

Our Earth is a beautiful planet, but it is getting sick. Therefore, we should live a green life to prevent the overuse of natural resources and alleviate global warming. We can then have a better place to live.

In fact, we are facing many environmental problems now. Let me share four major problems with you. The first problem is deforestation. People chop down too many trees. Therefore, there are fewer trees left, and we have less oxygen available. The second problem is air pollution. Cars produce too many fumes and this makes our air dirty. The third problem is that there is too much rubbish in landfills and the sea. It pollutes the animals' homes and decreases the land available for plant crops. The fourth problem is that people waste too much clean water. This leaves us less clean water.

Since there are too many problems, we need to act today! We can help at school. The first solution is using our own utensils. By doing so, we use less disposable products, then we can produce less rubbish. The second solution is to use both sides of the paper. This can also help us waste less paper. It can also help preserve more trees.

We can also help at home. The first solution is to stop leaving the tap on when we are not using it. This can help us save water. The second solution is to switch the lights off when they are not in use. This can help us save more energy. The lifespan of the lights will become longer too.

If everyone lives a green life, what will happen? We will have better eco-balance and we can live longer! Our lives depend on the Earth, so we need to take care of it. We should do our best to help! Every small step is a big change tomorrow! Let's do our best!



《新綠文集》編輯委員會

顧問：翁美茵校長

編輯：陳綺韶老師

林滌珈老師

Miss Agatha Agie

校對：中文及英文科老師

封面及封底設計：4S梁羽僑